

LOS ANGELES, SAN FERNANDO AND CONEJO VALLEYS



Valley Scene

M • A • G • A • Z • I • N • E

MOVIES

Entertainment ★ Leisure ★ Lifestyles

WWW.VALLEYSCENEMAGAZINE.COM

→ JANUARY 5 - 18, 2024 VOLUME 25 NO. 1



NOW PLAYING

EAT/DRINK



LA'S TOP DOGS

EVENTS



**HOT TICKETS AT
THE EL PORTAL THEATRE**

NEW HORIZONS

TAKE YOUR LIFE BACK IN 2024!

BY BARBARA BECKLEY

Click Here!
TO OPEN EMAGAZINE



WEEKLY EVENTS



ATTRACTIONS • KARTS • DRINKS • GRILL

CORNHOLE TOURNAMENTS

MONDAYS AT 6PM

HOSTED BY
SCV CORNHOLE



VISIT @SCVCORNHOLE
ON INSTAGRAM FOR SIGN UP

AXE CHALLENGE

Tuesdays at 7pm

\$20/Week

Win Prizes

No Commitment Necessary



TRIVIA NIGHT

WEDNESDAYS AT 7PM

• FREE •

• WIN PRIZES •

HOSTED BY KING TRIVIA

COUNTRY NIGHT

THURSDAYS AT 7PM

\$12/WEEK (18+ ONLY)

MUSIC & LINE DANCING

HOSTED BY BORDERLING COUNTRY NIGHTS



HOT TICKETS FOR JANUARY AND FEBRUARY LINEUP!

IT'S LIVE ENTERTAINMENT SEASON!

At The



THE HISTORIC
El Portal Theatre
NORTH HOLLYWOOD, CALIFORNIA



FRITZ COLEMAN'S UNASSISTED RESIDENCY

Building on his well-received tubi special
"Fritz Coleman: Unassisted Living"
featuring new material
and a special guest each show

EL PORTAL THEATRE - MONROE FORUM
5269 LANKERSHIM BLVD, NORTH HOLLYWOOD, CA

SUNDAYS MATINEES @ 3PM

November 26th, January 14 2024,
February 25th and March 24

All tickets on sale now - BOX OFFICE (818) 508-4200 - ELPORTALTHEATRE.COM

JACKIE MARTLING



HOLLYWOOD

THE JOKE MAN
COMES TO L.A.!

SATURDAY
FEB. 3

JACKIE MARTLING

MARDI GRAS ROCK SHOW



2024
FEBRUARY 4TH
MARDI GRAS
CELEBRATION
SUNDAY 3:00P

"Let us bring New Orleans to you!"

THE ALL ROADS THEATRE COMPANY

PRESENTS

MACK & MABEL

February
16-18



IN CONCERT

The Best Entertainment in the Heart of The NOHO Arts District



BUY YOUR TICKETS TODAY! 818-508-4200

OR ONLINE ELPORTALTHEATRE.COM | 5269 LANKERSHIM BLVD, NORTH HOLLYWOOD, CA

LAST CHANCE!
MUST END JAN 21ST

4 ERIC CARLE
STORIES **75** MAGICAL
PUPPETS

Rockefeller PRESENTS
**THE VERY HUNGRY
CATERPILLARTM
SHOW**

"BEDAZZLING!"
WILL MESMERIZE AUDIENCES"

-The New York Times



TICKETS



PLAYING AT THE EL PORTAL THEATER

5269 Lankershim Blvd, North Hollywood, CA 91601

TICKETS AT HUNGRYCATERPILLARSHOW.COM

West Coast Performing Arts and
Cruisin' Oldies Concerts Proudly Present

THE
FLEETWOOD MAC
CONCERT EXPERIENCE



STARRING GYPSY DREAMS

The Fleetwood Mac Concert Experience recreates the music and magic of Fleetwood Mac with such songs as 'Go Your Own Way,' 'Rhiannon,' 'You Make Loving Fun,' 'Don't Stop' and 'Say You Love Me,' just to name a few. Plus, you'll thrill to the solo work released by Stevie Nicks and Lindsey Buckingham!

SAT FEB 3

TWO SHOWS: 3:00PM & 7:30PM



BANK OF AMERICA
**PERFORMING
ARTS CENTER**
THOUSAND OAKS

**SCHERR
FORUM**

FOR INFO CALL 805-449-2787 or www.CivicsArtsPlaza.com

get tickets at
Walmart

call for tickets at
800.745.3000

ticketmaster[®]



A TAPESTRY OF CREATIVITY: Exploring Art Gallery Openings In The Vibrant Los Angeles Area

By Contributing Writer

revitalized neighborhood that has transformed industrial spaces into thriving hubs of creativity. Here, gallery openings are not merely events; they are experiences that immerse attendees in a fusion of visual storytelling and



immersive installations. Galleries like Hauser & Wirth and The Box have been instrumental in cultivating this vibrant scene, offering a kaleidoscope of contemporary art that challenges perceptions and sparks conversations.

Venturing into West Hollywood, the eclectic Melrose Avenue stands out as a hotspot for cutting-edge art. Gallery openings along Melrose are characterized by their avant-garde approach, featuring works that blur the lines between traditional and modern mediums. The Pacific Design Center, with its iconic blue and green buildings, hosts exhibitions that seamlessly merge art and design,

attracting a discerning audience fascinated by the intersection of these two worlds.

Heading westward to Culver City, the gallery scene takes on a more intimate yet no less compelling character. Culver City's Art District is home to a collection of galleries that often collaborate to create themed openings, turning the neighborhood into a



curated art walk. Galleries such as Blum & Poe and Corey Helford Gallery have been instrumental in shaping Culver City's identity as a haven for contemporary art.

In the heart of Hollywood, gallery openings are elevated to star-studded events that celebrate the convergence of entertainment and visual arts. Hollywood's galleries

often showcase works that draw inspiration from the glitz and glamour of the entertainment industry, creating a unique blend of celebrity culture and artistic expression. Attending an art opening in Hollywood is not just about appreciating art; it's about being part of an immersive cultural experience.

Beyond the glamour and sophistication of the city's well-known art districts, hidden gems emerge in neighborhoods like Silver Lake and Echo Park. These areas, known for their bohemian spirit, host gallery openings that exude a grassroots charm. Here, artists experiment with unconventional mediums and themes, fostering an environment where creativity knows no bounds.

Los Angeles' art gallery openings are a testament to the city's unwavering commitment to artistic innovation and cultural exploration. From the grandeur of Hollywood to the hipster enclaves of Silver Lake, each neighborhood contributes to the city's vibrant artistic tapestry. Whether you're a seasoned art collector or a casual enthusiast, attending a gallery opening in the Los Angeles area is not just an event; it's an opportunity to immerse yourself in the boundless creativity that defines this dynamic city.

No one has time for the flu.



GetMyFluShot.org



NEW HORIZONS

TAKE YOUR LIFE BACK IN 2024!

By Barbara Beckley

HAPPY NEW YEAR! AND WE MEAN IT. WE WANT YOU TO ENJOY THE HAPPIEST YEAR EVER! SO, HERE'S OUR LIST OF COOL NEW YEAR'S RESOLUTIONS. SEE WHICH ONE - OR MORE - SUITS YOUR STYLE, FROM ADULTS TO KIDS, STUDENTS TO COUPLES. EVEN PETS. RESOLUTIONS FROM HEALTH AND WEALTH AND PERSONAL CHALLENGE. THEN CELEBRATE A NEW IMPROVED YOU FOR 2024! INSIDER TIP: IF YOU'RE NOT INTO COMMITMENT, MAKE YOUR RESOLUTION FOR ONLY THE FIRST THREE MONTHS. THEN EXTEND ANOTHER THREE, AND ANOTHER, AND ANOTHER. VOILA! BY DECEMBER 31, 2024, YOU'VE DONE IT!

PERSONAL BEST

1. Focus on a Passion, Not the Way You Look. Influencer Mik Zazon is on a mission to normalize normal bodies. "Resolutions are NOT an invitation to start a diet or a workout plan - resolutions are a beautiful reminder that a new year can bring new life to our passions," he told Parade magazine. We love this and the 20 following 2024 Resolutions from Parade magazine. 2. Workout to Feel Good - Not Be Thinner. Instead of obsessing over the scale, obsess over how amazing you feel since you started being more active. 3. Go Somewhere You've Never Been. Step outside of your comfort zone and do something daring. Mountain hiking, snorkeling in French Polynesia, taking your first cruise. It's good for the soul and forces you to learn new things. 4. Travel

Somewhere With No Map. "Take a road trip without using Apple or Google Maps. No GPS. Just start driving and see where it takes you," writes travel writer Reannon Muth. "You'll never know what sort of fun and exciting adventure you'll end up on as a result."

5. Clear Out Your Clutter! Who knew? Clutter is truly bad for our health and increases stress, according to research. Make 2024 your year of organization and cleanliness. 6. Make the Environment Happy. Reduce waste. Each of us produces more than 2,000 pounds of trash annually, according to some research. Yikes! Ditch the paper towels in favor of rags you cut up from old towels and clothes (like our great grandparents did). Use reusable



grocery bags. Buy less plastic. 6. Volunteer. It's good for our mental and physical health, plus we're helping others. 7. Write Down One Thing You're Grateful for Every Night. End the night with gratitude and you'll feel better when you lay your head on your pillow. 8. Drink More Water. An easy vow. But wow. Studies show that 75 percent of us are chronically dehydrated. Drink up!

9. Stop Multitasking. What! Studies show that multitasking can lead to memory problems, reduces our brain's grey matter, hurts productivity and efficiency, and can even increase stress, anxiety and depression. So, vow to focus on one thing at a time in 2024. 10. Keep A Journal. The University of Rochester Medical Center says journaling can help battle anxiety, stress, and depression. Even if you write only a few sentences, you can reap the benefits. 11. Be Kind on Social Media. "I think everyone who uses social media should strive to empathize more with strangers and respond to others on the internet with kindness," says influencer Julia, also known as itsblitzzz. "Don't let hate or bullying be motivation for interacting on social platforms." 12. Stay In Touch With The People Who Matter. Even a quick call, text, or email can make a world of differ-

ence. 13. And Handwritten Note. 14. Make 2024 the year you send handwritten letters. Nobody does anymore, and it's such a thoughtful, genuine gesture. You will make someone's day. 15. Bring A Plant or Two Into Your Home. They help reduce stress and improve productivity, writes Parade magazine.

16. Play it Forward. Did someone do something nice for you recently? Vow to do something nice for another throughout 2024. Maybe paying for someone's coffee in Starbucks or buying a meal for a homeless person. Receive good things, and spread them, too. 17. Talk Less, Listen More. You'll be surprised. Good things happen, and you'll learn and notice so much more. 18. Practice Saying 'No.' Make 2024 the year you gently set boundaries rather than always saying 'yes.' It can actually improve your relationships with yourself and the people you care about, says Psychology Today. Plus, free you to focus on the things that really matter to you. 19. Write Down Your Goals. Studies show those of us who write down our goals are 42 percent more likely to achieve them. Whatever you want in 2024, commit it to paper. 20. Vow to Go to Bed Happy Each Night. And aim to start each day with happiness and gratitude. 20. Take Part of Your Paycheck and Put It In Savings or Investments. Even a small percentage really adds up. 21. Stay on Top of Your Inbox. This is a toughie we know. But so fulfilling. Aim to clear it out weekly.

SUNDAY, FEBRUARY 4, 2024
11A.M. - 3 P.M.

Bridal Premiere!

Photo by Rebecca Theresa Photography



HYATT REGENCY WESTLAKE
880 Westlake Blvd, Westlake Village
Tickets: \$12 Online / \$15 at Door





The Bridal Premiere is the Place for Brides & Grooms to Be.



Bridal Premiere!

Contact a Bridal Show Vendor to receive FREE TICKET promo code.

Check Out our Previous Show Video

Information: www.bridalpremiere.com 805-376-3515  

Special Gift for Every Bride

Complimentary Copy of California Wedding Day Magazine

CALIFORNIA WEDDING DAY

about your intended field and submit your resume to company representatives. 7. Focus on Learning Not Just Grades. Shift your focus to learning and good grades will follow. Engage in meaningful dialogue in discussion-centered courses. Participate in student-led clubs and organizations relevant to your major.

