

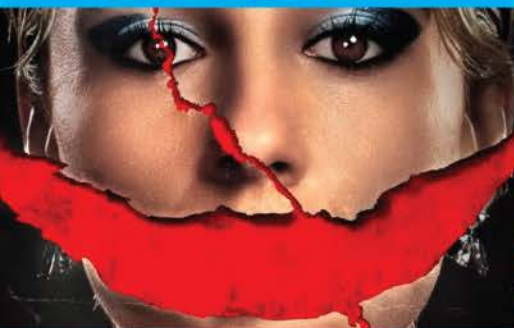
LOS ANGELES, SAN FERNANDO AND CONEJO VALLEYS



Valley Scene

M • A • G • A • Z • I • N • E

MOVIES



NOW PLAYING

**BEST HAPPY HOURS
SAVE AND SAVOR**



ARTS & CULTURE

SO, YOU WANT TO BE A MAGICIAN?



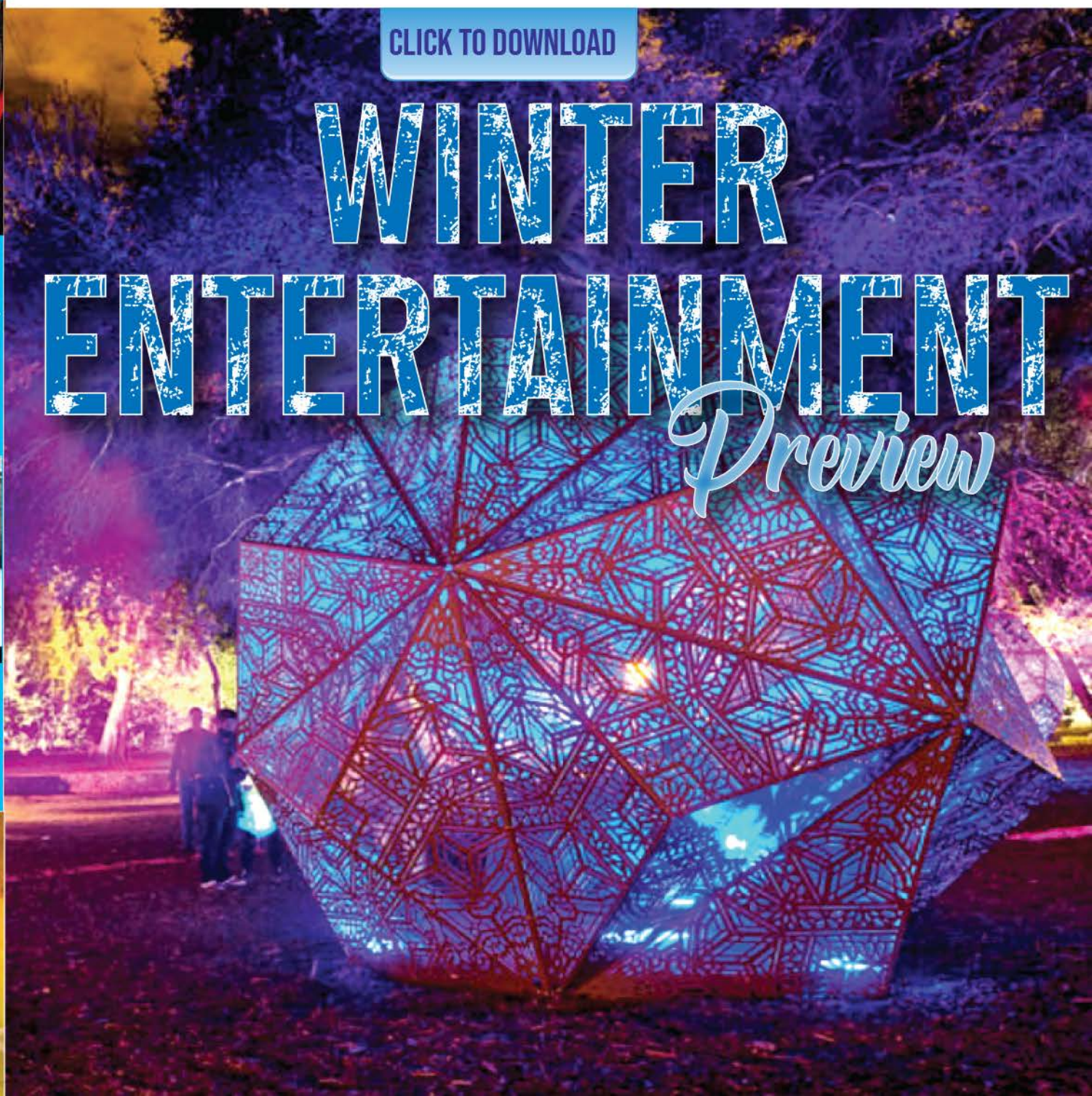
Entertainment ★ Leisure ★ Lifestyles

WWW.VALLEYSCENEMAGAZINE.COM

OCTOBER 25 - NOVEMBER 7, 2024 VOLUME 25 NO. 19

[CLICK TO DOWNLOAD](#)

**WINTER
ENTERTAINMENT**
Preview



ALDIK h o m e



Proudly Featuring

AH
GOLD LABEL
CHRISTMAS TREES



Los Angeles' Most Beautiful Christmas For More Than 70 Years

AldikHome.com

7651 Sepulveda Blvd. Van Nuys, CA

818.988.5970

Levendas del Mariachi

THE
SORAYA

SCAN HERE TO



Save 50%

*Tickets subject to availability. Offer expires November 9, 2024. Limit of 4 tickets per transaction/patron. Offer not valid on previous purchases or in conjunction with any other discounts or offers. No refunds or exchanges.

SAT **NOV**
9
3PM
8PM



[f](#) [@](#) [X](#) [d](#) @TheSorayaStage TheSoraya.org

HALLOWEEN

AT



ALL MONTH

- Decorations
- Haunted Laser Tag
- Spooky Selfie Stations




PIRATE PARTY OCTOBER 26TH

- PUMPKIN PAINTING
- COSTUME CONTEST
- MOVIE SHOWING

HALLOWEEN OCTOBER 31ST

- WEAR A COSTUME,
GET A **FREE \$10 PLAY CARD**

Must RSVP for Pumpkin Painting at [MB2EntertainmentSCV.com/Halloween-2024](https://www.MB2EntertainmentSCV.com/Halloween-2024)

21516 Golden Triangle Rd. Santa Clarita, CA 91350 | [MB2EntertainmentSCV.com](https://www.MB2EntertainmentSCV.com) |   



SO, You Want To Be a Magician?

By Contributing Writer

How to Become a Professional Magician in Hollywood and Get Your Act into the Magic Castle

