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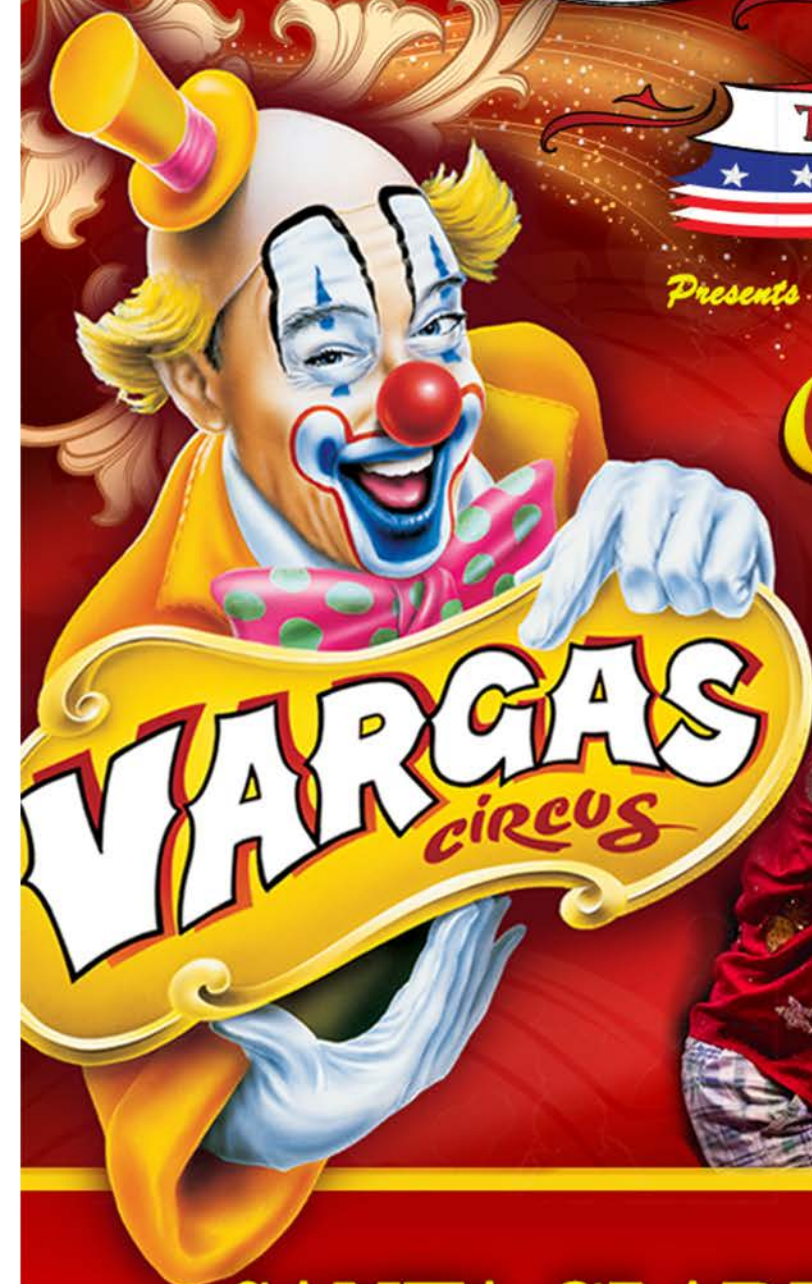
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LOS ANGELES'S VIBRANT ART SCENE A KALEIDOSCOPE OF CREATIVITY

By Contributing Writer

Los Angeles is home to dynamic and diverse art scenes. From contemporary galleries to historic landmarks, the city offers a rich creativity. **A Melting Pot of Cultures and Creativity**

High art meets street culture, and traditional practices blend with innovative techniques. This

Galleries and Museums: A Haven for Art Lovers

Los Angeles is home to prestigious art institutions, offering residents and visitors opportunities to engage with art. The Los Angeles County Museum of Art (LACMA), with its collection ranging from ancient artifacts to contemporary masterpieces, is a must-visit. LACMA's exhibitions reflect the city's global outlook. (www.lacma.org)

The Museum of Contemporary Art (MOCA) and The Broad offer cutting-edge exhibitions. (www.moca.org) The Broad has gained a reputation for its impressive collection of postwar and contemporary art. (www.thebroad.org)

L.A.'s art scene isn't confined to major institutions. The city boasts a thriving gallery scene, with spaces like Blum & Poe (www.blum-gallery.com), Gagosian (www.gagosian.com), and Regen Projects (www.regenprojects.com) showcasing work of established and emerg-



diversity is mirrored in the city's art scene, which draws from the backgrounds of its residents. L.A.'s artists bring a wide array of perspectives, resulting in a mix of styles, mediums, and themes.

Spaces such as Self Help Graphics & Art have been fostering Chicano and Latinx art since the 1970s. (www.selfhelpgraphics.com) Meanwhile galleries like Commonwealth and Council champion the voices of underrepresented artists. (www.commonwealthandcouncil.com)

The Power of Public Art

Public art is a cornerstone of L.A.'s art scene, with murals, sculptures, and installations. Judith Baca's "The Great Wall of Los Angeles" serves as powerful narrative of the city's social and political history. This mural, stretching half a mile, chronicles struggles and triumphs of marginalized communities. (www.nps.gov/places/great-wall-of-los-angeles.htm)

The rise of street art has added a new dimension. Artists like Shepard Fairey, known for his "Obey" series and the iconic Obama "Hope" poster, have left their mark, contributing to a vibrant street art culture that rivals New York and London. The Arts District is a hub for this work, with ever-changing murals reflecting the pulse of the city. (www.obeygiant.com)



ing artists. These galleries provide a platform for artists to experiment and push their craft. **Art Fairs and Festivals**

Art fairs and festivals play a crucial role, bringing together artists, collectors, and art enthusiasts from around the world. Frieze Los Angeles transforms the Santa Monica Airport into a bustling art fair Feb. 20 - 23, 2025, featuring works from leading galleries and attracting a global audience. (www.frieze.com) Similarly, the L.A. Art Show, held at the Los Angeles Convention Center, Feb. 19 - 23, offers a comprehensive look at the city's art scene. (www.laartshow.com)

The Future of L.A.'s Art Scene

As Los Angeles continues to grow so too does its art scene. The city's commitment to fostering creativity, coupled with cultural diversity and new ideas, ensures that L.A. will remain a vibrant hub for the arts for years to come.

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James Domine, Music Director & Conductor

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El Portal Theatre – North Hollywood

Mussorgsky: Night on Bald Mountain

Dukas: The Sorcerer's Apprentice

Humperdinck: The Witches' Ride from "Hansel & Gretel"

Saint-Saens: Danse Macabre

Domine: Frankenstein Fantasy

Ruth Bruegger, violinist



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Fall ENTERTAINMENT IN AND AROUND LOS ANGELES



By Shannon Yu

Fall is a magical time, offering a blend of cooler weather, cultural celebrations, and entertainment events that cater to a diverse array of interests. From food festivals and live performances to dazzling expos and immersive experiences, the season offers something for everyone.

Blue13 Dance Company at The Ford

Dates: October 7, 2024

Location: The Ford, 2580 Cahuenga Blvd E, Los Angeles
Website: www.theford.com

The Blue13 Dance Company, known for their vibrant fusion of traditional Indian dance with modern styles like ballet and hip-hop, is taking the stage at The Ford Theater in Los Angeles on . Their performances are a colorful spectacle, blending the ancient art of storytelling with contemporary movement, rhythm, and emotion.

In this fall's special performance, expect a high-energy fusion of Bollywood-inspired dance numbers, contemporary choreography, and classical Indian techniques. It's a celebration of culture, community, and the universal language of dance. The show promises to be a mesmerizing journey that reflects both the diversity and unity of Los Angeles' artistic scene.

Madame Butterfly

Dates: September 21 - October 3, 2024

Location: Dorothy Chandler Pavilion, 135 N Grand Ave, Los Angeles.

Website: www.LAOpera.org

Lights, camera, action: An American officer in turn-of-the-century Japan wants a bride, and a greedy marriage broker obliges, assuring him that the union can be easily dissolved. The innocent Cio-Cio-San believes they're in love, even as Lt. Pinkerton moves on. For three years, she fights off rising debts and new suitors, refusing to believe she's been abandoned. But when their long-awaited reunion finally arrives, the lieutenant isn't alone—and he isn't here for her. End scene.

Oxnard Jazz Festival

Dates: September 14 - 15

Location: 'olofkoy Beach Park, 1601 South Harbor Blvd., Oxnard

Website: www.oxnardjazzfestival.com

OJF is a cultural music celebration offering a diverse mix of Jazz, Latin, Soul, Blues, and R&B. This premier experience includes VIP seating in an incredible outdoor setting; complemented by scenic beaches, vendor booth shopping, cultural foods, and many other inviting attractions which make the festival a top event and destination to close out the summer festival season.

Even though the official title of the festival says



"Jazz," Oxnard Jazz Festival really includes all music with a soul. Spend some time at this festival nestled along Ventura County's Gold Coast, and your soul will be singing too.

Although the brand is jazz, in reality, the Oxnard Jazz Festival is all about fusion: Jazz, Latin, Soul, Blues and R&B. Any music with a soul will have a stage here. This is a great place to catch emerging local talent, Grammy

Award-winning talent and those that are in the twilight of their careers.

Circus Vargas

Dates: September 13 - 23 Valencia, September 27 - October 14 Woodland Hills

Location: Valencia Town Center in Santa Clarita, Promenade Mall Woodland Hills

Website: www.circusvargas.com

For those seeking a magical experience under the big top, Circus Vargas offers a thrilling evening filled with acrobatics, clowns, and edge-of-your-seat performances. Known for their dazzling shows that blend classic circus acts with contemporary storytelling, Circus Vargas is a can't-miss event for families and circus lovers alike.

Banana Festival in Port Hueneme

Dates: September 28, 2024

Location: 105 E Port Hueneme Rd., Port Hueneme

Website: bananaportfest.com

The annual Banana Festival is back to celebrate the region's agricultural roots and the banana! This one-day festival is the perfect mix of food, music, and fun for the entire family. Explore banana-centric dishes, from banana smoothies to banana desserts. Local vendors, live music, and entertainment for kids. Take a behind-the-scenes tour of the Port of Hueneme and learn about its importance for agricultural trade.

LA Jazz Society: Jazz at the Park

Dates: October 21, 2024

Location: MacArthur Park, 2230 W 6th St, Los Angeles

Website: lajazzsociety.org

If smooth tunes and soulful rhythms are what you're after, the LA Jazz Society has an event just for you. Their Jazz at the Park concert series is a laid-back afternoon of live jazz performances by renowned and up-and-coming artists.

This fall event is part of the LA Jazz Society's ongoing efforts to keep jazz alive in the city, making it an educational and inspiring event for music lovers of all ages. Bring a picnic, relax, and enjoy the tunes while supporting local artists and the vibrant jazz culture that thrives in Los Angeles

Continues Next Page.

Tequila and Tacos Festival

Dates: Sept 21 - 22

Location: Palmdale Amphitheater, 2723 Rancho Vista Blvd, Palmdale

Website: tequilaandtacomusicfestival.com

The Tequila and Tacos Festival offers a day of delicious food, entertainment, and tequila tastings. This event features taco vendors, each offering their unique spin, from traditional street tacos to inventive gourmet creations. Attendees sample tacos while pairing them with premium tequila, margaritas, and other specialty cocktails. In addition, the festival features live music and fun lawn games.

El Portal Theatre Presents Fall Frenzy

Location: 5269 Lankershim Blvd, North Hollywood

Website: www.elportaltheatre.com

The El Portal Theatre in North Hollywood has been a hub for the performing arts since the 1920s. This historic venue offers a variety of performances throughout the fall season, from captivating plays and musicals to stand-up comedy and concerts. The fall lineup at El Portal is always diverse. Upcoming shows include: Michael Orland Presents Open Mic Night September 17, October 17, November 14, Frank Ferante's Groucho September 29, Hex September 28 - October 26, American Showstoppers November 17, 18, Hot August Night Starring Dean Colley December 9.