8. Study More Effectively. Vow to create a set study schedule, find a distraction-free workspace, hand-write your notes, and work with a supportive study group. 9. Apply for New Scholarships. Look for grants and scholarships from organizations and foundations. There's a wide wonderful range of grants and scholarships in categories including ethnic backgrounds, areas of study, geographic locations, military status, and financial need.

KIDS -- Setting goals is as important for youngsters as for teens and grownups. "Encourage your kids to create several resolutions themselves. Then choose one – or more – based on achiev-

ability. Always keep things positive. Create resolutions that start with 'I am going to...' instead of 'I am not going to...'," writes Kids-Konnect.com of its eight fun "2024 New Year's Resolutions." 1. I Am Going to Eat More Healthy Foods. This creates a positive food relationship with the little ones. Mom, Dad. Help them out by limiting junk food at home and introducing fruits or veggies into meals. 2. I Am Going to Move More. Mom, commit to joining a child-friendly yoga class or a soccer team, or – best of all – add a kitchen disco into your routine and enjoy dancing together! 3. I Will Help With Running The Home. Very cool. Whether picking up toys, helping to make the bed, or putting dirty clothes into the laundry basket, giving age-appropriate daily tasks helps build confidence and a sense of belonging. 4. I Will Be Nice to My Family, Friends, Brothers, and Sisters. A given – but vowing it out loud makes it a priority. 5. I Will Be More Involved in My Community. We're never too young to learn to think of others. Look for volunteer opportunities for parents and children. Donating old clothes can be an excellent good deed starter. 7. I Will Be More 'Green.' Nor is it ever too early to teach them about recycling and looking after the planet. They'll be the Earth's keepers in a few years.

COUPLES – Plan a Weekly Date Night, suggests www.thepioneerwoman.com. Nurture your relationship with your significant other by scheduling and sticking to a weekly date night. And remember, not every date has to be a big, splashy night out. You could also stay home and have a movie marathon or learn to cook a new meal together. **FRIENDS –** Go on Friend Dates. Dates are just as beneficial for friendships! Take your besties out on regular "friend dates" and before you know it, you'll be closer than ever. Maybe dinner every Monday at your favorite café, or a weekly movie night.



STUDENTS -- Kickstart your constructive habits with these 2024 New Year's resolutions from bestcolleges.com. 1. Participate More During Class. Studies show that students who participate more perform better academically. Ask questions and contribute to class discussions, establish rapport with your professors and classmates. 2. Get More Involved on Campus. Join a sports team, community service group, cultural club, be politically active. Getting involved can expand your outlook, relationships, all round school experience, and future. 3. Create a Better Work-Life-School Balance. Find a good balance between academic and work obligations, and social relationships. Make time for rest and recreation. 4. Get More Sleep! It's true. Sacrificing sleep can lead to negative academic outcomes including lack of productivity, and poor information retention. 5. Practice Healthier Eating Habits. Don't use your demanding schedule as an excuse to choose junk food over more nutritious foods. Studies show junk food isn't good for your grades. And it can cause brain fog and fatigue. 6. Vow to Attend a Networking or Career Event. You'll establish a positive career trajectory well before graduation. Check out regional and school-wide job fairs to gather information

PETS!!! – Our fur babies have resolutions, too. Here's your doggie's 2024 New Year's Resolutions direct from the American Kennel Club (www.akc.org). 1. Sit for Greetings Instead of Jumping on Guests. Explains your dog, "I love to greet people face to face. Sitting for greetings doesn't feel natural. But it could be okay if you give me lots of treats." 2. Stop Pulling On My Leash. Explains your dog, "Why do you walk so slowly? There are so many fascinating smells to sniff. Maybe a "no-pull" harness would help. And tasty rewards for walking at your side will make me less interested in dragging you down the street." 3. Come When Called. Explains your dog, "You usually call me when you want me to stop doing something; or even worse, you want me to do something I don't like such as having a bath. Why should I come when it means the end of my fun? If you could do a tug-of-war or give me a tasty treat every time I return, I'll change my attitude." 4. Stop Drinking From the Toilet. Explains Fido, "It's full of cool, fresh water, so why shouldn't I drink? To be honest, if you could clean and change my dog bowl water a few times a day, that might change my ways. Even better, if I could get approved for a credit card, and buy myself an oxygenated dog fountain, I'd never look at the toilet again." 5. Stop Sleeping in Your Bed. Explains your dog, "I love luxury. Why would I want



to sleep on the hard, cold floor when there's a perfectly good bed right there? And my favorite people are in it. I could be convinced to sleep in a doggie bed if you got me a super comfortable one and placed it in the bedroom. Then I would be close enough to keep you safe without sacrificing the luxury."



And Cats! We love CatinaF-lat.com's resolutions to make our kitties' 2024 purrfect. 1. Teach Your Cat Tricks. What?! Surprise, surprise – felines can be just as fun to train as dogs. Begin with simple tricks like sitting on command or coming to you when called. How? Put treats in a container and shake it. Gradually phase out the treats until Mr. Wishers comes on his own when you call. (Your dog will be so jealous.) Also getting in the carrier by placing treats inside and even the occasion-

al meal inside it. A few minutes a day working on a single trick is enough. Provide lots of treats for a trick well done. 2. Make Your Home a Feline Fun Zone. Think vertical! Felines love to climb so opening their space upward can be a game changer. Wall-mounted scratching posts, cat shelves, or bridges encourage exercise, and give Tommy Tabby high places from which to survey his kingdom. And cat trees galore. 3. Learn to Communicate. Our furry friends have clever ways to communicate with us, through body language and meowing. Take the time to learn, for example, that when a kitty's tail is pointing straight up with a tiny curve at the end they're happy to see you. And when their tail is lashing from side to side that's the hunting mode. Upright ears means they're relaxed. Ears pressed back against the head means look out! "I'm stressed and/or aggressive." 4. Spend More Time With Your Kitty. They are emotionally attached to you, miss you when you're away, and love routine. Schedule regular playtimes in the morning and evening when they're instinctively most active. Get out the cat toys and woo hoo. An extra perk. If you have multiple cats, playtime prevents one cat from bullying another out of boredom. End each playtime cuddling and fussing over them. 5. Introduce Your Cat to New People. Again, what? But yes, meeting new people and pets improves their social skills, makes them feel more confident and reduces anxiety and fear towards new situations. But don't force the situation. Some felines are shy and don't enjoy socializing at all. Always give them the freedom to exit. And treats.

Annual Winter Wonder Music Festival

Saturday
February 3, 2024
5:00 p.m. – 8:00 p.m.

North Ranch Center
1400 N. Westlake Blvd.
Westlake Village, CA

Headliner:
Brittany and the BSides

Opening:
Prism
Stardust Ramblers

BBQ – Spirits – Silent Auction

Tickets Only Available on Eventbrite 12/01/23

Servicing Adults with Diverse Abilities



THE NASLUND & NASLUND FOUNDATION - Light of Hope Program

Valley Scene Magazine

PUBLISHER
Joshua S. Kushner, Sr.

EDITOR IN CHIEF
Patricia Bradford Rambo II

SENIOR ASSOCIATE EDITOR
Barbara Beckley

RESTAURANT EDITOR
Brad Winchell

TRAVEL EDITOR
Susan McAuley

ASSOCIATE TRAVEL EDITORS
Dru Jenson-Jones
Ronnie Greenberg, Joshua Kushner, Jr.

SPECIAL EVENTS EDITORS
Derek Devermont
Bruce Wildstein

SENIOR TECHNOLOGY EDITOR
Brad Winchell

THEATRE EDITOR
Steve Moyer

PET EXPERT/CONTRIBUTOR
Valli Aman

CONTRIBUTING WRITERS
Barbara Beckley, Jay Warsinske
Chris Boucher, Joanna Parker,
Bruce Wildstein, Jonathan Weichsel,
Rick Castaneda, Kerry Reid,
James Domine (Classical Music)
Brenda Eichinger, Thomas Ferguson,
Lark Aldrin-Fieman, Rhonda Heaslip,
John Hershberg, Shea Vaughn
Hollie Overton, Heather Rayne,
Jessica Renslow, Ester Schultz,
Tony Reverditto, Joan Russell,
Keri Schwab, Tim Wassberg,

STAFF PHOTOGRAPHY/WRITER
Danika Levine, Joshua Shevchuk

LAYOUT & DESIGN
Pam Strugach

ADVERTISING SALES DIRECTOR
Trisch Kushner

ADVERTISING SALES MANAGER
Josh Sanford

CLASSIFIED ADVERTISING MANAGER
Mark Selfman

ACCOUNT EXECUTIVES
Laura Gina Mendos

CIRCULATION MANAGER
Eric Escobar

MAIN OFFICE
(818) 888-2114

ADVERTISING
(818) 888-7141
Fax (818) 888-7142

www.valleyscenemagazine.com

E-mail
contact@valleyscenemagazine.com

Address
6520 Platt Ave Suite 336
West Hills, CA 91307

Torrential Publishing publishes
Valley Scene Magazine every
other Friday. 1 copy per person.
Copyright 2020 All rights reserved



NO MATTER WHAT YOU WANT TO DO IN LIFE,

LIFE TAKES

VISA

lifetakesvisa.com



Sugar, spice
and everything nice.

Get a taste of this holiday's fashions and
find discounts at lifetakesvisa.com/retail

THE RESURGENCE OF STEAMPUNK

A Nostalgic Revolution In Modern Times

By Contributing Writer

In the ever-evolving landscape of fashion and design, trends often come and go, but some manage to make a triumphant return, capturing the imagination of a new generation. One such trend experiencing a remarkable resurgence is Steampunk. This unique and imaginative subculture, blending Victorian aesthetics with futuristic elements powered by steam, is making a captivating comeback in the 21st century.

Originating in the 1980s as a literary genre, Steampunk quickly expanded its influence beyond books, infiltrating fashion, art, and even technology. The allure of this subculture lies in its ability to transport enthusiasts to an alternate reality where



steam-powered machinery, intricate gears, and ornate Victorian fashion dominate the landscape.



One of the driving forces behind the Steampunk revival is a collective yearning for the romanticism and craftsmanship of a bygone era. In a world dominated by sleek, minimalist designs and digital technology, Steampunk provides a refreshing contrast with its celebration of intricate details, brass embellishments, and the tactile nature of gears and cogs.

Fashion, a powerful expression of individuality, has become a prominent avenue for the Steampunk resurgence. Steampunk attire is characterized by its fusion of Victorian clothing with elements of science fiction and adventure. Corsets, top hats, and waistcoats are adorned with gears, goggles, and other imaginative accessories, creating a style that is both nostalgic and avant-garde. Steampunk fashion not only pays homage to the past but also challenges conventional norms, encouraging creativity and self-expression.

Beyond the realm of fashion, the Steampunk influence extends into art and design. Artists are finding inspiration in the intricate machinery and fantastical elements of the subculture, creating stunning visual masterpieces that blend the elegance of the Victorian era with the whimsy of speculative fiction. From paintings to sculptures, the Steampunk aesthetic is permeating the art world, offering a rich tapestry of creativity that resonates with a diverse audience.

The comeback of Steampunk is not confined to the realm of aesthetics; it has

also seeped into modern technology. While steam power may be a relic of the past, Steampunk-inspired gadgets and devices are emerging as a fascinating niche within the tech industry. From custom-designed keyboards adorned with brass keys to USB drives encased in ornate Victorian-style housings, technology enthusiasts are embracing the fusion of old-world charm and contemporary functionality.

Moreover, the Steampunk revival has found a welcoming home in the realm of entertainment. Movies, television shows, and video games are increasingly incorporating Steampunk elements into their narratives, attracting a new generation of fans. The subculture's ability to blend historical settings with fantastical elements provides a unique storytelling canvas that appeals to audiences seeking something beyond the ordinary.

The Steampunk revival is not merely a passing trend; it is a cultural phenomenon that taps into a collective desire for a more imaginative and visually captivating world. As we navigate the complexities of the 21st century, Steampunk serves as a nostalgic escape, inviting us to explore a reality where steam-powered machinery and Victorian elegance converge with the limitless possibilities of the future. Whether in fashion, art, technology, or entertainment, Steampunk's comeback is a testament to the enduring appeal of a bygone era reinvented for the modern age.