Becoming a professional magician in Hollywood is an exciting journey that offers the chance to perform in one of the most famous entertainment cities in the world. One of the ultimate goals for many magicians is to perform at the prestigious Magic Castle, an exclusive, members-only club located in the heart of Hollywood. As the home of the Academy of Magical Arts, the Magic Castle is a revered institution that showcases some of the world's best magicians. However, earning the opportunity to perform there requires more than just mastering a few tricks. Here's a basic guide on how to become a professional magician in Hollywood and get your act into the Magic Castle.

1. Master the Fundamentals of Magic

The foundation of becoming a professional magician starts with mastering the basics. Before you can think about performing in Hollywood or the Magic Castle, you need to develop your technical skills and understanding of the craft. Start by learning the essential tricks and techniques, such as card magic, sleight of hand, and close-up illusions.

Resources such as books, DVDs, and online tutorials are crucial for beginners. Classic books like *The Royal Road to Card Magic* and *Modern Coin Magic* by J.B. Bobo offer step-by-step guides to mastering fundamental techniques. Online platforms like YouTube and magic-specific forums can also provide valuable insights into learning new tricks and improving your technique.

The key to success is practice. Magic is an art that demands precision and timing, so practice regularly to perfect your tricks. Performing in front of friends, family, or even a mirror can help you improve your act and make your sleights invisible to your

audience.

2. Develop a Unique Performance Style

To stand out as a magician, you need to develop a distinctive style that reflects your personality and sets you apart from others. This includes not only your choice of tricks but also how you present them. Are you a comedic magician like Penn and Teller, or do you prefer a more mysterious, dramatic style like David Copperfield?