Randy Newman's Faust: The Concert

Dates: Sept 28 - 29, 2024

Location: Younes and Soraya Nazarian Center for the Performing Arts, 18111 Nordhoff St., Northridge
Website: <https://thesoraya.org>

Good and evil battle it out in an American retelling of the classic story. Randy Newman's only musical features the songwriter's wit and some of his greatest songs. Thirty years since Newman's album debuted, the rock, Gospel, pop, and Broadway-inspired tunes are as timely and catchy as ever. Following in the footsteps of James Taylor, Linda Ronstadt, Elton John, and Bonnie Raitt, this Soraya-produced original concert will feature

an all-star cast of fresh talent led by two Broadway phenoms – Reeve Carney (Showtime's Penny Dreadful and Hometown) as the Devil and Javier Muñoz (In the Heights and Hamilton) as The Lord.

Seaside Highland Games

Dates: October 12–13, 2024

Location: Ventura County Fairgrounds, Ventura

Website: www.seasidehighlandgames.org

For those who appreciate Scottish culture, the Seaside Highland Games are a true celebration of Celtic heritage competitions, music, dance, and more.

The Highland Games feature traditional sports, such as the caber toss, hammer throw, and tug-of-war, where competitors test their strength and endurance. The event also hosts bagpipe and drum competitions, Highland dance performances, and live Celtic music from talented bands.

Visitors can explore vendor booths selling everything from kilts and tartans to Scottish-themed gifts and crafts. The event also includes whiskey tastings, allowing guests to sample premium Scotch whiskeys while learning about their origins and distilling processes. Whether you're of Scottish descent or simply intrigued by the culture, the Seaside Highland Games offer an immersive and fun experience for the whole family.

Nights of the Jack

Dates: September 27 - November 2

Location: King Gillette Ranch, 26800 Mulholland Hwy, Calabasas

Website: nightsofthejack.com

Nights of the Jack is a fall spectacle like no other, featuring a mesmerizing display of glowing, hand-carved jack-o'-lanterns. Although it coincides with the Halloween season, this event offers an artful and whimsical experience that is enjoyable for visitors of all ages, without focusing on horror or fright.

Set within the scenic King Gillette Ranch, the event features an illuminated walking trail that winds through intricate pumpkin displays and larger-than-life sculptures. From spooky yet family-friendly creations to elaborate pop culture tributes, Nights of the Jack showcases the incredible skill and creativity of pumpkin carvers.

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In addition to the dazzling light displays, Nights of the Jack also offers food trucks serving seasonal treats, warm beverages, and themed photo opportunities for visitors. It's a must-see event for those looking to embrace the beauty and fun of fall in Southern California.

The American Vampire Circus

Dates: September 19 - October 6

Location: The Montalban Theater, 1615 Vine St, Hollywood

Website: <https://thevampirecircusexperience.com>

Blending the thrill of circus performance with the mystery and allure of vampire legends, the American Vampire Circus offers a unique and captivating show for fall audiences. This modern circus combines death-defying stunts, aerial acrobatics, and intricate choreography with a gothic twist, creating an immersive theatrical experience.

The show follows a storyline that intertwines fantasy and horror, drawing audiences into a world of vampires, magic, and supernatural feats. The talented cast of performers includes acrobats, contortionists, and trapeze artists, all delivering jaw-dropping acts of physical prowess.

LA Beer Festival

Dates: October 12

Location: Los Angeles Center Studios, 450 S Bixel St, Los Angeles

Website: <https://beerfests.com/events/la-beer-festival>

There's a Bavarian twist to the fall LA Beer Fest this year! The event will still feature over 70 local and craft breweries and 200 beers, with some of LA's best food trucks, but will include entertainment by "Festmeister Hans Und Die Sauerkratus" and a Bavarian beer village. It'll be Munich with palm trees and sunshine.

Ventura Harvest Festival Original Art & Craft Show

Dates: October 4 - 6, 2024

Location: Ventura County Fairgrounds, 10 W Harbor Blvd, Ventura

Website: <https://harvestfestival.com/ventura-1>

Artisans and crafters gather at the Ventura Harvest Festival for an event celebrating creativity, craftsmanship, and fall. The festival offers a unique shopping experience with booths featuring handmade jewelry and home décor to clothing and seasonal crafts. In addition, the festival includes live entertainment, food vendors and interactive activities for children.



Topanga Canyon Gallery Artists' Studio Tour

Dates: October 5 - 6, 2024

Location: Topanga Canyon

Website: www.openstudiosoftopanga.com

The Topanga Canyon Gallery Artists' Studio Tour offers an opportunity to visit private studios of local artists. Visitors explore creative spaces, learn about artistic processes, and purchase original works.

Fall in Los Angeles is packed with exciting entertainment. Whether you're savoring tacos, watching acrobats, or getting ready for ski season, there's no shortage of unique experiences to enjoy and it all promises to be unforgettable.

Los Angeles Jazz Society YMS Virtual Showcase - Joaquin Garde

Dates: September 12

Website: www.universe.com/LAJS/presents/JoaquinGardeTrio

Joaquin Garde, is a 16 year old multi-award winning guitarist and composer at LACHSA, the number one arts high school in the country. His accolades include a Downbeat magazine award, a YoungArts jazz instrumental award, and a Music Center Spotlight award to name a few.

Jazz Treasure Award & Performance at LACMA - honoring Dr. Bobby Rodriguez

Dates: September 20

Website: www.lacma.org/event/jazz-lacma-los-angeles-jazz-treasure-award-dr-bobby-rodriguez

LACMA and the Los Angeles Jazz Society salute are pleased to present the annual L.A. Jazz Treasure Award to trumpeter, composer, producer and educator Dr. Bobby Rodriguez. Born in East L.A., Dr. Rodriguez has devoted his life to help promote music.

2024 Jazz Tribute Concert & Awards

Dates: October 5

Location: Plaza Del Sol Performance Hall, CSUN

Website: <https://tickets.thesoraya.org/online/article/LAJS>

Outstanding honorees: Grammy award winning jazz bassist Marcus Miller will receive the 2024 Lifetime Achievement Award, Emmy winning composer, pianist and documentary director Kristopher Bowers with the Jazz Composer/Arranger Award, Brilliant jazz recording artist and songwriter Veronica Swift will receive Jazz Vocalist honors, Three outstanding teachers and mentors Chad Bloom, Robert Hackett and John Mosley are this year's Jazz Educator awardees, Talented young pianist Taylor Lee will accept the 2024 Flip and Shelly Manne New Talent Award.

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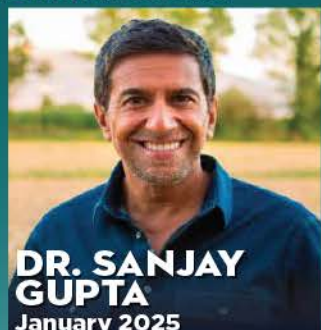
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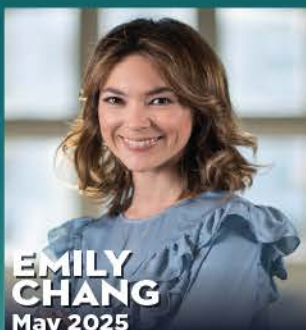
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THROW A PARTY LIKE A PRO

The Ultimate Guide

By Contributing Writer

Hosting a party can be both exciting and daunting. Whether it's a small gathering of close friends or a large celebration, the success of the event hinges on thoughtful planning and execution. With the right approach, you can throw a party that leaves a lasting impression on your guests and makes you the go-to host in your circle. Here's how to throw a party like a pro, with tips and tricks to ensure every detail is perfect.

Start with a Clear Vision

The first step in planning any successful party is having a clear vision of what you

want to achieve. What is the occasion? Who is your audience? Is there a theme? These questions will guide your decisions on



everything from invitations to decorations to the menu.

Define the Purpose: Are you celebrating a birthday, hosting a holiday gathering, or simply having a get-together? Understanding the purpose will help you set the tone and style of the event.

Choose a Theme: A theme can add an extra layer of fun and creativity to your party. It doesn't have to be elaborate; even a simple color scheme or a casual "summer vibes" theme can tie everything together and make planning easier.

Create a Guest List and Send Invitations

Your guest list is crucial to the party's atmosphere. The mix of people you invite will determine the dynamics of the event.

Consider the Size: A large party has a different energy than a small, intimate gathering. Decide what kind of atmosphere you want and plan your guest list accordingly.

Send Invites Early: Whether you're sending out physical invitations or using digital platforms like Evite or Paperless Post, make sure to give your guests plenty of notice. This is especially important for events held during busy seasons or holidays.



Personalize Invitations: If you're going for a themed party, make sure the invitations reflect it. A well-designed invitation sets the tone and builds anticipation.

Plan the Menu Like a Chef

The food and drinks you serve can make or break your party. Catering to your guests' tastes and dietary needs is key to keeping everyone happy.

Know Your Audience: Consider any dietary restrictions or preferences when planning your menu. Offering a variety of options, including vegetarian, vegan, and gluten-free dishes, ensures everyone can enjoy the food.

Keep It Simple: You don't have to prepare a five-course meal. A selection of crowd-pleasers like finger foods, appetizers, and a few hearty dishes will suffice. Consider having a mix of hot and cold options, and don't forget the desserts!

DIY Bars: Set up a build-your-own station, such as a taco bar, salad bar, or cocktail bar. This not only adds an interactive element to your party but also allows guests to customize their meals or drinks to their liking.

Set the Scene with Decor

Your party decor should create the right ambiance and enhance the overall theme of the event.

Start with a Focal Point: Whether it's a beautifully set table, a decorated wall, or a centerpiece, having a focal point can anchor your decor and make the space feel cohesive.

Lighting is Key: Lighting sets the mood. For a cozy, intimate atmosphere, use candles, string

lights, or dimmed lamps. For a more vibrant party, consider colorful LED lights or even a disco ball.

Don't Forget the Music: A carefully curated playlist can elevate your party. Match the music to the theme and pace of the event—lively tunes for a dance party, or softer, background music for a dinner gathering. Consider creating different playlists for different stages of the party.

Keep Guests Engaged

A successful party keeps guests entertained and engaged throughout the event.

Plan Activities: Depending on your crowd, consider organizing games, a photo booth, or even a dance-off. Activities like these break the ice and get everyone involved.

Mingle and Mix: As the host, your job is to make sure everyone is comfortable. Introduce guests to each other, keep the conversation flowing, and be attentive to anyone who seems left out.

Timing is Everything: Have a rough timeline in mind. For example, cocktails and



mingling for the first hour, followed by dinner, and then dessert and dancing. A well-paced party keeps energy levels up and prevents any lulls.

End on a High Note

The way you end your party can leave a lasting impression.

Send Guests Off with a Favor: A small token, like a mini bottle of wine, a box of homemade cookies, or a themed keepsake, is a thoughtful way to thank your guests for coming.

Offer Late-Night Snacks: As the party winds down, offer some easy-to-eat snacks. This can be as simple as a bowl of popcorn, sliders, or a tray of fresh fruit. It's a nice touch that keeps guests satisfied as they head home.

Express Gratitude: After the party, follow up with a thank you message. A quick text or email thanking your guests for attending can go a long way in strengthening relationships and making them excited for your next event.

Throwing a party like a pro doesn't have to be stressful. With thoughtful planning, attention to detail, and a focus on your guests' experience, you can host an event that everyone will remember. The key is to stay organized, be flexible, and, most importantly, enjoy the process. After all, a happy host makes for happy guests.

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BEETLEJUICE BEETLEJUICE

By Contributing Writer

“I have global entry!”

Now, does that sound funny? Of course it doesn't. Whatever in the history of mankind could be funny about global entry?

But put it in the mouth of comedy goddess Catherine O'Hara, and place it in the world of Tim Burton and that wacky afterlife waiting room from “Beetlejuice,” and it may become the one blessed time in your life you'll guffaw about global entry.

It likely won't be the only thing you'll guffaw about. Burton is back — and, more significantly, he is BACK — with “Beetlejuice Beetlejuice,” 36 years after the original. And for once, the question “Why a sequel?” is moot.



It's funny. It may even make you feel better about, well, death, though not “death death.” And Michael Keaton somehow looks exactly the same.

Returning to his tale of Keaton's ghostly, fiendish “bio-exorcist,” director Burton brings back much of the team, including, alongside O'Hara and Keaton, the still-lovely Winona Ryder as Lydia the Goth Girl (also, Bob the shrunken-head guy).

And we've gained Justin Theroux, Monica Bellucci, Willem Dafoe, and Jenna Ortega, who, as a relatively normal figure, serves as an appealing anchor.