DAVID BOWIE'S BIRTHDAY CELEBRATION
FRIDAY JANUARY 12TH 8:30PM

The DIRTY
LOWDOWN
PRESENTS THE EXTREME
DAVID BOWIE TRIBUTE

CHUNKY
DORY

AND THE SLIDERS FROM MARS
WITH SPECIAL GUESTS
PSYCHO RANGER
(BOY'S JANIS)

WWW.THEDIRTYLOWDOWN.COM @THEDIRTYLOWDOWNLIVE

1/12 | NO COVER
8:30PM
18 & OVER



ROCK N ROLL PIZZA BAR
5255 COCHRAN STREET
SIMI VALLEY, CA 93036





FOUR PACK

SAVE SAVE SAVE!



QUAD PACK

\$396 Save 28%

4 Adult Day Tickets

Four Adult-8-Hour Tickets
Use 1 Ticket Per Day • No Blackouts

SCAN TO PURCHASE



Hurry. Offer Ends Dec. 24, 2023

MTHIGH.COM • 888-754-7878





Lights, Camera, Action:

Must-Watch Films Currently Gracing the Silver Screen

By Contributing Writer

As the curtain rises on a new year, cinema enthusiasts are in for a treat with a plethora of exciting new film releases gracing the silver screen. From gripping dramas to heartwarming comedies, the current lineup promises a cinematic experience that caters to a diverse range of tastes. Here are some of the best new film releases that are currently captivating audiences in theaters around the world.



Dune (2023)

Dune (2023)

Director Denis Villeneuve's adaptation of Frank Herbert's science fiction epic, "Dune," has been a colossal hit. With breathtaking visuals, an all-star cast, and a compelling narrative, the film transports audiences to the distant desert planet of Arrakis. Timothée Chalamet delivers a stellar performance as Paul Atreides, leading a cast that includes Zendaya, Oscar Isaac, and Rebecca Ferguson. "Dune" is a mesmerizing journey into a richly detailed and visually stunning universe.

The French Dispatch (2023)

Wes Anderson's signature style is on full display in "The French Dispatch." This anthology film, set in the fictional French

city of Ennui-sur-Blasé, brings to life the stories published in the final issue of an American magazine. The film boasts an ensemble cast including Bill Murray, Owen Wilson, and Frances McDormand. Anderson's quirky storytelling, meticulous set design, and unique visual language make "The French Dispatch" a delightful and whimsical cinematic experience.

Spider-Man: No Way Home (2022)

The Marvel Cinematic Universe swings back into action with "Spider-Man: No Way Home." Tom Holland reprises his role as Peter Parker, and this time he finds himself navigating through a multiverse of Spider-People, facing old foes, and forging unexpected alliances. Packed with thrilling action sequences, humor, and heart, this installment in the Spider-Man franchise is a fan-favorite, appealing to both longtime comic book enthusiasts and casual moviegoers.

The Power of the Dog (2021)

Directed by Jane Campion, "The Power of the Dog" is a thought-provoking drama that has garnered critical acclaim. Set in the 1920s American West, the film explores themes of masculinity, power dynamics, and repressed emotions. Benedict Cumberbatch delivers a standout performance as a rancher whose life takes an unexpected turn with the arrival of his brother's new wife, played by Kirsten Dunst. The film's atmospheric storytelling and powerful performances make it a must-watch.

Licorice Pizza (2021)

Directed by Paul Thomas Anderson, "Licorice Pizza" is a nostalgic and charming coming-of-age film set in the 1970s San Fernando Valley. The story follows the unconventional romance between a teenage actor played by Cooper Hoffman and a



Spider-Man

young woman played by Alana Haim. With its witty dialogue, vibrant characters, and a stellar soundtrack, the film captures the essence of a bygone era while delivering a contemporary and engaging narrative.

Spencer (2021)

"Spencer" offers a glimpse into the life of Princess Diana during a pivotal weekend at Sandringham Estate. Kristen Stewart delivers a mesmerizing performance as the iconic princess, capturing both the public persona and the private struggles of Diana. Directed by Pablo Larraín, the film delves into themes of identity, duty, and the pressures of royal life, providing a poignant and intimate portrait of a complex historical figure.

Don't Look Up (2021)

This dark comedy, directed by Adam McKay, takes a satirical look at humanity's response to an impending global catastrophe—an approaching comet set to collide with Earth. With a star-studded cast including Leonardo DiCaprio, Jennifer Lawrence, and Meryl Streep, "Don't Look Up" blends humor with a sharp social commen-

tary, tackling issues such as climate change, media sensationalism, and societal indifference.

Whether you're a fan of epic science fiction, quirky comedies, or thought-provoking dramas, the current lineup of film releases offers something for everyone. From the visually stunning world of "Dune" to the whimsical charm of "Licorice Pizza," these movies showcase the diversity and creativity of contemporary cinema. So, grab your popcorn, settle into your seat, and let these cinematic gems transport you to worlds both familiar and fantastical.



Licorice Pizza

The 66th Annual Grammy Awards

The Best Honor In Music

By Contributing Writer

The 66th Annual Grammy Awards will honor the best recordings, compositions, and artists as chosen by The Recording Academy on February 4, 2024. The ceremony will be broadcast on CBS and available to stream on Paramount+ and will be hosted by Trevor Noah.

SZA received the most nominations with nine, followed by Victoria Monét, Phoebe Bridgers and Serban Ghenea with seven each. Monét's 2-year-old daughter, Hazel, became the youngest nominee in Grammy history; she was a featured artist on her mother's song "Hollywood" For 2024 the academy changes for different categories.

Category Changes

Three new categories – Best African Music Performance, Best Alternative Jazz Album and



Best Pop Dance Recording – were added. There are 94 categories total.

Two categories, Producer of the Year, Non-Classical and Songwriter of the Year, Non-Classical, were moved to the General Field.

The nominees in the "Big Four" categories (Album of the Year, Record of the Year, Song of the Year, and Best New Artist) was reduced to eight.

In order to qualify for Album of the Year, the credited artists, featured artists, songwriters,

producers, engineers, mixers and mastering engineers must play on 20% of an album's playing time. There had previously been no minimum level of involvement required at the preceding two Grammy Awards.

The requirement that a project must include at least 51% performance-based material has been removed from the Best Music Film category.

Best Regional Mexican Music Album (including Tejano) has been renamed Best Música Mexicana Album (including Tejano).

Best Improvised Jazz Solo has been renamed Best Jazz Solo Performance.

Field Changes

The Grammy ballot was reduced from 26 fields to 11, not including the General Field. This was done to ensure that all voting members were able to exercise all 10 of their allocated votes, as this was prevented when some fields only contained one category. In addition, voters are encouraged to cast up to ten genre category votes spread across a maximum of three fields. The fields are as follows:

General (6 categories); Pop & Dance/Electronic Music (6 categories); Rock, Metal & Alternative Music (6 categories); R&B, Rap & Spoken Word Poetry (10 categories); Jazz, Traditional Pop, Contemporary Instrumental & Musical Theater (9 categories); Country & American Roots Music (13 categories); Gospel & Contemporary Christian Music (5 categories); Latin, Global, African, Reggae & New Age, Ambient or Chant Music (10 categories); Children's, Comedy, Audio-book Narration and Storytelling, Visual Media & Music Video/Film (9 categories); Package, Notes & Historical (4 categories); Production, Engineering, Composition & Arrangement (8 categories); Classical Music (8 categories)

Nominees

First round voting took place from October 11 to October 20, 2023. The nominations were announced on November 10 on a livestream by Arooj Aftab, Vince Gill and Amy Grant, Jimmy Jam, Jon Bon Jovi, Samara Joy, Muni Long, Cheryl Pawelski, Kim Petras, Judith Sherman, St. Vincent, Jeff Tweedy, Weird Al Yankovic, Gayle King, Nate Bursleson, Tony Dokoupil, and Harvey Mason Jr.





By Contributing Writer

PRESERVING MEMORIES

A Step-by-Step Guide To Digitizing Your Home Videos And Photos

In the digital age, our homes are filled with cherished memories captured on old VHS tapes, film reels, and fading photographs. As technology evolves, it becomes increasingly important to preserve these moments by transferring them into a more enduring format. Fortunately, the process of digitizing your home videos and photos has become simpler than ever, allowing you to safeguard your memories for future generations.

Gather Your Materials

Before you begin the digitization process, gather all the materials you'll need. This includes a reliable computer with sufficient storage space, an external hard drive for backup, and the appropriate cables to connect your devices. You may also need a VHS player, film scanner, or photo scanner, depending on the formats of your original materials.

Choose the Right Equipment

Selecting the right equipment is crucial for achieving high-quality digital copies. For VHS



tapes, consider using a video capture device that connects to your computer via USB. Film scanners are ideal for converting old reels, while flatbed or dedicated photo scanners work well for pictures. Ensure your devices are compatible with your computer and meet the resolution requirements for optimal results.

Organize and Label

Before diving into the digitization process, take some time to organize your materials. Label each tape, reel, or photo album to keep

track of the content and make it easier to sort and name digital files later. This step will not only streamline the process but also contribute to the organization of your digital archive.

Clean and Prepare Your Materials

Dust and debris can accumulate on old tapes, films, and photographs, affecting the quality of your digital copies. Gently clean each item using a soft brush or cloth to remove dirt and ensure a clearer image. Handle delicate materials with care, and consider seeking professional assistance for exceptionally fragile items.

Digitize Your Content

Connect your VHS player, film scanner, or photo scanner to your computer and follow the manufacturer's instructions for setup. Use dedicated software or third-party applications to capture and convert your analog content into digital files. Monitor the process to ensure that each item is transferred successfully.

Edit and Enhance

After digitizing your home videos and photos, take advantage of editing software to enhance the quality and fix any imperfec-

tions. You can adjust color balance, reduce noise, and even add captions or titles to your videos. Editing allows you to preserve your memories in the best possible condition.

Backup Your Digital Files

Once the digitization process is complete, create backups of your files to prevent potential loss. Invest in an external hard drive or utilize cloud storage services to store your digital memories securely. Having multiple copies ensures that your cherished moments are safeguarded against hardware failures or accidental deletions.

Share and Enjoy

With your memories now in digital form, you can easily share them with friends and family. Create digital albums, share on social media, or even compile a family video montage. Digital formats are versatile and make it convenient to relive and celebrate special moments.

Preserving your home videos and photos through digitization is a rewarding and worthwhile endeavor. Not only does it protect your memories from deterioration, but it also allows you to share them with future generations in a format that is easily accessible and enduring. Take the time to digitize your precious moments and ensure that the stories captured on old tapes and photographs continue to be a source of joy for years to come.

DIRTY VIBE MEDIA

SERVICES:

- Video Production
- Product Advertisements
- Social Media Content
- 3D Design, Animation & Rendering
- 3D Fashion Design

WHO WE ARE:

We are a small team of digital artists based in the heart of DTLA. Our mission is to create stunning product advertisements, films, motion graphics and artwork for industry leading brands

Videos starting at \$699

CLICK HERE TO CONTACT US!

DIRTYVIBEMEDIA.COM

818-825-2051

BRIGHT SMILE DENTAL CLINIC & LAB

We Bring Your

HEALTHY SMILE

Lets Take Care Of Your Teeth

**FREE
CONSULTATION
FOR THE MONTH OF
JANUARY**

Dental Implants

Dental Cleaning

Fill & Root Canals

Crown & Bridges

mydentalvisit.com



ALL YOUR FAVORITE HAWAIIAN TUNES IN HI-DEF

STEREO



KULAIWI • HIIKUA • JERRY SANTOS
JEFF PETERSON • JIM "KIMO" WEST
SEAN PARKS • NAMAKA COSMA
LEOKANE PRYOR • KEN EMERSON

PERFORMING LIVE AT THE
**SOUTHERN CALIFORNIA
SLACK KEY
FESTIVAL**

**JANUARY 14, 2024
REDONDO BEACH
PERFORMING ARTS CENTER**

17th
annual

*The biggest
Hawaiian music
event of the year!*



SLACKKEYFEST.COM



SPIRITS/TASTES

REVITALIZE YOUR MORNING AFTER THE BEST HANGOVER COCKTAILS TO CURE THE ACHING HEAD

By Contributing Writer

We've all been there – the pounding headache, the queasy stomach, and the overwhelming fatigue that follows a night of indulgence. When it comes to conquering the dreaded hangover, a carefully crafted cocktail can be just what the doctor ordered. In this guide, we explore the world of the best hangover cocktails, each designed to revive your

spirits and replenish your body after a night of revelry.