The Magic Castle looks for performers who can entertain and engage their audience, not just demonstrate technical skill. Your performance persona is key. Consider incorporating storytelling, humor, or even a theme into your act. By creating a unique performance style, you'll make yourself more

memorable and increase your chances of getting noticed by talent scouts and bookers in Hollywood.

3. Build a Solid Repertoire

As you advance in your magic career, you'll need to build a repertoire of tricks and routines that you can perform in various settings. Start by perfecting close-up magic, which is a staple of many performances at the Magic Castle. Close-up magic typically involves card tricks, coin tricks, and other small props, and it allows you to interact directly with your audience.

In addition to close-up magic, consider working on stage magic or parlor magic, which involves performing for larger audiences with more elaborate tricks. Diversifying your repertoire will allow you to adapt to different venues and audience sizes, whether it's a small club or a major performance at the Magic Castle.

4. Perform Locally in Hollywood

Before you can make it to the Magic

Castle, you need to gain experience performing for live audiences. Hollywood is home to many venues where you can practice your craft and build a reputation as a magician. Start by performing at local bars, comedy clubs, private parties, or even street performances. These smaller gigs will help you gain confidence, perfect your routines, and network with other performers.

Hollywood has a thriving entertainment community, and many venues welcome emerging magicians. Look for open mic nights, magic clubs, or talent showcases where you can get exposure and build connections. Over time, you'll begin to

establish a reputation as a skilled performer, and word of mouth may open doors to larger opportunities.

5. Join the Academy of Magical Arts

The Magic Castle is home to the Academy of Magical Arts, an organization that supports magicians and the art of magic. Becoming a member of the Academy is an essential step toward

performing at the Magic Castle.

The Academy offers different levels of membership, including a Magician Member category, which is reserved for those who are serious about magic as a profession. To become a Magician Member, you must audition and demonstrate your skills to a panel of professional magicians. The audition process typically involves performing several tricks or routines in front of a live audience at the Magic Castle.

Passing the audition can be challenging, as the panel looks for magicians who are technically skilled, creative, and engaging. However, joining the Academy can provide you with valuable opportunities to network with other magicians, attend exclusive events, and participate in workshops to improve your skills.

6. Audition for the Magic Castle

Once you've built your reputation and gained membership in the Academy of Magical Arts, the next step is auditioning to

perform at the Magic Castle. The Castle has several performance rooms, ranging from intimate close-up spaces to larger stages for parlor and stage magic.

To audition for a performance slot, you must submit a video or perform live in front of Castle bookers. Your act should be polished, professional, and tailored to the specific type of magic you plan to perform (close-up, parlor, or stage). The Magic Castle values originality, so be sure to highlight what makes your act unique.

If your audition is successful, you'll be invited to perform at the Magic Castle. Performing here is a significant milestone in a magician's career, as it places you in the company of some of the world's most respected magicians. In addition to the prestige, it's also a valuable networking opportunity, as industry professionals and talent scouts frequently attend shows at the Castle.

7. Continue Improving and Innovating

Even after performing at the Magic Castle, your journey as a professional magician doesn't end. Magic is a constantly evolving art form, and staying ahead means continually learning new tricks, improving your technique, and innovating your performances. Attend magic conventions, take workshops, and collaborate with other magicians to keep your act fresh and engaging.

Networking within the magic community, both locally and globally, can open doors to even more performance opportunities in Hollywood and beyond. By maintaining a strong work ethic and dedication to your craft, you'll be well on your way to building a successful career as a professional magician in Hollywood.

Becoming a professional magician in Hollywood and performing at the Magic Castle is a challenging but rewarding journey. It requires dedication, creativity, and constant improvement. By mastering your craft, building a unique performance style, and gaining experience through local performances, you can make your mark on Hollywood's magic scene. With perseverance, practice, and a bit of showmanship, you could soon find yourself performing at one of the most famous magic venues in the world, enchanting audiences with the power of illusion.



WINTER ENTERTAINMENT

Preview

By Contributing Writer

he happiest season is upon us! There are many opportunities for this joyous time of year. So grab your scarves (even if it's 70 degrees), gather your loved ones, and make the most of this magical time of year in Los Angeles!