Speaking of plot: if you didn't see the original, not to worry. It all gets explained. We begin in Winter River, Connecticut, still home to Lydia Deetz (Ryder), who came as a teenager with stepmom Delia and dad Charles, only to learn her new house was haunted by the deceased Adam and Barbara (Alec Baldwin and Geena Davis, alas not back).

Lydia looks much the same — dressed in black, with spiky bangs and pale skin — but is now

a widowed mother, a psychic mediator, and host of a reality show, “Ghost House,” in which she sees ghosts and asks, “Can living and dead co-exist?”

But one day she sees something in the audience: visions of Beetlejuice, who wrought havoc when she was a teen and who, when we last left him, was wasting away in the afterlife waiting room.

Waiting just off set to comfort Lydia is her manager and boyfriend, Rory (Theroux).

Lydia gets a concerning message from Delia (O'Hara), an artist of questionable talent and unquestionable ego, who's mounting a gallery show in which she herself is the canvas. There, Delia tells Lydia that she's lost Charles. “Is he divorcing you?” gasps Lydia. “What a horrible thought!” replies Delia. “No, he's dead.”

Lydia calls her daughter, Astrid (Ortega). Astrid lists Lydia in her contacts as “Alleged Mom,” which tells you much of what you need to know.

But let's pause, because we have to catch you up on the dead. Down where Beetlejuice is stuck, where the dead live — but not the “dead dead” — Delores, Beetlejuice's ex-wife, has escaped from the crates in which her body has resided. Watching the glamorous Bellucci staple herself together is just one of the glorious creative moments. Alas, Delores doesn't have much else to do.

Things really get complicated when Astrid goes home to Winter River for her father's funeral. There, she watches Mom accept a marriage proposal from smarmy Rory. Racing to escape, Astrid runs into a cute young guy reading Dostoyevsky.

A relationship begins, one that will lead to mayhem. Let's just say Lydia will need to call upon — gasp! — Beetlejuice, who will exact a fearsome price.

Keaton slips remarkably smoothly into his role. “The juice is loose,” he likes to say.

But you know who's got the juice flowing? Burton. It's his energy that infuses this movie — a joyously rendered sequel that sometimes makes sense, and sometimes doesn't.

The director has recovered the recipe — at least enough to make us smile, chortle, even guffaw.

And we can be happy with that.

THE CROW

By Contributing Writer

One of the first things you see in the reimagined “The Crow” is the sight of a fallen white horse in a muddy field, bleeding badly after becoming entangled in barbed wire. It's a metaphor, and a clunky one — a powerful image that doesn't really fit and is never explained.

That's a hint that director Rupert Sanders will consistently pick the stylish option over the honest one. In his attempt to give new life to the cult hero of comics and film, he's given us beauty at the expense of depth or coherence.

The filmmakers have set their tale in a modern, generic Europe and made it very clear that this movie is based on the graphic novel by James O'Barr, but the 1994 film adaptation starring Brandon Lee hovers over it.

Brandon, son of legendary actor and martial artist Bruce Lee, was just 28 when he died after being shot while filming “The Crow.”

Lee's “The Crow” was finished without him and he never got to see it enter Gen X memory in all its rain-drenched, gothic glory.

Bill Skarsgård seizes Lee's role of Eric Draven, a man so in love that he returns from the dead to revenge his and his sweetheart's slayings in what can be best called a sort of supernatural, romantic murderfest. (The tagline, “True love never dies,” clumsily rips off “The Phantom of the Opera.”)

William Schneider, who co-wrote the screenplay with Zach Baylin, has given the story a near-operatic facelift, by introducing a devil, a Faustian bargain, blood-on-blood oaths and a godlike guide who monitors the limbo between heaven and hell, which looks like a disused, weed-covered railway station. “Kill the ones who killed you and you'll get her back,” our hero is told.

“The first half drags at it sets the table for the beat of limbs and necks being detached. Eric and his love, Shelly (FKA Twigs), meet in a rehab prison for wayward youth that is so well lit and appointed that it looks more like an airport lounge.

Eric is a gentle loner — tortured by a past the writers don't bother filling in, who likes to sketch in a book and is heavily tattooed (he's often shirtless). His apartment has rows of mannequins with their heads covered in

plastic and his new love calls him “brilliantly broken.” He's like a Blink-182 lyric come to life.

Shelly is more complex, but that's because the writers gave up on giving her a backstory. She has a tattoo that says “Laugh now, cry later,” reads serious literature and loves dancing in her underwear. She clearly comes from wealth and has had a falling out with her mom, but has also done an unimaginably horrible thing.



Part of the trouble is that the lead couple cast off very little electricity, offering a love affair that's more teen-like than all-consuming. And this is a story that needs a love capable of transcending death.

There are lots of cool-looking moments — mostly Skarsgård in a trench coat, stomping around the concrete jungle in the rain at night — until “The Crow” builds to one of the better action sequences.

By this time, Eric has donned the Crow's heavy eye and cheek makeup. He adds to this ensemble a katana and an inability to die. As he closes in on his target, mowing down tuxedoed bad guys, the group movements are echoed by furious fighting backstage. A few severed heads might be considered over the top, but subtlety isn't being applauded here.

If the original was plot-light but visually delicious, the new one has a better story but suffers from ideas in the films built on its predecessor.

“The Crow” isn't bad — and it gets better as it goes — but it's an exercise in folly. It cannot escape Lee and the 1994 original even as it builds a more allegorical scaffolding for the smartphone generation. To use that very first metaphor, it's like the trapped white horse — held down by its own painful past, never free to gallop on its own.

Electro-pop Duo Sofi Tukker New Energetic Album 'BREAD'

By Contributing Writer

Electro-pop sensation Sofi Tukker, the dynamic duo comprised of Sophie Hawley-Weld and Tucker Halpern, has always been known for their infectious beats, daring lyrics, and genre-blurring sound. With their latest album, *BREAD*, they take their signature energetic approach to new heights. **A Bold New Chapter**

Since their breakout with the 2016 hit "Drinke" and subsequent debut album *Treehouse*, Sofi Tukker has been at the forefront of electronic dance music. Their vibrant personalities, infectious stage presence, and ability to blend dance, pop, and international sounds have made them festival

favorites and a household name. With *BREAD*, they move beyond the tropical house vibes of their earlier work, offering a more mature, layered sound.

BREAD feels like a celebration of individuality. It's an album filled with rhythmic complexity and cultural fusion, but also one that encourages listeners to let loose. Sofi Tukker effortlessly balances depth with a fun, carefree spirit. **Standout Tracks**

One of the most exciting aspects of *BREAD* is how it plays with genre. Each track offers something different while still feeling cohesive. The opening track, "Butter," sets the tone with a pulsating bass line that

immediately grabs attention. It's a fun, bouncy anthem with Sophie's breathy vocals weaving through layered electronic beats. As the song title suggests, it's smooth and irresistibly catchy.

The second track, "Rye," takes a darker, moodier turn. This track shines a light on Sofi Tukker's ability to create atmospheric soundscapes that build tension while remaining danceable. It's a track that explores the duo's introspective side, with lyrics touching on themes of self-discovery and change.

"Crumbs," featuring a guest appearance from Brazilian artist Pablu Vittar, is the most infectious track.

It's a global dance anthem that brings together Portuguese lyrics, reggae-ton beats, and a driving electronic pulse. This track exemplifies their ability to incorporate diverse cultural elements into their electro-pop sound. **Lyrical Depth Beneath the Beats**

Although *BREAD* is a dance record, Sofi Tukker also dives into meaningful subject matter. "Slice," one of the slower, more introspec-

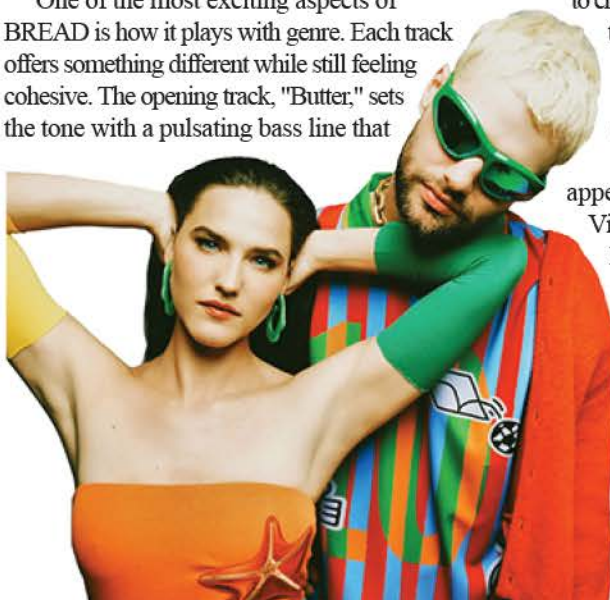
tive songs, touches on mental health and resilience. The lyrics, "If I'm only a slice of myself today / Maybe tomorrow I'll be whole again," reflect a vulnerability that stands out. It's a reminder that even in celebratory moments, there's room for growth.

In "Dough," the duo tackles consumerism and society's materialism, using clever wordplay around bread (both as a metaphor for money and sustenance). The chorus, "More bread, more dough, but what does it mean?" is equal parts catchy and thought-provoking. **A Global Influence**

Sofi Tukker's global influences are on full display. From the Brazilian rhythms that first captured their fans' attention to African-inspired beats and Caribbean sounds, the album is a celebration of world music.

Dancing to Their Own Beat

With *BREAD*, Sofi Tukker has cemented their place as one of the most innovative and exciting acts in electronic music. The album is a step forward, blending high-energy dance beats with introspective lyrics and global influences.



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TECH TALK



VIDEO GAME RECEIVES FDA CLEARANCE AS ADHD TREATMENT

A New Frontier In Digital Medicine

By Contributing Writer



What is EndeavorRx?

EndeavorRx is an action-adventure video game that requires players to navigate challenging environments, respond to stimuli, and focus on specific tasks. These tasks are designed to stimulate neural networks in the brain associated with attention and cognitive control. The game adapts to the player's performance in real-time, ensuring that the tasks remain challenging yet achievable.

The game is not just for entertainment—each session lasts about 25 minutes, and players are prescribed a regimen of using the game five days a week for four weeks. The aim is to enhance sustained attention and reduce impulsivity, which are common challenges for children with ADHD.

The game was developed using cognitive neuroscience principles and is grounded in years of

clinical research. The game does not aim to replace traditional treatments but offers an additional tool.

The FDA Approval Process

The FDA's clearance of EndeavorRx was based on multiple clinical trials involving over 600 children with ADHD. These trials evaluated the game's effectiveness in improving



attention function, and the results were promising. One of the key studies showed that one-third of children treated with EndeavorRx no longer had a measurable attention deficit on at least one measure of objective attention performance after a month of gameplay. Additionally, improvements were sustained for up to a month after treatment.

However, while the game demonstrated improvements in attention, it did not show significant improvements in other symptoms of ADHD, such as hyperactivity or behavioral issues. Nonetheless, the FDA concluded that the game offered a safe and effective way to address attention-related challenges.

FDA clearance for a video game as a medical treatment opens the door for further exploration of digital therapeutics. The decision highlights the potential of video games and other digital tools to address mental health and cognitive issues.

A Shift in ADHD Treatment

EndeavorRx is part of a shift toward using digital therapies to address medical conditions, particularly in mental health. ADHD is typically treated with medications, behavioral therapy, and lifestyle changes. While medication can be effective, it often comes with side effects.

EndeavorRx offers a non-invasive, drug-free alternative. It also provides personalized treatment option that can be adapted to each child's specific needs.

Moreover, the game's interactive format may appeal to children. Children can engage in a fun and challenging activity that also benefits their mental health.

Challenges and Future Prospects

While the approval of EndeavorRx represents a milestone, it also raises questions. Some critics argue that more long-term studies are needed. Others point out that access to digital treatments could be limited by socioeconomic factors.

Nevertheless, the success of EndeavorRx could pave the way for other video games and digital tools to receive FDA clearance.

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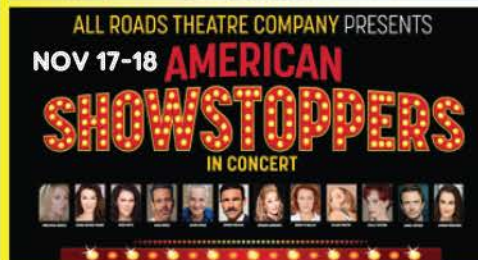
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SPIRITS/TASTES

Crazy Cocktails You Have To Try From Hot Dog Martinis To Bacon Bourbon



Hot Dog Martini

The Hot Dog Martini is a cocktail that walks the fine line between absurdity and brilliance. This cocktail became a viral sensation when it first appeared, shocking even the most adventurous drinkers. The recipe is as bold as it sounds: vodka infused with hot dogs, served in a chilled martini glass with a hot dog garnish.