Bloody Mary: The Classic Reviver

No list of hangover cocktails would be complete without the classic Bloody Mary. This iconic drink combines vodka, tomato juice, and a myriad of spices, creating a savory concoction that not only satisfies your taste buds but also provides a hydration boost. The addition of celery, olives, and a dash of hot sauce adds an extra layer of flavor and revitalization.

Mimosa: Bubbles and Citrus Bliss

For those who prefer a lighter touch, the Mimosa is a brunch favorite that combines equal parts champagne and chilled citrus juice, typically orange juice. The effervescence of the champagne and

"Hangovers don't last forever but drunk memories do."

-Natalia Smirnoff

Blue Apron is now a
**CARBON-NEUTRAL
COMPANY.**



Michelada: The Spicy Pick-Me-Up

Originating from Mexico, the Michelada is a beer-based cocktail that adds a spicy twist to the classic beer-and-tomato combination. Mix your favorite lager with tomato juice, lime juice, hot sauce, and spices for a zesty and invigorating drink. The Michelada is not only delicious but also an excellent source of hydration and electrolytes, making it a smart choice for hangover recovery.

Penicillin: Whisky to the Rescue

For those seeking a stronger remedy, the Penicillin cocktail is a whisky-based concoction that combines smoky Islay Scotch with honey, ginger, and lemon. This complex and flavorful cocktail is not only a treat for the taste buds but also a soothing elixir for your aching head. The ginger provides a comforting warmth, while the honey and lemon contribute a touch of sweetness and acidity.

The morning after a night of celebration doesn't have to be a painful experience. Embrace the healing power of these hangover cocktails to rejuvenate your body and soul. Whether you prefer the bold flavors of a Bloody Mary, the effervescence of a Mimosa, or the comforting warmth of a Penicillin, these cocktails are sure to lift your spirits and help you face the day with renewed vigor. Remember to drink responsibly and savor each sip as you bid farewell to the remnants of the night before. Cheers to a brighter morning after!

the bright acidity of the citrus work together to refresh your palate and rehydrate your body. Sip on this delightful concoction and let the bubbles lift your spirits.

Corpse Reviver #2: A Hair of the Dog

The Corpse Reviver #2 is a classic hair-of-the-dog cocktail known for its bracing combination of gin, Cointreau, Lillet Blanc, and a touch of absinthe. Don't be put off by the name; this cocktail is a true revival elixir. The herbal and citrus notes provide a much-needed kick to jolt your senses awake and help you shake off the hangover blues.





HOT DIGGITY DOG!

HOT DOG STANDS THAT WILL MAKE YOUR TASTE BUDS DANCE!

By Contributing Writer

Los Angeles, a city known for its diverse culinary scene, is a haven for food enthusiasts seeking unique and delicious offerings. Among the myriad of options, hot dog stands stand out as iconic, providing a quick and satisfying bite. Here's a mouth-watering journey through the top 10 hot dog stands in Los Angeles, where flavor meets tradition.

Dog Haus

Dog Haus takes the humble hot dog to gourmet heights. With inventive flavor combinations, artisan rolls, and a variety of sausages, Dog Haus elevates the hot dog game. Their commitment to quality and creativity has earned them a spot among L.A.'s top hot dog destinations.

The Greasy Wiener

Bringing a rock-and-roll vibe to the hot dog scene, The Greasy Wiener



traditional flavors, this spot is a favorite among those looking for a delicious kosher hot dog experience.

Chroni's Famous Sandwich Shop

Tucked away in South Central Los Angeles, Chroni's Famous

Sandwich Shop is a local favorite for classic hot dogs and sausages. The friendly atmosphere and wallet-friendly prices make it a go-to spot for those in search of a no-frills, satisfying hot dog experience.

Papaya King

Originally from New York, Papaya King has found a home in Los Angeles, bringing its famous hot dogs to the West Coast. Known for their tropical drinks and classic New York-style hot dogs, Papaya King offers a taste of

the East Coast in the heart of Hollywood.

In a city as diverse as Los Angeles, the hot dog stands mentioned above represent a range of flavors, styles, and atmospheres. Whether you're a fan of classic chili dogs, gourmet twists, or unique creations, these hot dog stands offer a culinary journey that reflects the vibrancy and creativity of the City of Angels. So, next time you're craving a delicious hot dog, explore one of these iconic stands and let your taste buds revel in the flavors of L.A.



SMALL BATCH—DON'T MISS OUT.

BACON CHEESEBURGER SAUSAGE



LTO.DOGHAUS.COM



Pink's Hot Dogs

No list of L.A. hot dog stands is complete without mentioning Pink's. A Hollywood institution since 1939, Pink's is renowned for its classic chili dogs and celebrity-endorsed creations. The lines may be long, but the experience and the flavor-packed hot dogs are worth the wait.

Carney's Express Limited

Serving up hot dogs with a side of nostalgia, Carney's Express Limited is a must-visit for those seeking a unique dining experience. This iconic hot dog stand is housed in a converted train car, offering a quirky atmosphere to enjoy their delicious dogs, loaded with all the classic toppings.

Wurstküche

While primarily known for its exotic sausages, Wurstküche in Downtown Los Angeles is a haven for hot dog lovers. With options like the classic bratwurst and more adventurous choices like rattlesnake and rabbit, this spot caters to those looking to elevate the hot dog experience.

is a food truck that serves up hot dogs with a side of attitude. With creative names like "Dirty Sanchez" and "L.A. Smog," their hot dogs are as bold and flavorful as their names suggest.

Larry's Chili Dog

A family-owned gem in Burbank, Larry's Chili Dog has been dishing out classic chili dogs for over three decades. With its retro charm and dedication to quality, Larry's is a beloved spot for locals and visitors alike.

Vicious Dogs

Located in North Hollywood, Vicious Dogs lives up to its name with a menu featuring over 25 different hot dog options. From traditional Chicago dogs to inventive specialties like the "Hawaiian" with pineapple salsa, Vicious Dogs offers something for every hot dog enthusiast.

Jeff's Gourmet Sausages

Situated in the heart of Pico-Robertson, Jeff's Gourmet Sausages is known for its kosher hot dogs and sausages. Offering a unique twist on

Step Into The Landscape Of Stem Cell Research

By Contributing Writer

In the dynamic realm of medical science, breakthroughs in stem cell research continue to captivate the world, offering unprecedented possibilities for the treatment of various diseases and injuries. As we step into 2024, the landscape of stem cell research is evolving rapidly, with novel discoveries and innovative approaches shaping the future of regenerative medicine.

The Promise of Pluripotency

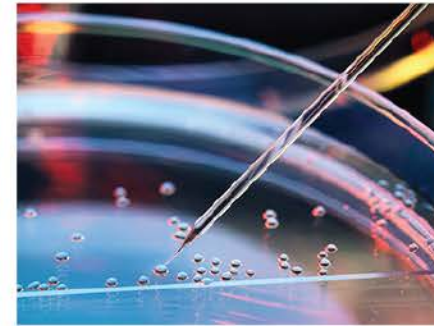
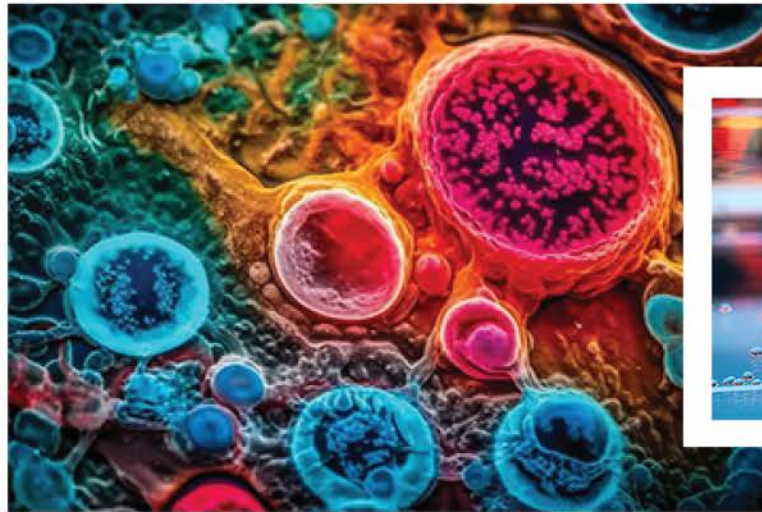
One of the key advancements in stem cell research centers around the harnessing of pluripotent stem cells. Researchers have made significant strides in developing techniques to reprogram adult cells into induced pluripotent stem cells (iPSCs), which possess the unique ability to differentiate into any cell type in the human body. This breakthrough not only eliminates the ethical concerns associated with embryonic stem cells but also opens up new avenues for personalized medicine.

Tailored Therapies for Neurological Disorders

In 2024, researchers are making noteworthy progress in using stem cells to address debilitating neurological disorders. Clinical trials are underway to evaluate the efficacy of stem cell therapies for conditions such as Parkinson's disease, Alzheimer's, and spinal cord injuries. Preliminary results show promise, with some patients experiencing improvements in motor function and cognitive abilities. This marks a significant leap forward in the quest for effective treatments for diseases that have long posed formidable challenges to the medical community.

Cardiac Regeneration

Stem cell research is also making waves in the field of cardiology.



Scientists are exploring the potential of using stem cells to regenerate damaged heart tissue after a heart attack. Early trials indicate that stem cell therapies can improve cardiac function and reduce the risk of heart failure, offering hope to millions of individuals suffering from cardiovas-

cular diseases. As research progresses, this approach could revolutionize the treatment of heart-related ailments. **Cancer Immunotherapy Advancements**

Stem cells are playing a pivotal role in the development of cutting-edge cancer immunotherapies. Researchers

are engineering stem cells to enhance the body's immune response against cancer cells. This novel approach holds the promise of more targeted and personal-

ethical considerations remain at the forefront of discussions. The scientific community is working collaboratively to establish clear guidelines and ethical frameworks to govern the use of stem cells. Striking a balance between scientific progress and ethical responsibility is crucial to ensure the responsible and ethical application of stem cell technologies.

As we navigate the evolving landscape of stem cell research in 2024, the horizon is filled with optimism. From unlocking the potential of pluripotency to tailoring therapies for neurological disorders and advancing cancer immunotherapies, these breakthroughs are reshaping the future of medicine. While challenges and ethical considerations persist, the strides made in stem cell research offer a glimpse into a future where regenerative medicine transforms the way we approach and treat a myriad of diseases, bringing newfound hope to patients and healthcare providers alike.

ized cancer treatments, potentially reducing the side effects associated with conventional therapies. As clinical trials advance, the integration of stem cells into cancer treatment protocols may become a standard practice. **Ethical Considerations and Regulatory Framework**

While the strides in stem cell research are undeniably promising,

Drew Barrymore with Aiden, 3

Live L.A. Give L.A.

Join Drew in helping kids like Aiden survive leukemia.

Donate today
CHLA.org/GiveLA

Children's Hospital
LOS ANGELES
We Treat Kids Better

VALLEY JCC COMMUNITY CENTER

ECLIPSE

VALLEY JCC AND ECLIPSE PRESENT

SPRING SPORTS CLINICS

(BASKETBALL, SOCCER OR FLAG FOOTBALL)
BOYS AND GIRLS AGES 5-11

ALL SKILL LEVELS WELCOME

8 SUNDAY SESSIONS 11AM-12:30PM - \$45 PER SESSION
FEB. 26TH - APR. 30TH (NO CLINICS ON APR. 2 OR APR. 9)
PIERCE COLLEGE NORTH GYM AND FIELDS 6201 WINNETKA AVE, WOODLAND HILLS 91367

Session 1	February 26th	Session 5	March 26th
Session 2	March 5th	Session 6	April 16th
Session 3	March 12th	Session 7	April 23rd
Session 4	March 19th	Session 8	April 30th

SIGN UP FOR ONE SESSION OR ALL 8 SESSIONS
REGISTER FOR ALL 8 SESSIONS AND RECEIVE \$5 OFF PER SESSION
CLINIC T-SHIRTS AVAILABLE FOR PURCHASE \$15

REGISTER FOR BASKETBALL, SOCCER OR FLAG FOOTBALL AT:
WWW.VALLEYJCC.ORG/SPRINGCLINICS

FEE INCLUDES COACHING AND FACILITY USAGE. PARTICIPANTS WILL LEARN BASIC FUNDAMENTALS AND SKILLS IN THE SPORT THEY CHOOSE WHILE HAVING FUN AND MAKING NEW FRIENDS.