Holiday Road

Dates: November 24, 2024 – December 31, 2024

Location: King Gillette Ranch, Calabasas

Holiday Road has quickly become one of Los Angeles County's premier holiday attractions. Located at King Gillette Ranch in Calabasas, this immersive walking trail features larger-than-life holiday light displays, interactive installations, and festive decorations that bring the magic of the season to life.

The highlight of Holiday Road is the mile-long illuminated trail, which transports visitors through a winter wonderland of glowing candy canes, giant snowflakes, and festive characters. The event also includes food trucks, seasonal beverages, and holiday-themed merchandise, making it a perfect family outing. Guests are encouraged to take their time walking the trail, stopping for photo ops with Santa and other festive installations.

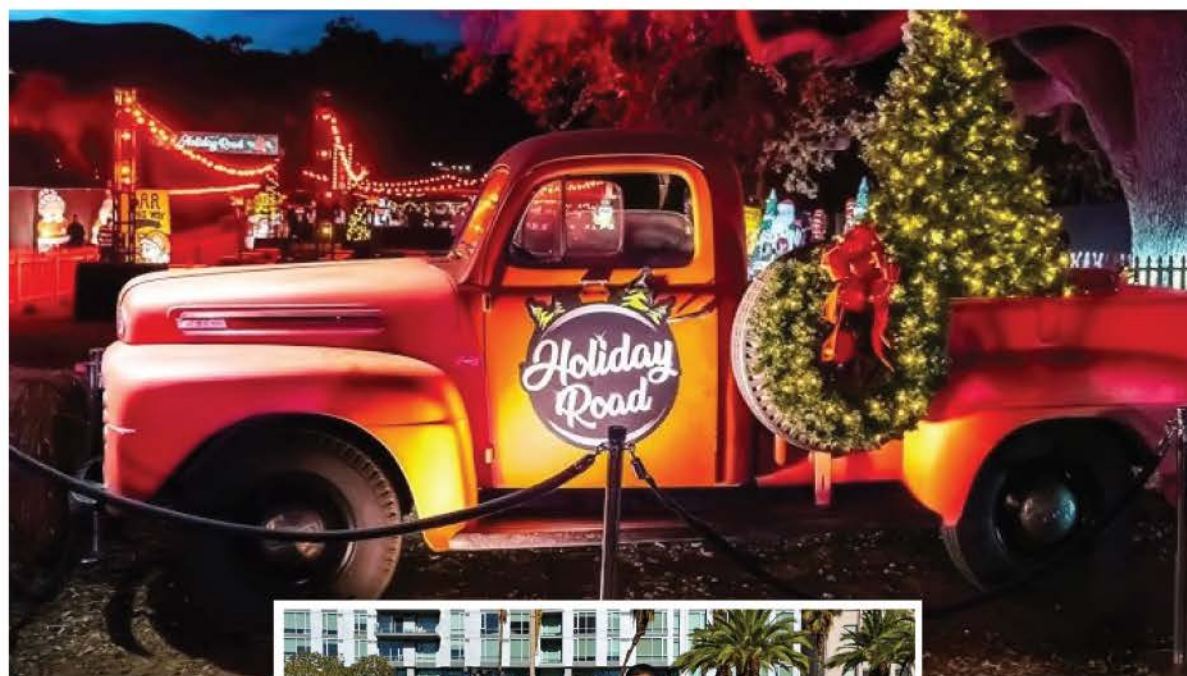
With twinkling lights, music, and enchanting displays around every corner, Holiday Road is the perfect destination to get into the holiday spirit. Tickets often sell out, so be sure to book in advance.

Candy Cane Lane

Dates: December 1, 2024 – December 31, 2024

Location: Woodland Hills, Oxnard Street between Lubao and Oxnard

One of LA's most cherished holiday traditions, Candy Cane



Lane is a neighborhood in Woodland Hills that goes all out with extravagant decorations. This beloved community event dates back to the 1950s, and every December, residents of Candy Cane Lane transform their homes into dazzling holiday

displays, with everything from thousands of lights to inflatable Santas, reindeer, and even synchronized music shows.

Visitors can drive through Candy Cane Lane or walk the neighborhood to fully immerse themselves in the festive atmosphere. Since it's a community-organized event, there's no cost to attend, though visitors are encouraged to bring food donations for local charities. Weekends can get busy, so it's best to visit on weekdays to avoid crowds and long lines of cars.