To make the Hot Dog Martini, bartenders begin by infusing vodka with grilled hot dogs—a process that imparts a smoky, savory flavor to the spirit. The vodka is then strained and shaken with a splash of

dry vermouth before being poured into a glass. The final touch? A hot dog skewer, of course. This drink is not for the faint of heart, but for those brave enough to try it, the Hot Dog Martini offers a surprisingly balanced blend of smoky, salty, and savory flavors.

Bacon Bourbon Old Fashioned

Bacon has been a beloved ingredient in the culinary world for decades, so it was only a matter of time before it made its way into cocktails. The Bacon Bourbon Old Fashioned takes a



classic drink and gives it a savory twist by infusing bourbon with bacon fat. This process, known as "fat washing," allows the rich, smoky flavors of bacon to meld with the smoothness of the bourbon.

To create this cocktail, bacon-infused bourbon is stirred with a sugar cube and bitters, then garnished with an orange peel and a crispy bacon strip. The result is a drink that's both comforting and indulgent, perfect for those who love their cocktails with a hint of umami. The Bacon Bourbon Old Fashioned has become a favorite at bars across the country, proving that bacon really does make everything better.

Peanut Butter and Jelly Shot

For those who crave a nostalgic twist in their drinks, the Peanut Butter and Jelly Shot is a must-try. This cocktail captures the essence of the classic sandwich in liquid form, combining the sweet and salty flavors of peanut butter and jelly into a fun, boozy treat.

The shot is typically made by mixing peanut butter whiskey with raspberry or grape liqueur. Some variations include a splash of cream or chocolate liqueur to add extra richness. The drink is served in a shot glass, making it the perfect party starter. It's sweet, a little nutty, and guaranteed to bring back childhood memories—minus the brown paper bag.

Pickleback Shot

The Pickleback Shot is a cult favorite among those who enjoy their drinks with a bit of a bite. It's a simple yet bold combination: a shot of whiskey followed by a shot of pickle juice. The pickle juice serves as a surprisingly effective chaser, cutting through the burn of the whiskey with its briny, tangy flavor.

While it might sound strange, the Pickleback Shot has won over many fans with

its unique flavor profile. It's a drink that's perfect for those who love pickles and aren't afraid to try something a little offbeat. Some bars even take it a step further by offering different types of pickled chasers, from jalapeño to beet juice, allowing drinkers to customize their Pickleback experience.

Cereal Milk Cocktail

The Cereal Milk Cocktail is a playful drink that taps into the nostalgic flavors of childhood breakfast cereals. This cocktail is made by infusing milk with popular cereals like Fruity Pebbles, Cinnamon Toast Crunch, or Cocoa Puffs. The milk is then mixed with a spirit, typically rum or vodka, to create a sweet, creamy cocktail that's both comforting and whimsical.

Bartenders often serve the Cereal Milk Cocktail in a glass rimmed with crushed cereal, adding a crunchy texture to each sip. It's a fun, indulgent



drink that's perfect for dessert or a late-night treat. The Cereal Milk Cocktail has become a hit at bars that specialize in creative and unconventional drinks, offering a taste of nostalgia with a grown-up twist.

The Bullshot

The Bullshot is a cocktail that's not for the faint of heart. This savory drink combines vodka with beef broth, Worcestershire sauce, and a dash of hot sauce. Essentially, it's a Bloody Mary without the tomato juice, and it's beloved by those who prefer their cocktails on the meaty side.

The Bullshot was originally popular in the 1950s but has made a resurgence in recent years as part of the trend towards savory cocktails. It's a drink that's perfect for brunch, especially for those who need a little something extra to get going after a long night out. The combination of rich broth and vodka creates a hearty, warming drink that's unlike anything else on the menu.

From hot dogs to bacon, and pickles to cereal, these crazy cocktails are redefining what a drink can be. They challenge our taste buds and invite us to experience flavors in unexpected ways. Whether you're a seasoned cocktail enthusiast or just looking for something new to try, these wild and wonderful concoctions are sure to leave a lasting impression. So next time you're out, why not order one of these crazy cocktails and see what all the fuss is about? You might just discover your new favorite drink.

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FAVORITE RESTAURANTS IN LA'S ARTS DISTRICT: A CULINARY JOURNEY

By Contributing Writer

Los Angeles's Arts District is known for its vibrant street art, eclectic galleries, and creative spaces, but also for its dynamic food. This neighborhood has transformed into a hotspot for food lovers, offering everything from upscale dining to laid-back eateries.

Bestia

No list of restaurants in the Arts District is complete without Bestia, a culinary institution that has set the standard for Italian dining. Chef Ori Menashe and his team bring a modern, rustic approach to traditional Italian cuisine, with a menu that focuses on house-made charcuterie, wood-fired pizzas, and handmade pastas. Dishes like the ricotta dumplings with lamb ragu and the bone marrow pizza are standouts, but the menu changes seasonally.



Bestia's industrial-chic decor, with its exposed brick walls and open kitchen, reflects the neighborhood's edgy, creative vibe.

<https://bestiala.com>

Bavel

Bavel is an exploration of Middle Eastern flavors that has quickly

become a favorite among locals and visitors alike. Bavel offers a vibrant menu featuring dishes from across the Middle East, including Morocco, Israel, Turkey, and Egypt.

Standout dishes include the lamb neck shawarma, served with freshly made laffa bread, and the hummus with duck 'nduja. The interior design is equally as stunning as the food.

<https://baveldtla.com>

Wurstküche

For a more laid-back dining experience, Wurstküche is a must. This casual beer hall specializes in artisan sausages, offering everything from classic bratwurst to more adventurous options like rattlesnake and rabbit. The sausages are grilled to perfection and served with freshly baked buns, crispy fries, and a variety of dipping sauces.

In addition, Wurstküche has an extensive beer menu featuring local craft brews and European imports. The communal seating and lively atmosphere make it the perfect spot to hang out with friends.

www.wurstkuche.com

Zinc Café & Market

If you're looking for something light and fresh, Zinc Café & Market offers a menu of vegetarian and vegan-friendly options. The menu focuses on fresh, seasonal ingredients, with dishes like avocado toast, grain bowls, and roasted vegetable platters.

In addition to its sit-down restaurant, Zinc has a market offering

grab-and-go items, including pastries, salads, and beverages, making it a great option for a quick, healthy meal.

<https://zinccafe.com>

Manuela

Located inside the Hauser & Wirth art gallery, Manuela combines art and food. The restaurant specializes in



Southern-inspired cuisine, with a focus on locally sourced ingredients, some grown in the restaurant's own garden.



Dishes like fried chicken, cornbread, and black-eyed pea fritters offer a modern twist on comfort food, while the menu features fresh seafood and seasonal vegetables. The restaurant's art-filled interior and outdoor patio make it a unique spot.

<https://manuela-la.com>

The Arts District's restaurant scene is eclectic and creative, offering a range of flavors, atmospheres, and dining experiences. The Arts District has something to satisfy every palate. So next time



you're in the area, be sure to explore these standout restaurants and experience the culinary creativity that makes this neighborhood one of LA's hottest dining destinations.

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How To Get Ready Faster According To Makeup Artists

By Contributing Writer

We all know the feeling of racing against the clock, trying to perfect our look while keeping an eye on the time. Whether it's for work, a special event, or just everyday, getting ready faster can be a game-changer. The good news is that you don't need to compromise. Makeup artists have shared their top tips and tricks for speeding up your beauty routine. **Prepare the Night Before**

Preparation is key to saving time. Makeup artists recommend starting your routine the night before by ensuring skin is in top condition. "Skincare is the foundation of any good makeup look," says makeup artist Jen Jacobs. Use a hydrating face mask or a night cream before bed to ensure that your skin is moisturized and ready to go.

"Exfoliate once a week to remove dead skin cells, so your makeup goes on smoother," adds Jacobs. The smoother your skin, the less time you'll spend blending and layering.

Additionally, lay out your makeup products and tools the night before. **A Minimalist Routine**

One of the most effective ways to speed up your routine is to streamline it. Instead of using multiple products, opt for multitasking ones. "BB creams or tinted moisturizers are a great alternative to heavy foundation," says makeup artist Sarah Thompson. "They provide light coverage and often come with SPF and hydrating properties."

Cream-based products are also time-savers because they blend easily and don't require as many tools. **Master a Five-Minute Face**

Many makeup artists swear by the five-minute face—a quick, foolproof routine that focuses on the essentials. "For everyday wear, you don't need a full face of makeup," says Thompson. "Focus on evening

out your skin tone, adding some color, and defining your eyes."

Start with a tinted moisturizer or BB cream, apply a bit of concealer under the eyes or on



blemishes, and finish with mascara and a neutral lip color. "

The key is prioritizing the features that make the biggest difference in a short time. A touch of brow gel, mascara, and a subtle lip color can make you look put together.

Use Tools That Speed Up the Process

Investing in the right tools can cut down on application time. "A beauty sponge or brush with dense bristles can make applying foundation or tinted moisturizer a breeze," says makeup artist Zoe Williams. "It blends out the product faster and more evenly."

When it comes to eyes,

skip the intricate eyeshadow and focus on products that enhance your natural features. "A cream eyeshadow stick can be swiped across the lids and blended with a finger in seconds," says Williams.

Brushes can also speed up the process, as they distribute makeup evenly and reduce touch-ups. Make sure your brushes are clean and organized.

Simplify Eye Makeup

A simple eye look can be impactful. Instead of a multi-step process involving primer, liner, shadow, and mascara, consider going for just one or two key products.

If you want to define your eyes further, try tightlining your upper waterline with an eyeliner pencil. This will give the illusion of fuller lashes.

Opt for Long-Lasting, Smudge-Proof Products

Using long-lasting products means you won't have to worry about touch-ups. "Waterproof mascara and

smudge-proof eyeliners are your best friend," says Williams. "You don't have to worry about them fading or running."

Lip stains and liquid lipsticks are also great. "A long-lasting lip product will keep you from having to reapply it every few hours," adds Williams. **Set with a Multi-Purpose Spray**

Finish your makeup with a setting spray. "A setting spray can lock in your makeup and add a natural glow," says Thompson. Many sprays also provide hydration or oil control.

Additionally, a good setting spray can be used to refresh your makeup as the day goes on. A quick spritz will help your makeup stay in place and give your skin a dewy, radiant finish.

Incorporating these tips into your routine will help you get ready faster without compromising quality. By preparing the night before, simplifying your routine, and using multitasking products, you can enjoy a more efficient and stress-free beauty regimen. You'll be able to get out the door looking fabulous in no time.



Drew Barrymore with Aiden, 3

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ARTIE BUTLER MUSIC ICON SHARES HIS LIFELONG CAREER IN MUSIC

A Show Full Of Wonderful
Stories And Surprises

By Contributing Writer

Composer, arranger Artie Butler is one of the most prolific talents in music. In “Just For The Record” he brings you along for the ride as he creates an energetic, interactive evening. Artie Butler is one of the most respected composers and arrangers in the music business. His experience and talent all combined with his sensitivity has awarded him over 60 gold and platinum albums. Together with his personality and wonderful sense of humor, it was a natural for him to create “Just for the Record.”



His arrangement and featured piano work on the hit record “Feelin’ Alright” by Joe Cocker remains a true classic in American pop music and rock ‘n’ roll. From “Copacabana” (Barry Manilow) to “Here’s To Life” (Barbra Streisand), from “I’ll Never Love This Way Again” (Dionne Warwick) to his hilarious story about being in the recording studio with Louis Armstrong when he recorded “What A Wonderful World” are just a

small part of Artie’s amazing musical story. Artie takes the audience on a Six-Decade Journey through the hits that shaped his career, and truly created a jukebox full of memories for all of us. “I feel fortunate enough to have had a career that’s been attached to so many iconic songs and artists, and that I’ve been able to put a piece of my soul into each one of them along the way.” says Butler. Barry Manilow quotes, “I know I would not have the music career I have today without him.” Artie’s natural charisma and humor make him an engaging storyteller that will have audiences smiling from ear to ear for the entire show as he takes them from song to song and story to story. Artie realized that this show is not about him and his gold records. No one wants to hear about that. People really want to hear about how their lives happened to intersect with his music. Artie says, “It’s about the audience and taking them on a journey. They grew up on these records, and then I tell them about the records I played on. I just know how to tell a story to an audience, and they all love this music. It’s about the music. Yes, it’s about me too, but the real star of the show is the music...the soundtrack of their life.”