FOR MORE INFORMATION CONTACT BEN YEGER
AT (818) 961-7599 OR ECLIPSEBASKETBALLTEAM@GMAIL.COM

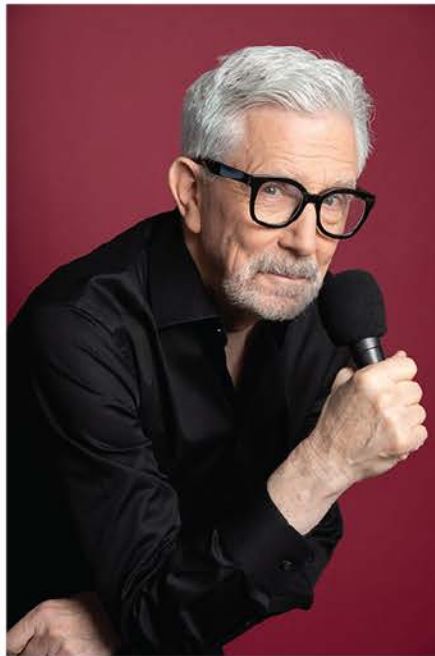
Come See The Upcoming Shows El Portal Theatre In North Hollywood

By Contributing Writer

The historic El Portal Theatre in the heart of NoHo Arts District is a dynamic three-theatre performing arts complex. El Portal Theatre features musicals, plays, dance, educational arts programs, and unique acts from around the world. Here are some upcoming shows!

Mack & Mabel

Mack & Mabel In Concert is a fully staged and choreographed presentation of legendary Broadway composer Jerry Herman's favorite score starring motion picture star Dermot Mulroney, Broadway Aussie star Caroline O'Connor, and introducing Jenna Rosen as Mabel. This rollicking and rowdy romantic musical comedy is based loosely on the star-crossed love affair of silent film director



Fritz Coleman

Sennett "Bathing Beauties" and a dazzling Tap Dancing finale. The show has gone on to world wide cult status and now regarded as one of Broadway's greatest "forgotten" musicals.

Fritz Coleman

Los Angeles favorite and Honorary Mayor of Toluca Lake Fritz Coleman takes a Sunday afternoon residency at El Portal! Fritz's live

Fritz's shows incorporate his favorite stories and observations. Go with him as he weaves his eloquent yet hilarious tales over 4 Sundays. The show changes every time!

Big Mardi Gras Rock Show Of New Orleans

Big Pearl & Big Chief Alfred Doucette are a magical force in Mardi Gras Rock Show of New Orleans. Doucette & Ramos are infectious performers separately, but put them together, and they knock your socks right off. This dynamic duo has been performing since 2005 throughout the New Orleans club scene and beyond. Now, they are in North Hollywood for a fun-filled performance exciting for the whole family.

They will be performing New Orleans classics.

Jackie "The Joke Man" Martling

Jackie "The Joke Man" Martling is a comedian, radio personality, actor, author and singer/songwriter. For eighteen years he was head writer and a cast member on the Howard Stern Show. Jackie has headlined comedy shows coast-to-coast and may just be America's last great joke teller, with his lightning-fast wit and infectious laugh which have established him as a comedy icon - the subject of his own documentary "Joke Man".

El Portal Theatre is located at 5269 Lankershim Blvd. in North Hollywood, CA 91601. Contact the Box Office at (818) 508-4200 or email info@elportaltheatre.com. For more information log onto <https://elportaltheatre.com>

WHITEFIRE THEATRE
PRESENTS

SOLOFEST 2024

A celebration of the solo journey
JANUARY 11 - MARCH 16, 2024

The largest solo theatre festival on the West Coast

HOSTED BY
BRYAN RASMUSSEN &
RACHAEL STEIN

TICKETS AT
WHITEFIRETHEATRE.COM



Mack Sennett and screen star Mabel Normand. This presentation features extravagant choreography, the wild and acrobatic high-jinks of the Keystone Cops, the gorgeous Mack

comedy show for "woke boomers," covers topics from Zoom school to retirement to becoming vegan to pharmaceuticals to celebrating growing up and growing old!



EMBRACE THE SUN!

SUMMER DESTINATIONS DURING WINTER?

By Contributing Writer

As the seasons change, so does the opportunity for a sun-soaked escape. While some parts of the world are shivering in winter's icy grip, others are basking in the warmth of summer. If you're yearning for sunshine, beaches, and outdoor adventures, here are the top seven places in the world where it is currently summer.

its lively Carnival, Copacabana and Ipanema beaches, and the Christ the Redeemer statue, Rio is a summer paradise. Enjoy samba music, indulge in Brazilian cuisine, and soak up the sun on the golden shores.

Bali, Indonesia

Known for its picturesque landscapes and vibrant culture, Bali is a tropical haven that



through charming villages like Oia, and savor delicious Mediterranean cuisine.

Honolulu, Hawaii, USA

In the middle of the Pacific Ocean, Honolulu, the capital of Hawaii, experiences perpetual summer. With its lush landscapes, volcanic craters, and world-famous Waikiki Beach, Honolulu is a paradise. Explore the Pearl Harbor Memorial, hike Diamond Head, or simply relax on the stunning beaches surrounded by swaying palm trees.

Whether you're seeking adventure, relaxation, or a cultural experience, these seven summer destinations around the world offer a diverse range of activities and landscapes. From

the iconic landmarks of Sydney to the tropical paradise of Bali, each location promises a unique and unforgettable summer escape. So, pack your bags, embrace the warmth, and embark on a journey to one of these top summer destinations.



Sydney, Australia

Down under in the Southern Hemisphere, summer is in full swing in Sydney, Australia. The city's iconic landmarks, such as the Sydney Opera House and Bondi Beach, become even more appealing under the radiant Australian sun. With temperatures soaring, it's the perfect time to explore the vibrant culture, surf the waves, and indulge in outdoor festivities.

Cape Town, South Africa

Situated at the southern tip of the African continent, Cape Town experiences its summer from December to February. The city boasts stunning landscapes, from the iconic Table Mountain to the pristine beaches of Clifton and Camps Bay. Visitors can enjoy outdoor activities like hiking, wine tasting in the nearby vineyards, and taking a boat trip to Robben Island.

Rio de Janeiro, Brazil

In the heart of South America, Rio de Janeiro is alive with the vibrant energy of summer. Famous for

experiences summer throughout the year. From the lush rice terraces of Tegallalang to the beaches of Seminyak and Uluwatu, Bali offers a blend of relaxation and adventure. Explore ancient temples, surf the waves, and immerse yourself in the island's rich traditions.

Cancun, Mexico

On the eastern coast of Mexico, Cancun is a popular summer destination with its turquoise waters, white sandy beaches, and lively nightlife. The Yucatan Peninsula offers opportunities for exploring ancient Mayan ruins, snorkeling in the Great Maya Reef, and enjoying the vibrant atmosphere of the Hotel Zone.

Santorini, Greece

In the northern hemisphere, summer graces the enchanting island of Santorini in Greece. Famous for its whitewashed buildings perched on cliffs overlooking the Aegean Sea, Santorini is a romantic and picturesque destination. Enjoy breathtaking sunsets, stroll

A Culinary Symphony! Inside The Lavish Kitchens Of Top Celebrities

By Contributing Writer

In the glitzy realm of celebrity lifestyles, the allure of opulent homes extends beyond red carpet events and sprawling estates. One often overlooked but fascinating aspect is the heart of these homes—the kitchens. Beyond the glamor-



ous exterior, the culinary spaces of top celebrities reveal a world of extravagance and style. Let's take a peek into the top celebrity kitchens that blend functionality with luxury, creating spaces where culinary dreams come to life.

Chrissy Teigen and John Legend:

Chrissy Teigen, the queen of witty comebacks on social media, and her Grammy-winning husband John Legend, have a kitchen that mirrors their vibrant personalities. The couple's kitchen is a chef's dream, equipped with state-of-the-art appliances, an expansive marble island, and a personalized touch of warmth. The open layout seamlessly connects with the rest of the house, making it a hub for family gatherings and entertaining guests.

Gordon Ramsay:

It comes as no surprise that world-renowned chef Gordon Ramsay boasts a kitchen that is nothing short of extraordinary. Ramsay's culinary kingdom features top-of-the-line equipment, an extensive array of cookware, and a meticulously organized layout. With a professional-grade stove, multiple ovens, and a vast marble countertop, Ramsay's kitchen is a testament to his commitment to the culinary arts.

Kim Kardashian and Kanye West:

In contrast to the elaborate lifestyles often associated with celebrity couples, Kim

Kardashian and Kanye West's kitchen leans towards a minimalist aesthetic. The sleek design, clean lines, and neutral color palette create an atmosphere of modern elegance. The couple's kitchen is a fusion of functionality and style, with high-end appliances discreetly integrated into the overall design.

Ellen DeGeneres and Portia de Rossi:

Comedic genius Ellen DeGeneres and her wife, actress Portia de Rossi, have crafted a kitchen that brings the outdoors inside. Floor-to-ceiling windows flood the space with natural light, while the earthy color scheme and organic materials create a warm and inviting ambiance. The couple's commitment to sustainability is reflected in their choice of eco-friendly appliances and recycled materials.



Beyoncé and Jay-Z:

Power couple Beyoncé and Jay-Z's kitchen is a symphony of luxury and sophistication. Marble countertops, custom-made cabinetry, and gold accents contribute to the overall grandeur. The kitchen seamlessly blends modern design with classic elements, creating a space that is both timeless and contemporary. It's a place where the Carters can indulge in culinary delights while surrounded by unmatched luxury.

These glimpses into the kitchens of top celebrities showcase not only their impeccable taste but also their dedication to creating functional yet aesthetically pleasing spaces. Beyond the glitz and glamour, these kitchens are a testament to the individuality of each celebrity couple, offering a window into their personal lives. From minimalist elegance to opulent luxury, these culinary spaces prove that the kitchens of the rich and famous are as diverse and intriguing as the celebrities themselves.

RENT SOME FUN!

Summertime Adventures!



Open 7 Days-a-Week!



RENT SURREYS • SPECIALTY BIKES • SWAN BOATS
TANDEMS • CRUISER BIKES • KIDS BIKES & MORE!

2 LOCATIONS AT LAKE BALBOA!

6300 Balboa Blvd., Van Nuys, CA 91316

SWAN BOAT RENTALS: (818) 437-7559 • wheelfunrentals.com/balboa-boats
BIKE RENTALS: (818) 212-4263 • wheelfunrentals.com/balboa-bikes

SWAN BOAT RENTALS AT ECHO PARK LAKE!

751 Echo Park Ave., Los Angeles, CA 90026

(213) 444-9445 • wheelfunrentals.com/echo

Online Reservations Required, see website for details.

wheelfunrentals.com/LA • (805) 650-7770

FRIDAY FEB 9 - 8 PM



UNIVERSAL BAR AND GRILL ★ 4093 LANKERSHIM BLVD, ★ NORTH HOLLYWOOD



with CLASSIC ROCK MUSIC ALL NIGHT
CALIFLWR, THE MOTORIST, A DARKER BRIGHT

RISE
STAR
PRODUCTIONS
bkmonney@aol.com
661-263-8618

PLUS - GREAT PUB GRUB, GREAT BEERS & COCKTAILS, BILLIARDS & MORE!

Soaring Heights

Skydiving Thrills Await You In Los Angeles In 2024

By Contributing Writer

As we step into 2024, the City of Angels is not just renowned for its glamorous Hollywood scene and sun-kissed beaches but also for offering an adrenaline-pumping experience that defies gravity – skydiving. Los Angeles has become a premier destination for thrill-seekers looking to take their adventures to new heights, literally. Whether you're a seasoned skydiver or a first-timer, the skies above Los Angeles beckon with unparalleled

excitement and breathtaking views.

The Thrill of the Dive

Skydiving in Los Angeles is an exhilarating experience that offers

ed by the vast expanse of the Pacific Ocean, the iconic city skyline, and the majestic mountain ranges – an unparalleled panorama that makes each jump a unique and unforgettable experience.



the perfect blend of heart-pounding excitement and awe-inspiring scenery. Imagine free-falling from thousands of feet above, surround-

State-of-the-Art Facilities

In 2024, Los Angeles boasts cutting-edge skydiving facilities equipped with the latest technolo-

gy and safety measures. Top-tier skydiving centers such as Sky SoCal Adventures and LA



Skydiving provide a seamless and secure experience, ensuring that thrill-seekers can focus on the adrenaline rush without compromising safety. These facilities offer tandem jumps for beginners, accelerated freefall training for those looking to become certified skydivers, and even options for

experienced jumpers to hone their skills.