For many Angelenos, visiting Candy Cane Lane is an annual tradition, and it's a must-see for families looking to enjoy an old-fashioned, cheerful holiday experience.

Ice Skating in Los Angeles

County - and around town

Even though LA might not have snowy winters, outdoor ice skating has become a staple of the holiday season. Throughout the county, several ice rinks pop up, offering a festive, frosty experience under the California sun.

Pershing Square Ice Rink

Dates: November 2024 – January 2025

Location: Pershing Square, Downtown LA

Pershing Square Ice Rink is one of the most iconic outdoor ice skating venues in LA, located in the heart of downtown. Surrounded by skyscrapers and holiday lights, it's a stunning spot to skate under the stars. With affordable skate rentals and lessons available, it's a great place for both beginners and experienced skaters. Special themed skate nights and DJ events throughout the season add to the fun, making it a must-visit during the holidays.

ICE at Santa Monica

Dates: November 2024 – January 2025

Location: 5th Street and Arizona Avenue, Santa Monica

Just blocks from the beach, ICE at Santa Monica offers an 8,000-square-foot rink where you can skate in the cool coastal air. The rink is family-friendly and offers skating lessons for all ages. After skating, visitors can enjoy nearby holiday lights and seasonal activities at the Third Street Promenade's Winterlit display. The unique juxtaposition of skating and sandy shores makes this a quintessential LA holiday experience.

**The Lakes at Thousand Oaks Ice Rink**

Dates: November 2024 – January 2025

Location: The Lakes at Thousand Oaks

For those in Ventura County or the San Fernando Valley, the Lakes at Thousand Oaks Ice Rink is a wintry haven. Nestled in a beauti-



fully designed shopping center, the rink provides a picturesque backdrop for holiday skating. Holiday music, seasonal décor, and warm drinks from nearby cafés add to the festive ambiance. It's perfect for a holiday date night or family outing.

Enchanted: Forest of Light at Descanso Gardens

Dates: November 19, 2024 – January 7, 2025

Location: Descanso Gardens, La Cañada Flintridge

The Enchanted: Forest of Light at Descanso Gardens is a magical outdoor experience, where visitors can explore a 1-mile interactive trail illuminated by creative light displays. Set within the natural beauty of Descanso Gardens, the event highlights the garden's oak trees, lake,

and meadows with stunning art installations that transform the landscape into a winter wonderland.

Highlights include the Symphony of Oaks, where tree branches are bathed in light and sound, and the Starlight Garden, where glowing stars seem to hover just above the ground. Visitors are encouraged to explore the displays at their own pace, and there are plenty of photo opportunities throughout the trail. Seasonal snacks, warm beverages, and holiday gifts are available at the event.

Enchanted: Forest of Light is perfect for families, couples, or anyone looking to be transported into an immersive holiday fantasy.

Holiday Boat Parades

Los Angeles' waterfront communities come alive with light during the holiday season, and boat parades are a festive tradition that draws large crowds along the marina.

Marina del Rey Holiday Boat Parade

Dates: December 9, 2024

Location: Marina del Rey



The Marina del Rey Holiday Boat Parade is a magical spectacle where festively decorated boats cruise through the marina, adorned with twinkling lights, inflatable Santas, and holiday music. The parade kicks off with a fireworks show, and prime viewing spots include Burton Chace Park and Fisherman's Village. The marina's restaurants also offer special dinner cruises, providing a front-row seat to the parade from the water.

Naples Island Holiday Boat Parade

Dates: December 14, 2024

Location: Naples Island, Long Beach

In Long Beach, the Naples Island Holiday Boat Parade is a charming, small-town affair that highlights the beautiful canals of Naples Island. Decorated kayaks, dinghies, and boats parade through the water, with thousands of spectators gathering along the canals to watch. The festive atmosphere and intimate setting make this parade a favorite for locals looking for a relaxed holiday outing.