Ticket Information
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North Hollywood - Oct. 5, 7 p.m. Oct. 6,
2 p.m. - El Portal Theater \$39, \$49, \$59
www.artiebutler.com
About Glist Entertainment, Inc.
Producers Alan and Kathi Glist began their
theatrical producing career with Fiddler on the
Roof, Oliver, The King & I and The Rothschilds.
They followed with their Off Broadway sensation
I Love You You’re Perfect Now Change.
Some of their favorite productions are The
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IS SANTA BARBARA THE WEST COAST RIVIERA?

By Contributing Writer

Between the Santa Ynez Mountains and the Pacific Ocean, Santa Barbara evokes the charm and elegance of a European coastal destination. With its Mediterranean climate, stunning architecture, and luxurious lifestyle, it's no wonder that this seaside city is frequently referred to as the "West Coast Riviera." But does Santa Barbara truly live up to this moniker?



Mediterranean Climate and Natural Beauty

One of the defining characteristics of the Riviera is its Mediterranean climate—mild, wet winters and warm, dry summers. Santa Barbara shares this same climate. The city enjoys an average of 300 sunny days per year, with temperatures rarely dipping below 50°F in winter or soaring above 80°F in summer. This temperate weather allows for lush gardens, vineyards, and a diverse array of flora.

Santa Barbara's coastline is reminiscent of the Riviera. The city's beaches, like Butterfly Beach and East Beach, offer pristine stretches of sand and clear blue waters, with the backdrop of the mountains enhancing the scenic views. The Channel Islands, visible from the shore, add to the coastal allure.

Architecture and Cultural Influence

Santa Barbara's architecture cements its comparison to the Riviera. The city is renowned for its Spanish Colonial Revival style, characterized by white stucco walls, red-tiled roofs, and wrought-iron details. This architectural style, influenced by the city's Spanish colonial history, echoes the aesthetic of Mediterranean coastal towns. The iconic Santa Barbara Courthouse, with its colorful murals and intricate tile work, is a perfect example, drawing parallels with the palaces and villas found along the Mediterranean coast.

Santa Barbara is a melting pot which has been influenced by various European cultures over centuries. The city is home to a vibrant arts scene, with galleries, theaters, and museums. The Santa Barbara Museum of Art houses an impressive collection of

works that span from ancient to modern times, including pieces by European masters.

Additionally, Santa Barbara's annual events, such as the Santa Barbara International Film Festival and Old Spanish Days Fiesta, attract visitors from around the world.

Luxury and Lifestyle

The Riviera is synonymous with luxury, from opulent villas perched on cliffs to the yachts anchored in its harbors. Santa Barbara offers a similar taste of the high life. The city is dotted with luxury resorts, such as the Four Seasons Resort The Biltmore and the Ritz-Carlton Bacara, which cater to the well-heeled traveler seeking relaxation. Fine dining rivals that of the Riviera, with a plethora of farm-to-table restaurants, award-winning wineries, and gourmet eateries.

Santa Barbara also shares the Riviera's affinity for outdoor leisure. The Santa Barbara Polo & Racquet



Club is one of the oldest in the United States, offering a taste of the equestrian sports popular in European high society. The city's proximity to wine country, with the Santa Ynez Valley just a short drive away, provides opportunities for vineyard tours and tastings.

A Unique Californian Twist

While comparisons to the European Riviera are apt, Santa Barbara also offers something uniquely Californian. The city embodies the laid-back, easygoing lifestyle. Surfing, hiking, and a strong emphasis on wellness and outdoor living distinguish Santa Barbara from its European counterparts.

Santa Barbara's unique blend of European elegance and Californian cool makes it more than just the "West Coast Riviera." It's a destination that stands on its own, offering the best of both worlds.

So, is Santa Barbara, California, the West Coast Riviera? In many ways, yes. Its Mediterranean climate, natural beauty, rich cultural heritage, and luxurious lifestyle make it a worthy contender. However, Santa Barbara also brings its own distinct flavor, making it not just an imitation of the Riviera, but a destination with its own unique appeal. Santa Barbara proves that it's a Riviera in its own right—one with a distinctly Californian twist.

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SNOOP DOGG JUST RELEASED A NEW ICE CREAM FLAVOR: A SWEET SURPRISE FOR FANS



Snoop Dogg, the iconic rapper and cultural phenomenon, has once again expanded his entrepreneurial empire, this time stepping into the world of frozen desserts. Known for his music, style, and unmistakable charisma, Snoop has recently unveiled a new ice cream flavor that's already making waves among fans and foodies alike. This latest venture isn't just a celebrity endorsement; it's a reflection of Snoop's unique persona and his knack for staying ahead of the curve in the world of entertainment and lifestyle branding.

A Flavor with a Twist

Snoop Dogg's new ice cream flavor, cleverly named "Tha Dogg Pound Delight," is a delightful mix of sweet and savory, combining flavors that reflect the artist's eclectic tastes and vibrant personality. The ice cream features a rich vanilla base swirled with salted caramel, studded

with chunks of chewy brownie, and topped with a generous sprinkle of crushed pretzels. The combination of textures and flavors is designed to satisfy a wide range of cravings, from the sweet tooth to the snack lover.

But what makes this flavor truly stand out is its infusion of subtle hints of bourbon, adding a sophisticated twist that elevates the dessert from a simple treat to an indulgent experience. Snoop has often spoken about his love for cooking and creating new recipes, and "Tha Dogg Pound Delight" seems to be a direct reflection of his culinary creativity.

The Inspiration Behind the Flavor

Snoop Dogg is no stranger to the kitchen. His cookbook, "From Crook to Cook," released in 2018, showcased his love for comfort food and his ability to bring his unique flair to classic dishes. The

ice cream flavor, much like his cookbook, is inspired by his experiences, both personal and professional.

In interviews, Snoop has mentioned that "Tha Dogg Pound Delight" is a tribute to his West Coast roots and the iconic hip-hop group, Tha Dogg Pound, which was a key part of his early career. The ingredients in the ice cream are meant to symbolize different aspects of his life: the smoothness of vanilla represents his laid-back persona, the caramel and brownies nod to his love for indulgence, and the pretzels and bourbon add an unexpected edge, much like his music.

A Sweet Collaboration

Snoop Dogg partnered with a well-known gourmet ice cream brand to bring this flavor to life, ensuring that every scoop meets his high standards for quality and taste. The collaboration is more than just a business deal; it's a creative partnership that highlights Snoop's hands-on approach to his ventures. He was reportedly involved in every step of the process, from selecting the ingredients to designing the packaging.

The packaging itself is a nod to Snoop's iconic style, featuring bold colors, graffiti-inspired fonts, and imagery that fans will instantly recognize. The pint features Snoop's face, complete with his signature sunglasses, alongside a vibrant illustration of the ingredients that make up the ice cream. It's a design that's sure to stand out in the freezer aisle, just as Snoop stands out in the world of entertainment.

A New Chapter in Snoop's Entrepreneurial Journey

Snoop Dogg's foray into the ice cream business is just the latest in a series of successful ventures that showcase his versatility as an entrepreneur. From his cannabis brand, Leafs by Snoop, to his partnership with Martha Stewart on a cooking show, Snoop has consistently proven that he's more than just a rapper.

He's a brand, a cultural icon, and a savvy businessman who knows how to tap into new markets.

The release of "Tha Dogg Pound Delight" also reflects the growing trend of celebrities entering the food and beverage industry, using their influence to create products that resonate with their fans. Snoop's ice cream is more than just a treat; it's a piece of his lifestyle, offering fans a chance to experience a taste of his world.

The Reception So Far

Since its release, "Tha Dogg Pound Delight" has received rave reviews from fans and food critics alike. Many have praised the unique combination of flavors and the high-quality ingredients, noting that the ice cream is as bold and distinctive as Snoop himself. Social media has been abuzz with fans sharing their first impressions, and the flavor has quickly become a must-try for ice cream lovers.

Where to Get It

"Tha Dogg Pound Delight" is available in select stores nationwide and through various online retailers. Due to the high demand, some locations have reported selling out within days of the release, but new shipments are expected to arrive soon. Fans can also look forward to special promotions and events where they might get a chance to sample the ice cream and meet Snoop himself.

A Treat That's Here to Stay

While many celebrity-endorsed products are fleeting, it seems that Snoop Dogg's new ice cream flavor has the potential to become a staple in the frozen dessert aisle. With its unique blend of flavors and the star power behind it, "Tha Dogg Pound Delight" is more than just a gimmick—it's a testament to Snoop Dogg's enduring appeal and his ability to continually surprise and delight his fans. Whether you're a longtime fan or just looking for a new ice cream experience, this flavor is sure to hit the spot.

IT'S NEVER TOO LATE (OR EARLY) TO TRY TAI CHI

Embracing The Ancient Art for Modern Wellness

By Contributing Writer



mindfulness. Whether you're a child, a teenager, an adult, or a senior, Tai Chi offers benefits that can enhance your physical and mental well-being.

A Brief History of Tai Chi

Tai Chi, short for Tai Chi Chuan, originated in China over 300 years ago as a martial art. Its roots are intertwined with Taoist philosophy, emphasizing balance, harmony, and the flow of energy (known as "qi" or "chi"). Unlike many forms of exercise, Tai Chi promotes relaxation and internal strength, making it accessible to people of all ages and fitness levels.

Tai Chi evolved from a combat practice into a form of exercise and meditation, celebrated for its ability to improve health, increase vitality, and cultivate a peaceful



mind. Today, Tai Chi is practiced by millions of people around the world.

Benefits for All Ages
One of the most remarkable aspects of Tai Chi is its versatility—it can be practiced by anyone. The practice is gentle on the joints, low-impact, and easily adaptable.

For Children and Teens: Tai Chi can offer young people a constructive outlet for energy and emotions, helping them develop focus, discipline, and a sense of calm. Tai Chi provides a healthy way to manage challenges.

The practice promotes better posture, flexibility, and coordination, laying a foundation for lifelong physical health.

For Adults: For adults juggling work, family, and personal responsibilities, Tai Chi can be a powerful tool for stress management. The practice encourages mindfulness, helping practitioners stay present and centered. Tai Chi can also improve



cardiovascular health, boost the immune system, and enhance overall energy. Many adults find that Tai Chi helps them maintain flexibility, balance, and strength as they age.

For Seniors: Tai Chi is beneficial for older adults, who may face challenges such as limited mobility, joint pain, or balance. The

slow, controlled movements of Tai Chi improve balance and coordination, which can significantly reduce the risk of falls—a major concern for seniors. Additionally, Tai Chi has been shown to alleviate symptoms of chronic conditions such as arthritis, osteoporosis, and hypertension. For seniors looking for a gentle yet effective way to stay active, Tai Chi offers a pathway.

Getting Started with Tai Chi

Starting Tai Chi is simple, and you don't need any special equipment or a high level of fitness. Many community centers, gyms, and senior centers offer Tai Chi classes, often led by experienced instructors who can guide you through the basics. If you prefer to start at home, there are online resources, including videos and tutorials, that can help you learn fundamental movements.

When beginning Tai Chi, it's important to approach with patience and an open mind. The movements may feel unfamiliar at first, but with regular practice, they will become more fluid and natural. The key is consistency.

The Mind-Body Connection

Tai Chi is more than just physical exercise; it's a holistic practice that integrates mind, body, and spirit. The deep, controlled breathing and mindful movement helps calm the mind, reducing stress and anxiety. This mind-body connection is a central tenet of Tai Chi.

Research supports the mental health benefits of Tai Chi, showing that it can reduce depression, anxiety, and stress. For those seeking a practice that nurtures both physical health and mental well-being, Tai Chi offers a unique and powerful approach.

Embracing Tai Chi at Any Age

Whether you're a curious beginner or an experienced practitioner, Tai Chi has something to offer. Its gentle, meditative movements can be adapted to suit any age or fitness level, making it ideal for families, individuals, and communities. As we navigate the complexities of modern life, the ancient art of Tai Chi provides a timeless tool for finding balance, peace, and vitality.

So why not give Tai Chi a try? It's never too late—or too early—to start. With its countless benefits and inclusive nature, Tai Chi is a practice that can enrich your life, no matter where you are on your journey.