Spectacular Drop Zones

The drop zones in Los Angeles are strategically located to offer divers the most spectacular views during their descent. Popular locations include Perris Valley Skydiving, nestled amidst picturesque landscapes and surrounded by the beauty of Lake Perris, and Elsinore, where divers can enjoy the breathtaking scenery of the Ortega Mountains and the shimmering waters of Lake Elsinore. These drop zones not only provide a thrilling skydiving experience but also serve as hubs for the skydiving community to come together and share their passion.

Accessible to All Skill Levels

Whether you're a seasoned skydiver or someone considering their first jump, Los Angeles caters to all skill levels. Tandem jumps, where beginners are harnessed to an experienced instructor, allow first-timers to experience the thrill without the extensive training. For those seeking more independence in the air, accelerated freefall courses provide comprehensive training for solo jumps. Los Angeles truly offers a skydiving experience for everyone, regardless of their skill level or previous experience.

In 2024, skydiving in Los Angeles isn't just an adventure; it's a journey into the unknown, a leap of faith, and an opportunity to conquer the skies. With state-of-the-art facilities, breathtaking drop zones, and accessibility for all skill levels, the City of Angels has firmly established itself as a top destination for skydiving enthusiasts worldwide. So, if you're ready to take the plunge and experience the ultimate thrill, gear up for an unforgettable skydiving adventure in the skies of Los Angeles – where the only way is down, but the experience is truly out of this world.

WWW.YMCALA.ORG/LOCATIONS/WEST-VALLEY-FAMILY-YMCA

After School Enrichment Programs, Swimming, Sports and More

THE PLACE TO BE AFTER SCHOOL

After School Program



18810 VANOWEN ST, RESEDA, CA 91335 (818) 774-2840

PAWS AND PIMPLES By Contributing Writer

DOES YOUR PET HAVE ACNE?

When we think of acne, images of teenage faces often come to mind. However, it may surprise you to learn that pets, especially cats and dogs, can also suffer from a similar condition. Pet acne, though not as well-known as its human counterpart, is a real and sometimes overlooked issue. Understanding the causes, symptoms, and treatment options can help pet owners ensure the well-being of their furry companions.

Causes of Pet Acne

Pet acne, also known as chin acne or feline acne, is typically caused by the blockage of hair follicles on a pet's chin or lip area. The condition is more common in cats, but dogs can also be affected. The exact cause of pet acne can vary, but factors such as poor grooming habits, allergies, or reactions to certain materials in food bowls can contribute to its development. Additionally, stress and hormonal changes may also play a role in the occurrence of acne in pets.

Symptoms of Pet Acne

Identifying pet acne can be challenging, as the symptoms may be subtle. Look out for the following signs:

Blackheads and Pimples

The primary visual indicators of pet acne are the appearance of blackheads or red pimples on the chin or lips. These may be accompanied by swelling and inflammation.

Itching and Discomfort

Pets with acne may exhibit signs of discomfort, such as excessive scratching or rubbing their chin against surfaces.

Hair Loss

In severe cases, pet acne can lead to hair loss in the affected area.

Treatment options for pet acne vary based on the severity of the condition. In mild cases, simple changes in hygiene practices, such as cleaning the affected area with a mild, pet-safe



Diagnosis and Treatment

If you suspect your pet has acne, consult with a veterinarian for a proper diagnosis. The vet will examine the affected area and may perform additional tests to rule out other potential causes.

cleanser, may be sufficient. Using stainless steel or ceramic food bowls instead of plastic can also help reduce the risk of irritation.

For more severe cases, veterinarians may prescribe

topical medications or antibiotics to address infections and inflammation. In certain instances, dietary changes may be recommended to eliminate potential allergens that could contribute to the development of acne.

Preventive Measures

Preventing pet acne involves maintaining good hygiene practices and paying attention to your pet's overall health. Here are some preventive measures:

Regular Grooming

Regularly groom your pet, especially in areas prone to acne. Brushing can help prevent the accumulation of dirt and oil.

Clean Food Bowls

Wash your pet's food and water bowls regularly to prevent bacterial growth and potential irritants.

Stress Management

Minimize stressors in your pet's environment and provide a safe



and comfortable space for them to relax.

While pet acne may not be as common or well-known as human acne, it can still impact the well-being of our beloved furry friends. Being attentive to changes in your pet's behavior and appearance, practicing good hygiene, and seeking veterinary advice when needed are essential steps in ensuring a happy and healthy life for your pet. Remember, just like us, our pets deserve the best care for their skin and overall health.



BOARDING for DOGS



Member APDT 100% Positive

Boarding * Board & Train * Private Training
Group Classes * Behavior Modification
Puppy Parties * Private Secure Location

(818) 371-5859

www.dolittlesdogs.com

Pet Adoption Fund

Give The Gift of Love!

Pet Adoption Fund is the largest non-profit, no-kill animal rescue organization in Southern California. On the average, our facility houses around 175 dogs and 75 cats, of all sizes, ages and breeds.



Say Hello to Your New Pal!

7507 Deering Ave.
 Canoga Park, CA 91303
 (818) 340-1186 / 1687
 Open 1:00 - 5:p.m.
 Tues - Sun (Closed Mondays)
<http://www.petadoptionfund.org/>



FINER THINGS

The Epitome Of Elegance: Exploring The Finest Haberdashery In The World

By Contributing Writer

In a world where fashion is ever-evolving, there exists a timeless realm that transcends trends and caters to those with an appreciation for craftsmanship and sophistication—the finest haberdashery. Steeped in tradition and fueled by excellence, these establishments are veritable treasure troves.

One such bastion of elegance is renowned worldwide for its unwavering dedication to the art of tailoring and the finest materials—the epitome of haberdashery excellence. This establishment has become synonymous with refined taste and an unparalleled quality.

At the heart of this haberdashery's success lies a meticulous curation of fabrics. The discerning eye ensures that only the most luxurious materials find a place. From the softest cashmere to the most exquisite silks, every fabric is chosen with the utmost care.

Step inside, and you'll be transported to a bygone era where craftsmanship was an art. The skilled artisans and master tailors are true maestros of their trade. With decades of experience, they bring to life bespoke creations that go beyond mere garments—they are expressions of individuality.

The attention to detail is evident in every stitch, pleat, and button. Each garment is a labor of love, requiring hours of meticulous work to achieve perfection. From hand-sewn buttonholes to the careful placement of patterns, every aspect is considered.

While the craftsmanship is undoubtedly exceptional, it is the personalized service that elevates this haberdashery to a league of its own. Clients are not merely customers; they are patrons of an exclusive experience.



The process of creating a bespoke garment involves a close collaboration between the client and the artisans, ensuring that every nuance of the individual's style is captured and translated into the final creation.

The haberdashery experience extends beyond the walls of the establishment. The tradition of hosting private fittings in

opulent surroundings adds an extra layer of luxury to the process. It is an intimate affair, where the client is made to feel like royalty, surrounded by the finest fabrics and attended to by a team dedicated to making their sartorial dreams a reality.

In a world where mass production often overshadows the beauty of craftsmanship, the finest haberdashery stands as a testament to the enduring allure of bespoke tailoring. It



is a celebration of tradition, a showcase of skill, and a sanctuary for those who seek garments that are as unique as they are exquisite. For those who understand the artistry behind each creation, stepping into the world of the finest haberdashery is not just a shopping experience—it's a journey into the timeless realm of refined elegance.

horaceheidtestates.com
818.784.8211

haleakalaapartments.com
818.784.8212

CALL FOR A TOUR!
Office Hours: 10:00 am - 4:00 pm
Monday to Friday

Breakfast Club • Bridge Club
Executive Golf Course
Health Clubs • Swimming Pools
Special events

From 2012

To 2019

@hheidtestates
 @horaceheidtestates
 @horaceheidt

Creating A Backyard Oasis Installing Your Own Grow House

By Contributing Writer

foundation for your grow house. If necessary, add a layer of gravel to enhance drainage and prevent waterlogging. This step is crucial for maintaining a healthy growing environment for your plants.

Assembly

Follow the manufacturer's instructions to assemble your chosen grow house. This typically involves connecting frame components and securing the covering. Enlist the help of a friend or family member to make the assembly process more manageable. Pay attention to details like



Transforming your backyard into a thriving garden with a customized grow house is exciting and rewarding. Whether you're a seasoned gardener or a beginner, creating a dedicated space for plant cultivation opens up possibilities. We'll take you through the steps to install a grow house in your backyard.

Planning and Research

Before diving in, it's crucial to plan and research. Consider factors such as sunlight exposure, local climate, and the types of plants. Choose a location that receives ample sunlight and has proper drainage. Additionally, familiarize yourself with local regulations regarding backyard structures.

Selecting a Grow House

Choose a grow house that suits your needs and available space. Various options are available, from small portable greenhouses to larger, more permanent structures. Ensure the chosen grow house provides sufficient ventilation, insulation, and durability. Additionally, consider the materials used, such as UV-resistant polyethylene for coverings and rust-resistant frames for longevity.

Preparing the Site

Clear the chosen area of debris, weeds, and rocks. Level the ground to create a stable

anchoring the structure securely to the ground to withstand wind and other weather conditions.

Ventilation and Temperature Control

Proper ventilation is vital for a successful grow house. Install adjustable vents to regulate temperature and humidity levels. Consider adding fans to improve air circulation, preventing mold and mildew growth. For temperature control, you may want to incorporate a thermometer and a heating system for colder months.

Irrigation and Watering

Implement an efficient irrigation system to ensure your plants receive the right amount of water. Drip irrigation or soaker hoses are popular choices for maintaining consistent moisture levels. Monitor soil moisture regularly and adjust watering schedules accordingly to prevent overwatering or underwatering.

Installing a grow house in your backyard is a rewarding investment that allows you to cultivate a variety of plants year-round. With careful planning, proper research, and attention to detail during the installation process, you can create an optimal environment for your plants to thrive. Enjoy the satisfaction of harvesting your home-grown produce and the beauty of a lush, green backyard oasis.

Mulholland Harley-Davidson presents the 3rd Annual

CHILI COOK OFF

January 27, 2024

Email marketing@mulhollandharley.com to register

PRIZES FOR 1ST & 2ND PLACES



DTAX Saving Money & Time The DTAX Way

DID YOU KNOW?

IRS penalties can often be reduced to ZERO if you have REASONABLE CAUSE!

Let the professionals take it from here!

We Are IRS Specialist!

DTAX

By Andrews McMeel Syndication

Sergey Vladimirovich Ochigava was arraigned on Dec. 5 in Los Angeles federal court after a bizarrely uninterrupted trip from Denmark to L.A., the Associated Press reported. The Russian flew in November without a ticket, passport, visa or seat assignment. Flight crew members told investigators that he wandered around the plane and switched seats while talking with other passengers. When U.S. Customs and Border Patrol searched his belongings, they found "Russian identification cards and an Israeli identification card," court documents outlined. Ochigava gave a variety of explanations, including that he hadn't slept in three days and wasn't sure how he got through security in Copenhagen. A trial is scheduled for Dec. 26.

Michael Green, 50, and Byron Bolden, 37, were sentenced in December in Colorado's 18th Judicial District for felony theft after they shoplifted about \$2,100 worth of items from a Kohl's store, The Denver Gazette reported. In Colorado, theft under \$2,000 is a misdemeanor, which is why their defense counsel creatively argued that the store was having a sale, and the men had coupons, which brought the value of the items down below the threshold for felony theft. The DA wasn't having it: "Just because an item is on sale doesn't mean it's free to steal," said John Kellner. "Retailers in our community are fed up with theft, and my office will actively prosecute these offenders."