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Using Pigs For Animal-Assisted Therapy

By Contributing Writer

Cuddling a pig might not be the first activity that comes to mind when you think of stress relief, but it's gaining traction as an unusual yet effective way to improve mental and emotional health. Animal-assisted therapy, traditionally centered around dogs, horses, and cats, has expanded to include a surprising new member: Pigs. These intelligent, social creatures offer a unique form of comfort and connection.

The Therapeutic Power of Animal Companionship

Animal-assisted therapy has long been recognized for its ability to reduce anxiety, lower blood pressure, and increase levels of oxytocin—the "feel-good" hormone associated with bonding and stress relief. While dogs and horses are the usual suspects, pigs are now being recognized for their similar, if not superior, therapeutic abilities. Their intelligence, curiosity, and friendly demeanor make them excellent companions, especially in environments where emotional support is needed.

Pigs, particularly pot-bellied pigs, are known for their gentle and affectionate nature. They enjoy human interaction and can form strong bonds with their caregivers, much like dogs. This bonding experience can be soothing for people dealing with stress, depression, or loneliness. The act of cuddling a pig, feeling its warmth and the rhythmic rise and fall of its breathing, can create a sense of calm and connection.

Stress Relief Through Sensory Experience

One of the reasons cuddling a pig can be beneficial is the sensory experience it provides. Pigs have a unique texture to their skin, covered in fine hair and slightly bristly, which can be a soothing tactile sensation. This physical contact can help individuals become more present, focusing on the sensation rather than their worries. The act of petting an animal has been shown to lower cortisol levels, the hormone associated with stress, and this effect is no different when the animal in question is a pig.



Additionally, the warmth of a pig's body can be comforting. Much like how weighted blankets are used to reduce anxiety, the natural warmth and weight of a pig can provide a similar sense of security and relaxation. This physical closeness can trigger endorphins, which help to elevate mood and combat feelings of anxiety and depression.

Emotional Connection and Mental Health

Cuddling a pig also offers emotional benefits. Pigs are non-judgmental creatures, offering unconditional acceptance. This can be especially powerful for individ-



uals who feel isolated or misunderstood. The simple, non-verbal communication between a pig and a person can be profoundly healing, providing a sense of

companionship without the complexities of human interaction.

Moreover, caring for a pig can foster a sense of purpose and responsibility. This can be beneficial for individuals dealing with depression, as it encourages them to engage in regular, meaningful activities. The routine of feeding, grooming, and spending time with a pig can provide structure and a sense of accomplishment, which are important components of mental well-being.

Unique Appeal of Pigs as Therapy Animals

While dogs and cats are more common therapy animals, pigs offer a unique appeal that sets them apart. Pigs are highly intelligent, often compared to dogs in their ability to learn and remember. This intelligence allows them to engage with humans in ways that can be more interactive and rewarding than other animals. They can be trained to respond to commands, recognize their names, and even perform tricks, which can be both entertaining and mentally stimulating for their human companions.

The novelty of cuddling a pig also adds an element of fun and surprise to the experience. For many people, interacting with a pig is a new and unexpected experience, which can make the therapeutic effects even more pronounced. The joy of discovering a new form of companionship can lead to increased feelings of happiness and satisfaction.

Incorporating pigs into animal-assisted therapy and wellness practices is a growing trend with promising results. Cuddling a pig offers a unique combination of sensory comfort, emotional connection, and mental stimulation that can significantly enhance well-being. Whether you're seeking relief from stress, battling loneliness, or simply curious about the experience, spending time with a pig might just be the unexpected therapy you never knew you needed. The warmth, affection, and playful intelligence of these animals can provide a sense of calm and happiness, making them a valuable addition to the world of therapeutic practices.

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Ludicrous New Watches Collectors Are Freaking Out About

By Contributing Writer

In the world of luxury watches, where precision, craftsmanship, and exclusivity reign supreme, there's a new wave of timepieces turning heads and making collectors lose their cool. These aren't just watches; they're feats of engineering, artistry, and audacity, pushing the boundaries of what a wristwatch can be.

Richard Mille RM 88 Automatic Winding Tourbillon Smiley

Richard Mille is no stranger to creating watches that defy convention, but the RM

88 Automatic Winding Tourbillon Smiley takes things to an entirely new level. This playful yet incredibly intricate timepiece features a three-dimensional smiley face at



its center, surrounded by a variety of micro-sculptures, including a sun, a cactus, and a pink flamingo, all made of gold.

Beneath the whimsical design lies serious horological innovation. The tourbillon movement, a hallmark of high-end watchmaking, is encased in a signature tonneau-shaped case, crafted from a combination of gold and titanium. With a price tag north of \$1.2 million, the RM 88 is as much a work of art as it is a watch, and

collectors are scrambling to get their hands on this joyful piece of haute horlogerie.

Jacob & Co. Astronomia Everest

Jacob & Co. has long been known for its extravagant and over-the-top designs, but the Astronomia Everest is a watch that literally reaches new heights. Limited to just 24 pieces, this watch contains a piece of



rock from Mount Everest embedded in its dial, along with a vial of water from the mountain's base camp. But the innovation doesn't stop there.

The Astronomia Everest features a double-axis tourbillon and a rotating globe that mimics the Earth's rotation. It's housed in a 47mm sapphire crystal case that allows for an unobstructed view of its mesmerizing movement. Equipped with a powerful LED light system, this watch is designed to glow in the dark, illuminating the intricate details within. With a price point of \$884,000, it's a watch that's as bold as the mountain it honors.

Audemars Piguet Royal Oak Concept "Black Panther" Flying Tourbillon

Audemars Piguet made waves in both the watchmaking and comic book worlds with the release of its Royal Oak Concept "Black Panther" Flying Tourbillon. This collaboration with Marvel Studios resulted in a timepiece that blends high horology with pop culture in an unprecedented way. The watch features a meticulously hand-engraved 3D likeness of the Black Panther on the dial, surrounded by a titanium and black ceramic case.

The flying tourbillon at 6 o'clock is a testament to Audemars Piguet's technical prowess, while the watch's bold design pays homage to the iconic Marvel character. Limited to just 250 pieces, this watch caused a frenzy among both watch collectors and Marvel fans, making it one of the most talked-about releases of the year. With

a retail price of \$162,000, it's a timepiece that brings a superhero-level of excitement to the world of horology.

Hublot Big Bang Integral Tourbillon Full Sapphire

Hublot is no stranger to pushing the envelope when it comes to materials and design, and the Big Bang Integral Tourbillon Full Sapphire is a perfect example. This watch is crafted entirely from sapphire crystal, giving it a completely transparent look that reveals the intricate workings of its in-house tourbillon movement.

The challenge of machining and assembling a watch from such a hard material is immense, but Hublot has managed to create a timepiece that's both visually stunning and technically impressive. With a price of \$422,000, this watch is a testament to Hublot's commitment to innovation and design, and it's driving collectors wild with its futuristic aesthetics.


MB&F LM Perpetual EVO Titanium

MB&F, known for its avant-garde designs, has once again pushed the boundaries of traditional watchmaking with the LM Perpetual EVO Titanium. This watch takes the classic perpetual calendar complication and reimagines it in a way that's distinctly modern and unconventional. The LM Perpetual EVO features a titanium case and a redesigned, more shock-resistant movement, making it both rugged and refined.

The watch's open dial design allows for a clear view of its complex mechanics, which include a fully integrated perpetual calendar with a "mechanical processor" that eliminates common problems associated with traditional perpetual calendars. Priced at \$167,000, the LM Perpetual EVO is a watch that appeals to collectors who appreciate both technical mastery and bold design.

These ludicrous new watches aren't just pushing the limits of watchmaking—they're redefining them. With their audacious designs, groundbreaking innovations, and sky-high prices, these timepieces have collectors around the world in a frenzy. Whether it's the playful creativity of Richard Mille or the boundary-pushing materials of Hublot, these watches are more than just instruments of time; they're statements of artistry, luxury, and the endless possibilities of horological design.

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Fall Front Porch Ideas That Celebrate The Season

By Contributing Writer

Fall is the perfect time to refresh your front porch with warm colors, cozy textures, and seasonal décor. Whether you live in a bustling neighborhood or a quiet rural area, your porch can be a welcoming sight that sets the tone for the season. Decorating your front porch for fall is not just about aesthetics; it's about celebrating the changing seasons and inviting that cozy, nostalgic fall feeling into your home. Below are some creative and simple fall front porch ideas to help you embrace autumn's beauty.

Rustic Elegance with Pumpkins and Gourds

Pumpkins are synonymous with fall, and using them to decorate your front porch is a simple way to make your space feel festive. Instead of just placing a few pumpkins on the steps, try creating a layered look with different sizes and colors of pumpkins and gourds.

White, green, and heirloom pumpkins are great for adding texture and a subtle color variation. Pair them with fall leaves, hay bales, or small potted plants for a fuller, more layered look.

To elevate the rustic feel, add a couple of lanterns filled with candles or LED lights for a warm, glowing effect in the evenings. This classic fall porch look will remain fresh and inviting throughout the season, from early autumn to Thanksgiving.

Plaid Blankets and Cozy Cushions

If you have porch seating, draping cozy plaid blankets or adding cushions in fall hues like burnt orange, mustard yellow, or deep red can instantly transform your space. These small touches not only add comfort but also a sense of warmth as the weather begins to cool.

Pair these with a few woven baskets filled with firewood or pinecones, and your porch will look both rustic and cozy, creating the perfect spot to sip on hot cider or pumpkin-spiced coffee. Even if you don't have a lot of seating, a simple bench with a cushion or plaid throw can evoke a cozy fall aesthetic.

Seasonal Wreaths and Garlands

Wreaths and garlands are essential for celebrating any season, and fall is no exception. Consider a wreath made from grapevine, wheat stalks, or dried flowers for a natural, earthy feel.



Adding small accents like miniature pumpkins, berries, or even feathers can bring the wreath to life and make it uniquely yours.

For garlands, drape them around the doorframe or along the porch railing. You can use fall leaves, string lights, or fabric garlands in autumn colors to give your entrance a festive, welcoming touch. Adding a personalized wooden sign or hanging a rustic "Welcome" plaque will also enhance the overall feel of the season.

Creative Use of Planters

Fall doesn't mean the end of colorful flowers. Mums, ornamental cabbages, and pansies are all hardy, cool-weather plants that can thrive during the fall months. Use oversized planters or wooden crates to showcase these seasonal blooms, mixing in fall foliage and branches for texture.

You can also switch out your usual planters for something more seasonal like galvanized buckets or wooden barrels to bring in a more rustic, fall-friendly aesthetic. Layering different heights and sizes of planters will add depth and dimension to your porch.

Warm Lighting with Lanterns and String Lights

As the days get shorter, lighting becomes more important for your fall porch décor. Lanterns filled with flameless candles or string lights wrapped around railings and columns can add a warm, magical glow to your space. Consider using Edison bulbs or vintage-style lanterns for a cozy, old-world charm.

For a modern touch, solar-powered lights can be a great eco-friendly option. Line your walkway or steps with them to create a welcoming path to your home, especially for those chilly fall evenings.

Harvest-Themed Accents

Incorporating harvest-themed items is a wonderful way to tie your porch into the

season. Corn stalks, wheat bundles, and hay bales can all serve as beautiful, natural décor that captures the essence of fall. Set a hay bale near your door and place a basket



of apples, gourds, or pumpkins on top for an inviting display.

Wooden crates or barrels can also be used as stands to elevate your decorations. If you're feeling extra creative, consider crafting a fall scarecrow to sit on a chair or beside your entrance. This playful touch adds charm and character to your front porch.

Seasonal Doormats

Your doormat is often the first thing guests notice when arriving at your home, so why not switch it up for the fall season? A festive doormat with a cute fall saying, like "Hello Pumpkin" or "Gather Here," can add personality to your porch. Layer the mat with a buffalo check rug underneath for extra style points and a bit of texture.

Incorporating Natural Elements

Incorporating elements of nature into your porch decor is one of the simplest and most beautiful ways to embrace fall. Dried branches, birch logs, and pinecones can be scattered across your porch, creating a look that feels connected to the outdoors. You can even hang a few bird feeders or place a seasonal birdhouse to invite nature into your fall haven.

These fall porch ideas will help you create a warm and inviting space that celebrates the season. Whether you choose to go all out with pumpkins and hay bales or prefer a minimalist approach with cozy blankets and subtle accents, your front porch can become the ultimate fall retreat. Embrace the crisp air, the changing leaves, and all the beauty that autumn has to offer.

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By Andrews McMeel Syndication

Picture it: a curious young boy at a museum. An ancient artifact unprotected by glass. Bet you can't guess what happened next. On Aug. 23, reports CNN, a 4-year-old boy visited the Hecht Museum in Haifa, Israel, with his parents. According to the child's father, the boy noticed a large ceramic container and "pulled the jar slightly," wanting to see what was inside -- accidentally smashing the 3,500-year-old relic in the process. Museum officials were unfazed: "We are appealing to parents: Don't be afraid. Things like this happen," said museum head Inbal Rivin. "We will fix (the jar) and put it back." The Hecht Museum displays some items without protective cases, a nod to founder Reuben Hecht's belief in allowing the public to experience archaeological finds with as few barriers as possible. The jar dates to between 2200 B.C. and 1500 B.C., and was likely used for storing and transporting liquid goods such as wine or oil. Finding an intact vessel was something of a rarity, and restoration efforts are already underway.

Book Lover Booked

A 71-year-old flat owner in Rome woke one night to find a burglar in his residence ... reading a book about the Iliad. The BBC reported on Aug. 24 that the would-be burglar claims he broke into the building to visit someone else and simply found himself in the wrong unit. Spotting Giovanni Nucci's book "The Gods at Six O'Clock," a retelling of The Iliad from a divine perspective, the 38-year-old settled in for story time. When the homeowner awoke and confronted him, the thief attempted to get away via the balcony, but was soon arrested. News of the bookworm burglar made its way to the author, who said he'd like to give the criminal a copy: "... he'll have been arrested halfway through reading it. I'd like him to be able to finish it." Nucci added that his favorite deity is Hermes, the god of thieves -- and of literature.

Better Late Than Never

The U.K.-based Royal Mail service delivered a postcard to the Swansea Building Society in Wales -- a mere 121

years after it was posted. The BBC reported on Aug. 21 that the Christmas-themed postcard was addressed to "Miss Lydia Davies" and signed by "Ewart." Among other lines, Ewart apologizes for not picking up a "pair" of an unknown item: "I am so sorry, but I hope you are enjoying yourself at home." The postcard made waves online after Henry Darby, the Swansea Building Society's marketing and communications officer, found it when sorting through the post. Unable to find any information about Lydia, he took to social media for help. West Glamorgan Archives confirmed that a John Davies once lived at the address in question with his wife, Maria, and six children -- including Lydia, who would have been 16 when the postcard was sent.

Unclear On The Concept

A groundhog made headlines in Hollidaysburg, Pennsylvania, about an hour from Punxsutawney -- but not for predicting the weather. Fun-seekers playing the claw machine at a local arcade realized that one of the "stuffed animals" was blinking back at them, reported the Associated Press on Aug. 14. Manager Lynn Castle of The Meadows frozen custard and mini-golf isn't sure how the critter got in, but said it almost took an army to release the rodent. Employees contacted the machine's owners, who passed the buck to the police department, who called in the Pennsylvania Game Commission. Game wardens were able to open the machine and set the rodent, dubbed Colonel Custard, free in a nearby field. Castle and The Meadows wasted no time capitalizing on the incident, making T-shirts that said "Respect the Groundhog" and naming a frozen treat flavor after their furry visitor. "It's a good story that ended well," Castle said. "He got set free. No one got bit." [Associated Press, 8/14/2024]

rap sheet. In 2003, he was fined \$10,000 and reprimanded by the Board of Medicine for a number of standard-of-care violations, including improperly prescribing medication for a telehealth client that he never physically examined. His medical license expires in January 2025. Is Nowhere Sacred?

Crossword by Myles Mellor

Print this Page! Ctrl + P

Across

- 1. Cracker
- 6. Familial comrade
- 9. Vacuum tube
- 12. Evidence of being elsewhere
- 13. One with a beat
- 14. Propel, in a way
- 15. Some Bosnians
- 16. Double stranded material
- 17. Game piece
- 18. Stage signal
- 20. Off the wall
- 21. Descend quickly
- 24. Filch
- 27. Sorority letter
- 30. Soup holder
- 34. Organ
- 35. House alternative
- 36. Domesticating
- 38. Scheme
- 39. Hollow crystal lined stone
- 41. Golf course builder Pete ____
- 42. Unwarm welcome
- 45. Organized insect
- 47. Quite a while
- 48. Well-chosen
- 50. Coldly
- 55. LAX posting
- 56. Indignation
- 57. Island west of Maui
- 58. Not be up-to-date
- 59. Showed the way
- 60. Boxer, Mike

Down

- 1. Maroon 5 song "The Way I ____"
- 2. Stout relative
- 3. Evergreen tree
- 4. Sink
- 5. Simple computer
- 6. ____ mount type
- 7. Chemistry term
- 8. Place to relax
- 9. End piece
- 10. Don't ____ on his parade
- 11. Three spot card
- 19. George Washington's dream
- 20. Blanks
- 21. Coin opening
- 22. Alcoholic drink from a Polynesian
- 23. Prayer leader
- 25. Item talked about

1	2	3	4	5		6	7	8		9	10	11
12						13				14		
15						16				17		
				18	19				20			
21	22	23			24		25	26				
27			28	29			30			31	32	33
34								35				
36					37		38					
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42	43	44				45		46				
47					48	49			50	51	52	53
55					56				57			
58					59				60			

- 26. Purple shade
- 28. Two-masted sailing vessels
- 29. Fraction of a newton
- 31. Tennyson lady
- 32. Wired
- 33. Nothing
- 37. Pep
- 38. Hangout
- 40. Old
- 42. Fido command
- 43. Infinitesimal amount
- 44. Fly in the ointment
- 46. Inclination
- 48. Distress
- 49. Cousin of ante
- 51. Islet
- 52. ____ and outs
- 53. Thai people
- 54. Dark and feminine (Chinese)

Bad Dad Jokes

"How do you follow Will Smith in the snow?" "You follow the fresh prints."

Previous Puzzle

1	P	R	O	D		5	S	A	G		8	D	H	A	L	
12	S	I	L	O		13	H	E	N		14	E	E	L	S	
15	I	S	L	E		16	Y	O	U		17	L	A	I	D	
	18	C	A	R	19	T	E	L		20	K	I	L	T		
					21	B	R	U	22	I	N					
23	A	B	A	C	I		27	S	N	E	28	A	K	E	R	
32	G	I	G	O	L	O		34	N	E	P	E	T	A		
35	A	D	E	N	I	N	E		37	P	E	A	C	H		
					38	S	E	P	I	A						
	40	M	A	G	I		43	O	O	D	44	L	E	S		
47	R	I	M	E			48	A	N	T		49	I	D	E	S
51	A	S	E	A			52	R	Y	A		53	E	I	R	E
54	P	E	N	N			55	E	M	S		56	S	T	E	W



SUMMER AND FALL AFTER SCHOOL LEARNING



Code REV Kids - Encino provides the ultimate Coding, STEAM, Game Design, Engineering, and Digital Design class experience for students and campers in its live, virtual format, led by expert instructors with extensive virtual teaching experience. CodeREV virtual learning is backed by Premier Curriculum created by Top Ed Tech Specialists & Engineers Only the most elite instructors with at least 5 years' teaching CodeREV tech courses and real world tech work experience. A diverse set of unique courses to meet different age groups and interests. Thousands of students educated online. Options for both virtual learning and hands-on project learning from home. We are truly uniquely positioned to help your family push forward right now and through camp season. www.coderevkids.com

Join Discovery Cube Los Angeles for Camp Discovery as you travel beyond the classroom to explore and engage in fun, hands-on science. Campers will take a walk on the wild side during Curious about Creatures, which features animals from prehistoric past to present. Kids will go out of this world during our Space camp, as they explore "strange new worlds" through space crafts, engineering

and experiments. In World of Motion, campers will explore the exciting principles of physics and motion as they experiment with racecars & build flying machines. In California STEAMin' campers will engineer their own solutions to real-world problems. t: (714) 263-3837 w: <http://www.discovery-cube.org>

SVCAC's Young Artists Playground (YAP) Youth Arts Education Program features interactive arts workshops and camps for youth ages 5-14 years old. YAP is dedicated to enriching the lives of local youth through quality arts education and performance based programs. YAP builds visual and performing arts skills through programs that foster confidence, compassion and resilience in students of all abilities. We offer opportunities for youth to develop and share their creative voices. For more information contact: Stephanie Lesh at 818-601-0582

Destination Science is a warm, wonderful science camp where kids feel comfortable making connections with others! Parents tell us that their child loves that everyone at camp shares the idea that it is cool to be smart! Multiple locations: destinationsscience.org 888-909-2822 Enrollment special until March 1, call today!

Mind Crafters - West Hills

The future for our children is now, and there's no time to waste. Mind Crafters Mission is to bring STEM knowledge to kids, as early as possible. Grasping these concepts at an early age guarantee "OWNING THE FUTURE". Programs combine expert instruction, hands-on learning, and real world tools. As a result, they're interactive, engaging, and effective. And most important, kids genuinely enjoy them. Call Today (747) 263 0821

Summer Art Academy - Agoura

Explore our many unique summer programs designed to open minds and change lives including Art Camp, Art Camp 101, Teen Camp, Winter Camp, Mini Camp, and Spring Break Camp. Your kids will enjoy painting, cooking, working with clay, musical theatre, cartooning, magic, sewing, yoga and most importantly having fun! www.summerartacademy.com

Teenage Drama Workshop (TADW) TADW 2024 Registration IS NOW OPEN

Dates: June 13-July 26, 2024
Ages: 12-18 TADW is a conservatory-style program at CSUN. Our goal is to teach teens ages 11-18 about the theatre arts. Join us for our 65th summer, which will culminate with SPONGEBOB THE MUSICAL

Kol Tikvah Youth Groups and Teen Programs

Temple Kol Tikvah provides numerous extraordinary youth programs for our students in Kindergarten through 12th grades. Creating friendships, strengthening Jewish identity, developing leadership, and communication skills, while also having fun. Now enrolling for Sunday Hebrew School. Call 818.348.0670 x209

After School Conservatory is a music based program located on Ventura Blvd. near the border of

Woodland Hills and Calabasas.

We are conveniently located near Woodlake elementary, Woodland Hills elementary, Calabash charter academy, Hale charter academy, El Camino high school and many more. After School Conservatory has a spacious facility (over 3000 SF) and is equipped with top-notch quality musical instruments including Schimmel and Kawai grand pianos, Roland TD 17 series electronic drum set and the Yamaha LC4 music lab system with 8 Yamaha P-45 digital pianos for a group piano teaching environment. (818) 436-2675

Star Galaxy- Academic, Homework lab, Sports

STAR Galaxy offers a balance of academic support, enrichment classes, fitness and recreation programs as well as special events on campus, community events and activities. It's a recipe for a balanced childhood and a preparation for future success! STAR Galaxy offers a daily dose of scheduled classes, August through June, from the end of the school day until 6 PM. Students rotate through group tutoring, homework lab, sports/fitness/recreation. registration@starinc.org

LeXT Robo Academy

LeXT Robo Academy uses LEGO education concepts and curriculum to provide a hands-on learning experience and fun environment for our students while developing their skills in science, technology engineering, robotics, coding and mathematics. Our robotics program covers all age groups from 3 to 18+ students. Agoura Hills: (818)-699-2388

The Leonis Adobe Museum is hosting its annual summer program, Lil Ranchers, Tuesdays from 7/11 - 8/8 between 9:30 am - 11:30 am. Enjoy a different theme and activities each week! Leonis Adobe Museum 23537 Calabasas Road

Calabasas, California 91302
Phone: (818) 222-6511
Members are free or \$8 for non-members.

Camp Woodland Hills

2023 Program includes NATURE CENTER With Live Animals
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Golden Performing Arts Center After School Programs

- a non-profit organization that offers children, teens, and young adults, ages 6-22, the opportunity to experience exhilarating feelings of success, belonging, pride and accomplishment by working together as a theatre family and presenting a Broadway-style musical production. Established in Canoga Park in 1985 for the purpose of building self-esteem in young people through the performing arts, Golden PAC has offered Musical Theater workshops for children and teens for over 35 years. Each workshop is designed to build confidence, skills, and lasting friendships in an environment of mutual respect, acceptance, and encouragement. All enrollees are guaranteed a part regardless of prior training or experience. Workshops are presented in the spring, summer, and fall. Each workshop culminates with a professional-quality production of a licensed Broadway musical in which young people play all the roles. <https://www.goldenpac.org/> Now in a brand new location!