Kathryn Tunison Smith, 67, of Midvale, Utah, already had five outstanding arrest warrants against her, two involving her neighbors, when she sealed her own fate, ABC4-TV reported. On Dec. 12, she was arrested after a TikTok video came to light depicting Smith making racist and crass comments to a neighbor. In one interaction, Smith came onto the neighbor's property and "began ripping up (the neighbor's) garden and continued ... until the neighbor chased her away with a stick," the charges allege. Mayor Marcus Stevenson posted on X, "I'm hopeful that this is a positive step for the healing of the targeted family, the affected neighborhood, Ms. Smith and our entire community." She was booked and released on her own recognition, so ... Least Competent Criminal

-- On Dec. 9, as first responders were assisting a person "experiencing an altered mental state" in Columbia County, Florida, Stanley Williams, 35, hopped into the waiting ambulance and drove away, ClickOrlando reported. But officers didn't have to chase him down -- Williams drove to the sheriff's office operations center and stopped near the main entrance, where he was arrested and taken to a hospital for examination. Williams faces grand theft and evading law enforcement charges.

-- Leonard Thuo Mwithiga, 52, a Kenyan executive, followed his wife of 22 years to the United States, hoping to convince her to return home to him, Oddity Central reported. But when she refused, Mwithiga allegedly decided she must die. During an Uber ride, Mwithiga told the driver he was "very, very mad" and needed a hitman. The Uber driver got in touch with Connecticut State Police, who enlisted him as an informant. Between September and December, the two engaged in multiple conversations about the plot, all of which were shared with authorities. Mwithiga wanted his wife "injected with something to make her very sick, 'like a cancer,'" and he wanted her to die a slow death. Finally, on Dec. 4, the informant introduced Mwithiga to a "hitman," i.e., undercover cop, who was paid an advance on the job. Mwithiga asked that she be killed while he was away in Kenya, so he would have an alibi. Instead, he was arrested and held on \$5 million bond.

In Louisville, Kentucky, a bronze statue of President Abraham Lincoln has been seated on a rock, overlooking the Ohio River, since 2009, the Louisville Courier Journal reported. But Lincoln's top hat, which rested at his side on the rock, disappeared sometime at the beginning of December. The sculptor, Ed Hamilton, suspects the hat was stolen: "It was anchored down into that monolith rock," he said. "I don't know what they could have used, maybe some more manpower or some crowbars. Bring the hat back, because you can't wear it," he warned potential thieves. Police and park officials are investigating.

Crossword by Myles Mellor

Print this Page! Ctrl + P

Across

1. Stock exchange index
4. F 150 makers
8. "I knew it!"
11. ___ Baba and the Forty Thieves
12. Muscle woe
13. Band booking
14. Free from, with "of"
15. Goulash
16. Centers of attention
17. Apple picker
18. Oolong and Black
19. Circle parts
20. End ___
22. Lacking slack
23. Layers
25. Toot
26. Give of ___
28. XY chromosome
30. Imitation
33. Round building
34. Ballgame
36. Rugged rock
37. Furnished with footwear
39. Vehicle
40. Breezy
41. Pout
42. Degrees
43. One of TV's Ewings
44. Cold war antagonist
45. Losing come-out roll in craps
46. Ambulance workers
47. Duffer's driving points
48. One easily taken in

21. Medical branch
24. Snake
25. Ground balls that pass through infielders
27. Marry
28. Sister of Moses
29. Warnings
31. Has suspicions
32. Canada's capital
33. Suffix with sea or moon
35. Noted fabulist
37. Blue material
38. Garden water conveyor

Bad Dad Jokes

I've never been a fan of facial hair. But now it's starting to grow on me.



Previous Puzzle

1	A	2	M	3	Y			4	E	5	B	6	B			7	V	8	O	9	L	
10	B	Y	E			11	E	V	I	L				12	S	I	L	O				
13	A	S	S			14	R	E	T	E				15	U	N	D	O				
16	T	O	M			17	A	N	E	W				18	B	O	A	T				
19	E	R	E			20	S	E	T					21	R	U	G	S				
		22	E	N	23	M	E	S	H				24	L	O	S	E					
					25	A	R	T	E	26	M	I	S									
		27	W	H	Y	S				29	B	A	N	A	30	N	31	A				
32	M	A	I	D						33	U	R	N					34	E	T	35	A
36	O	R	C	A						37	S	L	O	E				38	A	T	M	
39	I	N	K	Y						40	A	L	O	T				41	R	I	M	
42	S	E	E	S						43	K	E	N	S				44	B	R	A	
45	T	R	Y							46	I	T	S					47	Y	E	N	



After School & Fall Camps - Enroll Early!



Join Discovery Cube Los Angeles for Camp Discovery as you travel beyond the classroom to explore and engage in fun, hands-on science.

Campers will take a walk on the wild side during Curious about Creatures, which features animals from prehistoric past to present. Kids will go out of this world during our Space camp, as they explore "strange new worlds" through space crafts, engineering and experiments. In World of Motion, campers will explore the exciting principles of physics and motion as they experiment with racecars & build flying machines. In California STEAMin' campers will engineer their own solutions to real-world problems. t: (714) 263-3837 w: <http://www.discoverycube.org>

SVCAC's Young Artists Playground (YAP) Youth Arts Education Program features interactive arts workshops and camps for youth ages 5-14 years old. YAP is dedicated to enriching the lives of local youth through quality arts education and performance based programs. YAP builds visual and performing arts

skills through programs that foster confidence, compassion and resilience in students of all abilities. We offer opportunities for youth to develop and share their creative voices. For more information contact: Stephanie Lesh at 818-601-0582

Destination Science is a warm, wonderful science camp where kids feel comfortable making connections with others! Parents tell us that their child loves that everyone at camp shares the idea that it is cool to be smart! Multiple locations: destination-science.org 888-909-2822 Enrollment special until March 1, call today!

Mind Crafters - West Hills The future for our children is now, and there's no time to waste. Mind Crafters Mission is to bring STEM knowledge to kids, as early as possible. Grasping these concepts at an early age guarantee "OWNING THE FUTURE". Programs combine expert instruction, hands-on learning, and real world tools. As a result, they're interactive, engaging, and effective. And most important, kids genuinely enjoy them. Call Today (747) 263 0821

Connected Camps Run by online experts, Connected Camps offers dozens of interactive, small group programs for kids ages 8 through 17. Prices range from \$48 to \$90 per month for classes on everything from Minecraft to game design to Esports. Kids can even hang out with friends in a free Minecraft server where moderators help to keep them engaged. connected-camps.com

Teenage Drama Workshop (TADW) is a conservatory-style program at CSUN. Our goal is to teach teens ages 11-18 about the theatre arts. Join us for our 65th summer, which will culminate with HAMMERED: A THOR AND LOKI PLAY & Disney's FROZEN, JR! Enroll at CSUN.EDU/TADW

Kol Tikvah Youth Groups and Teen Programs Temple Kol Tikvah provides numerous extraordinary youth programs for our students in Kindergarten through 12th grades. Creating friendships, strengthening Jewish identity, developing leadership, and communication skills, while also having fun. Now enrolling for Sunday Hebrew School Call 818.348.0670 x209

After School Conservatory is a music based program located on Ventura Blvd. near the border of Woodland Hills and Calabasas. We are conveniently located near Woodlake elementary, Woodland Hills elementary, Calabash charter academy, Hale charter academy, El Camino high school and many more. After School Conservatory has a spacious facility (over

3000 SF) and is equipped with top-notch quality musical instruments including Schimmel and Kawai grand pianos, Roland TD 17 series electronic drum set and the Yamaha LC4 music lab system with 8 Yamaha P-45 digital pianos for a group piano teaching environment. (818) 436-2675

Star Galaxy- Academic, Homework lab, Sports STAR Galaxy offers a balance of academic support, enrichment classes, fitness and recreation programs as well as special events on campus, community events and activities. It's a recipe for a balanced childhood and a preparation for future success! STAR Galaxy offers a daily dose of scheduled classes, August through June, from the end of the school day until 6 PM. Students rotate through group tutoring, homework lab, sports/fitness/recreation. registration@starinc.org

LeXT Robo Academy LeXT Robo Academy uses LEGO education concepts and curriculum to provide a hands-on learning experience and fun environment for our students while developing their skills in science, technology engineering, robotics, coding and mathematics. Our robotics program covers all age groups from 3 to 18+ students. Agoura Hills: (818)-699-2388

Code REV Kids - Encino provides the ultimate Coding, STEAM, Game Design, Engineering, and Digital Design class experience for students and campers in its live, virtual format, led by expert instructors with extensive virtual teaching experi-

ence. CodeREV virtual learning is backed by: Premier Curriculum created by Top Ed Tech Specialists & Engineers Only the most elite instructors with at least 5 years' teaching CodeREV tech courses and real world tech work experience A diverse set of unique courses to meet different age groups and interests Thousands of students educated online Options for both virtual learning and hands-on project learning from home. We are truly uniquely positioned to help your family push forward right now and through camp season. www.coderevkids.com

The Leonis Adobe Museum is hosting its annual summer program, Lil Ranchers, Tuesdays from 7/11 - 8/8 between 9:30 am - 11:30 am. Enjoy a different theme and activities each week! Leonis Adobe Museum 23537 Calabasas Road Calabasas, California 91302 Phone: (818) 222-6511 Members are free or \$8 for non-members.

Camp Woodland Hills 2023 Program includes NATURE CENTER With Live Animals GAME ROOMS – The game rooms include Wii systems, Xbox 360s, computers, iPads, pool tables, air hockey, Foosball, and more. OUTDOOR PLAYGROUNDS – For Adventure Camp, there are basketball, gaga, and handball courts and playing fields for soccer and volleyball. Junior and Explorer Camps enjoy a tree-shaded playground pools and swimming as well. For more information or to register call (818) 348-6563



Romance And Teens And How Parents Can Help Their Kids Get Through It

By Contributing Writer

Navigating the world of parenting becomes even more intricate as your child transforms into a teenager. One of the many challenges is discerning when your teenager has entered into a romantic relationship. Adolescence is a time of self-discovery, and it's crucial for parents to be attuned to the signs indicating that their teen is embarking on this journey.

Behavioral Changes

One of the first indicators is a noticeable shift in behavior. Adolescents often experience heightened emotions, but sudden changes such as increased secrecy, withdrawal from activities, or a newfound focus on personal appearance could be signs that they are involved in a romantic relationship. Pay attention to abrupt changes in their daily routines.

Emotional Rollercoaster

Teenagers are notorious for emotional rollercoaster rides, but romantic relationships can intensify



fluctuations. If you observe your teen displaying extreme happiness or sudden bouts of sadness, it might be indicative of emotional turbulence that

accompanies romantic involvement. Open communication becomes crucial to offer support and guidance.

Increased Social Media Activity

Teenagers often use social media as communication. An uptick in online activity, especially interactions with a specific individual, can be a sign that

they have entered into a romantic relationship. Keep an eye on their social media profiles, paying attention to comments, likes, and the nature of their posts.

Protectiveness of Privacy

As teenagers navigate romantic relationships, they may become more guarded. If your once-open teen is now reluctant to share details, it could indicate they are in a relationship.

Spending Time Away from Home

While spending time with friends is typical, an increased desire to be away from home, especially with a particular person, might suggest a romantic relationship. Pay attention.

Physical Signs

Physical changes can provide clues. Pay attention to signs such as blushing, increased attention to personal grooming, or a sudden interest in wearing specific clothing.

Open Communication

Encourage your teenager to share experiences and feelings with you. Create an environment where they feel comfortable. Respectful curiosity and active listening will help you better understand their perspective.

Recognizing when your teenager is in a romantic relationship involves attentive observation, open communication, and respect. While it's natural for parents to be concerned about their child's well-being, trust and a supportive environment is key to navigating your teenager's journey toward adulthood. Each teenager is unique.

Test to Treat COVID-19 Program

If you have been exposed to COVID-19 and are at elevated risk for severe illness, you can now get free same-day testing and free antiviral medication.

Available this week at CVS Minute Clinics. Visit cvs.com/minuteclinic to find a location near you.

Don't Delay! Treatment should start as soon as possible.

Pharmacy



THE GUITAR MERCHANT

Play Your Song, Live Your Dream
Sewing West Hills since 1999

Music Lessons
Guitar Sales & Repair
Live Music Venue

22807 Saticoy St, West Hills, CA 91304

GuitarMerchant.com

Enhancing Learning

Exploring New Classroom Techniques In Middle School Education

By Contributing Writer

In the landscape of education, middle school teachers are continually seeking innovative ways to engage and inspire their students. With the rapid advancement of technology, educators are harnessing its power to create

feedback, promoting a sense of achievement. Platforms like Kahoot! and Quizizz allow teachers to create custom quizzes that turn traditional assessments into engaging competitions.

or even travel back in time to witness key events. This immersive technology enhances experiential learning, making abstract concepts tangible and memorable.