For example, a teen who has to save for months to buy a new smartphone will likely take better care of it than one who receives it as a gift. They will also be more cautious about spending on unnecessary items, knowing how hard they had to work to save that money. This lesson in the value of money can also foster a greater appreciation for the work that goes into earning it, whether through an allowance, part-time job, or freelance work.

Mistakes as Learning Opportunities

It's important to recognize that teens will make mistakes when managing their money—just as adults do. However, these mistakes are valuable learning opportunities. Whether it's overspending, failing to save, or making a poor investment, these experiences teach teens about the consequences of their financial choices.

As parents, it's crucial to guide teens through these mistakes without bailing them out completely. Instead of rescuing them from the consequences, help them analyze what went wrong and how they can make better choices in the future. This approach not only teaches resilience but also reinforces the importance of making informed financial decisions.

Strategies for Success

To help teens successfully manage their money, consider the following strategies:

Start with an allowance: Provide a regular allowance and encourage your teen to budget for different expenses, such as entertainment, savings, and gifts.

Open a bank account: Help your teen open a savings or checking account and teach them how to use online banking tools.

Set financial goals: Encourage your teen to set short-term and long-term financial goals, such as saving for a trip or a big purchase.

Discuss money regularly: Have open conversations about money, sharing your own experiences and lessons learned.

Allowing teens to manage their money is one of the most important steps in preparing them for adulthood. Through hands-on experience, they develop financial literacy, responsibility, and independence, all of which are crucial for navigating the complex world of personal finance. While mistakes are inevitable, they are also valuable lessons that will serve teens well throughout their lives. By empowering teens to take control of their finances, parents are giving them the tools they need for a successful financial future.

about spending, saving, and planning for future expenses. This responsibility encourages them to think critically about their needs versus wants and prioritize their spending accordingly.

Moreover, this independence can be empowering. Teens who manage their money are more likely to feel confident in their ability to make decisions and solve problems. This confidence extends beyond finances, influencing other areas of their lives, such as education, career choices, and personal relationships.

Preparing for Adulthood

One of the primary goals of parenting is to prepare children for adulthood, and financial management is a significant part of that preparation. Teens who have experience managing their money are better equipped to handle the financial challenges of adult life. They are more likely to understand how to budget for living expenses, pay bills on time, and save for long-term goals like higher education, travel, or purchasing a car.

Additionally, teens who manage their money are more likely to avoid common financial pitfalls that many young adults face, such as accruing debt or mismanaging credit. By giving them the tools and experience to handle money wisely, parents are setting their teens up for long-term financial success.

Teaching the Value of Money

When teens are responsible for their finances, they learn the value of money in a very real way. They begin to understand that money is

earned through work and that spending it should be done thoughtfully. This understanding can lead to more mindful consumption and a greater appreciation for the things they buy.

Let Teens Manage Their Money

By Contributing Writer

In a world where financial literacy is increasingly critical, allowing teens to manage their money is one of the most valuable lessons a parent or guardian can offer. This responsibility not only teaches them the fundamentals of budgeting and saving but also prepares them for the financial realities of adulthood. While the idea of giving teens control over their finances may seem daunting, it is an essential step in fostering independence and responsibility. Here's why letting teens manage their money is crucial, along with some strategies to guide them effectively.

Building Financial Literacy

Financial literacy is a life skill that cannot be overstated. By letting teens manage their money, they learn essential concepts such as budgeting, saving, investing, and understanding the value of money. These lessons are not just about balancing a checkbook or saving for a new gadget; they are about understanding how financial systems work, from credit scores to interest rates.

When teens are given the responsibility to manage their money, they begin to grasp the consequences of financial decisions. For example, if they overspend on entertainment, they might not have enough left for essentials or a desired purchase. This firsthand experience is far more impactful than theoretical lessons, as it gives them a real sense of how money works in their lives.

Encouraging Responsibility and Independence

Managing money helps teens develop a sense of responsibility and independence. When they are in charge of their finances, they must make decisions



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DISCOVER DESIGNER ITEMS IN TEEN CLOTHING STORES

By Contributing Writer

In the world of teen fashion, designer labels often represent more than just clothing—they are symbols of style, status, and personal expression. However, the price tags associated with these coveted pieces can be daunting for many teenagers and their parents. Fortunately, discovering designer items in teen clothing stores is becoming increasingly accessible, thanks to a variety of retail strategies and shopping tips. Here's how you can uncover these gems without breaking the bank.

Know Where to Look

The first step in finding designer items in teen clothing stores is knowing which stores to target. Many teen retailers have sections dedicated to higher-end brands, often labeled as "premium" or "luxury" collections. Stores like Nordstrom Rack, TJ Maxx, and Marshalls are well-known for their selection of discounted designer items, including clothing, shoes, and accessories from brands like Marc Jacobs, Calvin Klein, and Michael Kors.

Another strategy is to explore online teen clothing stores that offer designer labels. Websites such as ASOS and Revolve frequently carry designer collections, and they often have sales or discount sections where you can snag items at a fraction of their original cost.

Timing Is Everything

Seasonal sales and clearance events are prime times to hunt for designer items in teen clothing stores. During these periods, retailers aim to clear out inventory to make room for new collections, offering steep discounts on designer pieces. The end-of-season sales in January and July are particularly lucrative, as stores slash prices on winter and summer collections, respectively.

Additionally, keep an eye out for holiday sales, such as Black Friday, Cyber Monday, and back-to-school promotions. These events often include significant markdowns on designer items. Signing up for newsletters from your favorite stores can also give you early access to sales and exclusive discounts.

The Power of Thrift and Consignment Stores

Thrift stores and consignment shops are treasure troves for discovering designer items at unbeatable prices. While these stores aren't exclusively for teens, they often carry a range of clothing sizes and styles that cater to a younger demographic.



Shopping at stores like Buffalo Exchange and Plato's Closet can yield incredible finds, from vintage designer jeans to current-season handbags.

For those who prefer online shopping, platforms like Depop, Poshmark, and ThredUP offer a vast selection of pre-loved designer items. These sites allow teens to browse through thousands of listings, filter by size and brand, and even negotiate prices with sellers.

Second-Hand and Vintage Boutiques

Another great way to discover designer items is through second-hand and vintage boutiques that specialize in high-end fashion. These boutiques often curate collections of gently used or even new designer pieces from previous seasons, providing a sustainable and budget-friendly alternative to buying new.

Stores like Wasteland in Los Angeles or Beacon's Closet in New York are famous for their selection of vintage and contemporary designer items. The inventory in these stores changes frequently, so regular visits increase the chances of finding a coveted piece.

Look for Collaborations and Limited Editions

Designer collaborations with mainstream brands are a golden opportunity to acquire high-end fashion at affordable prices. Over the years, brands like H&M, Target, and Uniqlo have partnered with renowned designers to create limited-edition collec-

tions that bring luxury to the masses. These collaborations often feature iconic designs at a fraction of the usual cost, making them highly sought after by fashion-savvy teens.

To get your hands on these pieces, it's essential to act quickly, as these collections

tend to sell out fast. Keeping an eye on announcements and being ready to shop as soon as the collection drops can make all the difference.



KIDS FORUM

Online Shopping and Apps

With the rise of e-commerce, shopping for designer items has become easier than ever. Apps like ShopStyle and Lyst allow users to search for specific designer items and compare prices across multiple retailers, ensuring you get the best deal. Additionally, many of these apps offer price alerts, so you'll be notified when an item you're eyeing goes on sale.

Shopping online also opens up access to international retailers that may offer better prices or different selections than local stores. Websites like Farfetch and Net-a-Porter frequently have sales, and signing up for their newsletters can provide early access to discounts.

Discovering designer items in teen clothing stores is not just about luck; it's about knowing where to look, when to shop, and how to maximize your resources. Whether through seasonal sales, thrift stores, designer collaborations, or online shopping, there are countless ways to add luxury to your wardrobe without overspending. By following these tips, teens can enjoy the thrill of wearing designer fashion while staying within their budget, making high-end style accessible to all.



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FASHION

Pajamacore The Hottest Trend In Fashion

By Contributing Writer

The world of fashion is constantly evolving, and 2024 has ushered in one of the coziest trends yet: Pajamacore.

What Exactly Is Pajamacore?

Pajamacore is about bringing the comfort of loungewear into everyday fashion. Think luxurious silk pajama sets, oversized robes, soft slip dresses, and wide-leg pants feel like a second skin. The style takes inspiration from traditional sleepwear, but it's been elevated with modern touches like high-quality fabrics, bold prints, and unexpected accessories.

Designers are offering pajama-inspired pieces that can be dressed up or down. Whether you're



running errands, working from home, or heading to brunch, Pajamacore has got you covered.

The Rise of Comfort in Fashion

The surge of Pajamacore can be traced back to a shift in how we view clothing. The COVID-19 pandemic dramatically changed our

relationship with fashion. With people spending more time at home, the demand for comfortable clothing skyrocketed. Loungewear, athleisure, and relaxed silhouettes became the go-to choices. Now, as life returns to a new normal, the desire for comfort hasn't gone away. Instead, it's evolved into Pajamacore—a trend that prioritizes comfort while still making a statement.

Influencers and celebrities have been quick to embrace the trend, posting photos of themselves in chic pajama sets paired with statement jewelry, oversized sunglasses, and sleek footwear.

Key Pieces of Pajamacore Fashion

To nail the Pajamacore aesthetic, there are a few key pieces you'll want:

Silk or Satin Pajama Sets: A matching pajama set in luxe fabrics like silk or satin is a must-have. Look for sets with elegant piping, rich jewel tones, or playful prints.

Wide-Leg Trousers: Think flowy, wide-leg pants that give the feeling of pajama bottoms but look polished.

Slip Dresses: A slip dress is one of the most versatile pieces in a Pajamacore wardrobe. Whether you pair it with a chunky sweater for a casual daytime look or dress it up with heels and a leather jacket for the evening, it embodies the effortless vibe.

Robe Coats: Oversized robes or kimono-style coats are a signature of the Pajamacore aesthetic.

ic. These pieces are perfect for layering, adding an extra level of comfort and chicness to your look.

Slippers as Statement Shoes: High-fashion slippers, such as fur-lined loafers or embellished slides, have become a popular choice.

How to Style Pajamacore

The beauty of Pajamacore is that it's easy to adapt to your personal style.

Keep It Monochromatic: One of the easiest ways to make Pajamacore look polished is by keeping your outfit in the same color family.

Accessorize Boldly: Accessories are key to elevating your look. Gold jewelry, a structured handbag, or a bold belt can add dimension and a touch of glam.

Mix Textures: Play with texture by combining soft, flowy fabrics like satin or silk with more structured pieces.

Layer with Tailored Pieces: For a more polished take, incorporate tailored pieces like blazers or crisp white shirts. A pair of wide-leg pajama pants can be paired with a fitted blazer for an office-ready look.

Why Pajamacore Is Here to Stay

Pajamacore is here to stay. Its emphasis on comfort and ease resonates. Additionally, awareness of sustainability means versatile, high-quality pieces are appealing. Investing in items worn both in and out of the house promotes a practical approach to fashion. Fashion can be both comfortable and chic.



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doordash.com
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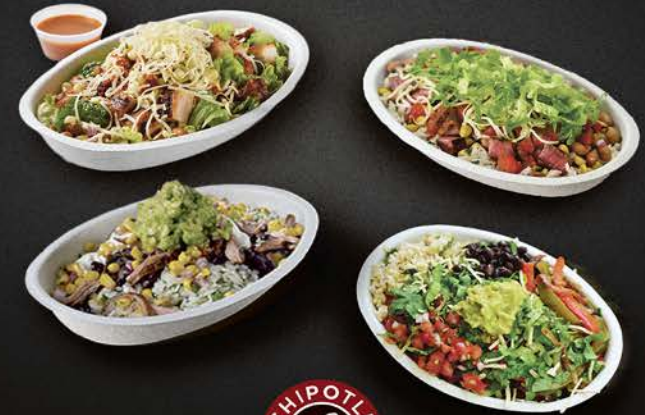
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Lobster Guy - Rolls & Fries
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Lobster Rolls, Sandwiches
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mrpizzaandkabob.com
Phone: (818) 772-6501

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October 12 & 13, 2024



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