Flipped Classroom Model

The flipped classroom model reverses the traditional teaching approach, where students access instructional content at home through videos or online resources and then engage in hands-on activities and discussions during class. This technique encourages



dynamic and interactive learning environments. Let's delve into some exciting new classroom techniques that are reshaping middle school education.

Gamified Learning Platforms

Integrating gamified elements into the curriculum has proven to be an effective strategy for capturing students' attention and fostering a positive learning experience. Educational games and interactive simulations not only make learning fun but also provide students with immediate

Virtual Reality Experiences

Virtual reality has emerged as a game-changer in middle school classrooms, transporting students beyond the confines of textbooks. Through VR headsets, students can explore historical landmarks, dive into the depths of the ocean,

self-paced learning, allowing students to digest information at their own speed, while class time is dedicated to reinforcing concepts through collaborative projects and problem-solving.

Personalized Learning Paths

Recognizing the diverse learning styles and paces of students, teachers are adopting personalized learning paths. Technology-enabled tools, such as adaptive learning platforms, tailor educational content to each student's individual needs. This approach ensures that students



KIDS FORUM

receive targeted support and challenges, fostering a more inclusive and effective learning environment.

Collaborative Online Projects

Technology facilitates collaboration beyond the classroom walls. Middle school students can engage in collaborative projects with peers from different geographical locations, fostering a global perspective. Platforms like Google Workspace and Microsoft Teams enable seamless communication and project management, promoting teamwork and preparing students for the collaborative nature of the modern workplace.

The integration of these new classroom techniques in middle school education is paving the way for a more dynamic and student-centered learning experience. As teachers embrace technology as a tool for empowerment, students are not only acquiring academic knowledge but also developing critical skills such as collaboration, adaptability, and problem-solving – essential for success in the 21st century. As we continue to explore the possibilities that technology brings to education, the future of middle school classrooms looks brighter than ever.



REGISTRATION OPEN!
RESERVE YOUR SPACE NOW!

LEGO

Robotics

Coding

Science

Competition

Mon-Sat 1pm-6pm



[Scan the QR Code to register now!]

Call: (818)-699-2388
Email: Lextrobo@gmail.com
29039 Thousand Oaks Blvd, Agoura Hills, CA 91301
www.lextroboacademy.com

FASHION

Rockin' Rock Star Fashion

By Contributing Writer

Sustainable Rock

In a nod to sustainability, rock stars in 2024 are championing eco-friendly fashion. Vintage and upcycled clothing are gaining popularity, as musicians opt for unique, one-of-a-kind pieces that tell a story. Designers are incorporating sustainable materials into their creations, proving that fashion can be edgy and environmentally conscious.

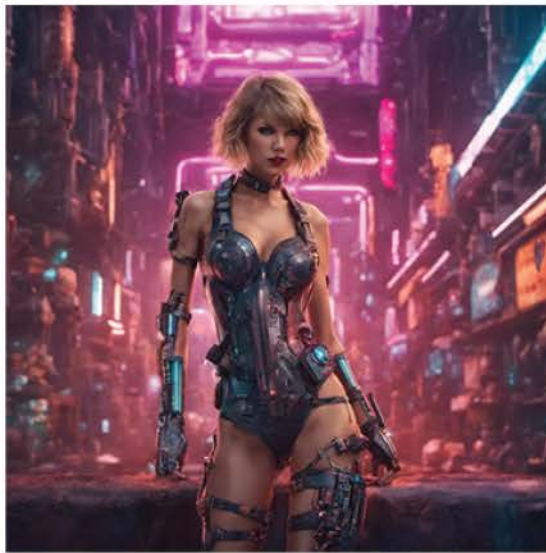
Tech-Infused Attire

The integration of technology into fashion is a defining trend. LED-infused accessories, interactive stage outfits, and tech-enhanced fabrics are taking the stage. These futuristic elements add a visual spectacle but also showcase the symbiosis between music and technology.

Athleisure Fusion

Blurring the lines between performance wear and casual attire, rock stars are embracing the athleisure trend in 2024. Leather joggers, graphic hoodies, and sporty accessories are becoming staples in rock star wardrobes. This fusion of comfort and style allows musicians to move effortlessly on stage while maintaining an edgy and fashionable aesthetic.

The year 2024 is ushering in a new era of rock star fashion, blending classic elements with cutting-edge styles to create a bold and electrifying look.



Vintage Vibes

Rock stars are embracing vintage vibes with a modern twist. Classic leather jackets are making a comeback. However, these jackets are now adorned with intricate embroidery, patches, and studs, giving them a contemporary edge. Vintage band tees are also in vogue, celebrating the rich history of rock music.

Glam Rock Revival

Glam rock, a genre known for its flamboyant and androgynous style, is experiencing a revival in 2024. Sequins, metallics, and glitter are making a bold statement on stage and off. Rock stars are experimenting with gender-fluid fashion, embracing platform boots, dramatic makeup, and bold accessories. This revival is all about breaking down barriers and embracing individuality.

Cyberpunk Edge

Taking inspiration from cyberpunk aesthetics, rock star fashion in 2024 incorporates elements of futuristic dystopia. Reflective fabrics, bold neon accents, and avant-garde accessories contribute to a high-tech, post-apocalyptic look. This edgy style reflects the rebellious spirit of rock and roll, mirroring a world where creativity thrives in the face of adversity.

The rock star fashion landscape in 2024 is a melting pot, from vintage nostalgia to cutting-edge technology. As musicians continue to push the boundaries, fashion becomes an integral part of their artistic identity. Whether embracing glam rock or advocating for sustainability, rock stars in 2024 are proving that style is diverse and dynamic.

ALWAYS AMAZING. NEVER ROUTINE.



GRUPO LABERINTO

JANUARY 19 | FRIDAY | 8PM

**KENNY METCALF
AS ELTON**

JANUARY 26 | FRIDAY | 8PM



**ENGELBERT
HUMPERDINCK**

FEBRUARY 9 | FRIDAY | 8PM



**HOLLYWOOD
FIGHT NIGHTS**

FEBRUARY 23 | FRIDAY | 7PM



Management reserves the right to change or cancel promotions and events at any time without notice. Must be 21 or older. Gambling problem? Call 1.800.GAMBLER.

CHUMASH
CASINO RESORT

Welcome to Freedom



FOOD STOPS 2024

Valley Pickup, Delivery, Dine In Restaurants



Mendocino Farms
14141 Ventura Blvd,
Sherman Oaks, CA 91423
Curbside Pickup/Phone ahead
Phone: (818) 205-9744

Cavaretta's Italian Deli
Longtime, family-run deli
offering Italian sandwiches,
salads & hot foods, desserts.
Dine-in· Takeout· Delivery
Address: 22045 Sherman Way,
Canoga Park, CA 91304
Phone: (818) 340-6626

Johnny Pacific
20133 Saticoy St Winnetka
(818) 885-6927
Empanadas
Quality-house street food
blending Latin and Pacific
island flavor

The Local Peasant
Free Delivery On Grubhub
Woodland Hills
22901 Ventura Blvd
Sherman Oaks
Order: Pickup, thelocalpeas-
ant.com, seamless.com,
grubhub.com, post-
mates.com, doordash.com
Phone: (818) 876-0105

Universal Bar and Grill
American/Mexican/Burgers
Live Entertainment.
Indoor/Patton Dining
4093 Lankershim Blvd, North
Hollywood, CA 91602
(818) 856-8066
Order: postmates.com,
doordash.com
Masks worn by staff

Lusy's Mediterranean
6357 Woodman Ave
Van Nuys, CA 91401
818 997 4330
LUSY@LUSYSCUISINE.COM
16200 Ventura Blvd
Encino, CA 91436
(818) 849-5653
Lusyscuisine@sbcglobal.com
Order: Pickup, FREE Delivery

Old New York Deli & Bakery
Fresh Bagels, Breakfast, Lunch
Specialty Items
6209 Topanga Canyon
Woodland Hls (818) 887-DELI
Order: Pickup, Delivery

Monty's Steak House -
5371 Topanga Canyon Blvd.
Phone: (818) 716-9736
Order: Pickup, Delivery
Outdoor Dining

Brewz Sports Cafe & Grill
7921 Canoga Ave
Canoga Park (818) 887-3721
Patio Dining - Take out
11:30am-6pm & Delivery

Basil's Deli and cafe
Hot/Cold Sandwiches
(747) 888-3114
8380 Topanga Canyon Blvd,
Canoga Park, CA 91304
Delivery - Pickup - Dine in
Phone: (818) 789-0679

HQ Gastropub
20969 Ventura Boulevard
Woodland Hills, CA 91364
Order: Pickup - Dine in
Ph: (818) 887.BEER (2337)

Street Cafe By Aroma
18047 Ventura Blvd, Encino,
CA 91316 (818) 757-0477
Order: Pick Up, grubhub.com
Free Delivery on 1st Grubhub

Panini Kabob Grill
21600 Victory Blvd,
Woodland Hills, CA 91367
Order: Phone: (818) 992-3330

Lemongrass Thai-Halal
curries, noodles & rice
22205 Sherman Way,
Canoga Park, CA 91303
(818) 703-6608
Indoor/Take-Out

Dog Haus Biergarten
8931 Reseda Blvd
Northridge, CA 91324
Phone: (747) 202-3349

6501 Topanga Canyon Blvd,
Canoga Park, CA 91303
Phone: (818) 340-4287
4929 Lankershim Blvd, North
Hollywood, CA 91601
Phone: (818) 505-1033
Free Delivery on 1st Order
grubhub.com Order: Curbside,
seamless.com, postates.com,
doordash.com

Fire Wings
9171 De Soto Ave A
Chatsworth, CA 91311
Variety of Hot Wings, Salads-
Sandwiches, Sides
Dine in, Take-Out, Delivery
Party Catering
Phone: (818) 626-9525

Yogurt Delite
22401 Ventura Blvd # F,
Woodland Hills, CA 91364
Eat In or Take Away
Phone: (818) 225-1515

The Munch Box
Landmark some of the best
burgers and fries, walk up or
phone ahead
21532 Devonshire St,
Chatsworth, CA 91311
Open til' 5pm
Phone: (818) 998-9240

Cricca's Italian Deli
4876 Topanga Canyon Blvd,
Woodland Hills, CA 91364
(818) 340-0515
Counter-service Sandwich
shop offering subs & panini

Les Sisters' Southern Kitchen
Cajun eats from po' boys to
BBQ Dine-in· Curbside pickup·
N Catering also available.
21818 Devonshire St,
Chatsworth, CA 91311
Phone: (818) 998-0755

Fratelli's NY Pizza
7301 Canoga Ave
Canoga Park, CA
Authentic New York Pizza,
Salads and Pasta

Less talk, more eat.

Order online for free from local restaurants.

grubHub

iPhone® Android®
GrubHub.com

Dine-in · Takeout · No-contact
delivery -Across fr. Starbucks
(818) 346-2992

New York Chicken&Gyro
7553 Topanga Canyon Blvd,
Canoga Park, CA 91303
Phone: (818) 805-9027
Dine In or Take Out
Gyros, Burgers, Salads

Hood Baby soul food
21418 Nordhoff St,
Chatsworth - (818) 626-8549
Dine in or Take out
Breakfast, Lunch and Dinner
Catering Available

Paris Baguette
17136 Ventura Blvd.
(818) 817-0048
8 am to 8 pm Daily
Order: Pickup
postmates.com, door-
dash.com, trycaviar.com
Call ahead for hot beverages

Lobster Guy - Rolls & Fries
20501 Ventura Blvd #185,
Woodland Hills, CA 91364
Phone: (818) 854-6638
Lobster Rolls, Sandwiches
Dine-in · Takeout · Delivery

All American BBQ
Smoked Meats, Dine in
Take Out, New Location
6719 Platt Ave, West Hills, CA
Phone: (818) 363-6500

Mr Pizza & Kabob
Pizzas, Stromboli & Wings,
along with Kebabs.
21406 Nordhoff St,
Chatsworth, CA 91311
mrpizzaandkabob.com
Phone: (818) 772-6501

Tawakal Halal Tandoori
Authentic Middle Eastern Fare
22746 Roscoe Blvd, West Hills,
CA 91304 (818) 882-0605
Dine-in, Take-out