The Grove and Americana at Brand: Holiday Celebrations

Dates: November 19, 2024 – January 1, 2025

Locations: The Grove, Los Angeles & The Americana at Brand, Glendale

Ventura Winter Wine Walk

**07
DEC
4-8pm**

www.venturawinterwinewalk.com/

**Sip, Stroll, and Shop Your Way
Through an Evening of Holiday Fun!**



Huge VIP Lounge



Snowfall



Live Entertainment



40+ Tasting Locations



Holiday Market

Dancing In the Streets



The Grove and Americana at Brand shopping centers are known for their extravagant holiday displays and celebrations. At The Grove, the towering 100-foot Christmas tree stands as the centerpiece, with nightly snowfalls, holiday music, and Santa's Cottage attracting visitors throughout the season. The shopping center becomes a winter wonderland, perfect for families looking to capture holiday memories.

Similarly, The Americana at Brand in Glendale hosts nightly snowfall events, holiday performances, and visits with Santa. Both locations offer premier holiday shopping and dining, making them ideal destinations for getting into the festive spirit while ticking off your gift list.

Snow Day LA

Dates: December 2024 (Exact dates TBD)

Location: Elysian Park, Los Angeles

Snow Day LA brings a winter wonderland to the heart of Los Angeles. This unique event transforms Elysian Park into a snow-covered paradise where visitors can experience real snow in sunny LA. The event features a snow tubing hill, ice skating, and interactive snow play zones where families can build snowmen and make snow angels.

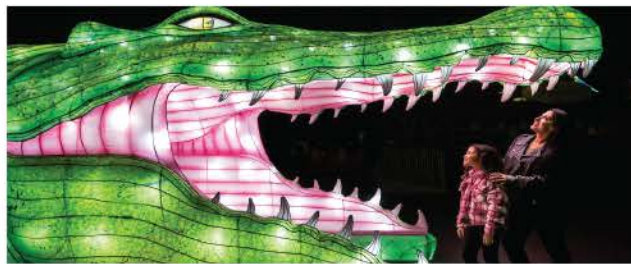
Guests can also wander through Glow World, an immersive holiday light tunnel, and enjoy festive treats like hot cocoa, holiday-themed cocktails, and s'mores. With photo ops, snowball fights, and plenty of holiday cheer, Snow Day LA is a perfect outing for anyone wanting to experience a snowy escape in Southern California.

LA Zoo Lights: Animals Aglow

Dates: November 17, 2024 – January 7, 2025

Location: Los Angeles Zoo, Griffith Park

LA Zoo Lights is one of the city's most dazzling holiday events, where the zoo transforms into a luminous wonder-



land with larger-than-life animal light sculptures, interactive displays, and glowing pathways. The 2024 edition, Animals Aglow, features brand-new installations highlighting creatures from across the animal kingdom.

Visitors can stroll through the zoo after hours, taking in the festive lights while enjoying holiday snacks and drinks. There are also photo opportunities with Santa, making this a perfect family-friendly holiday activity. Proceeds from the event support the zoo's conservation efforts, so visitors can enjoy the lights while contributing to a good cause.

The Los Angeles Ballet: The Nutcracker

Dates: December 2024 (Exact dates TBD)

Location: Various theaters across LA County

No holiday season is complete without a performance of The Nutcracker, and the Los Angeles Ballet delivers a stunning production of this beloved ballet. With performances at theaters throughout LA County, including the Dolby Theatre in Hollywood, the Alex Theatre in Glendale, and the Redondo Beach Performing Arts Center, this production brings Tchaikovsky's classic score to life.

The ballet's timeless story, enchanting choreography, and lavish sets make it a must-see for audiences of all ages. It's a perfect way to introduce young children to the world of ballet or to revisit a cherished holiday tradition.

Holidays at the Aquarium of the Pacific

Dates: December 2024 (Exact dates TBD)

Location: Aquarium of the Pacific, Long Beach

The Aquarium of the Pacific in Long Beach offers a unique holiday experience with Holidays at the Aquarium, where visitors can explore marine life exhibits decked out in festive decorations. The event includes special holiday presentations, Santa Claus scuba diving with the fish, and live performances featuring seasonal music.

Kids will love the holiday-themed crafts and opportunities to meet the aquarium's resident animals, including sea otters and penguins. The aquarium's stunning ocean backdrop adds a touch of magic to this one-of-a-kind holiday celebration.

Los Angeles County comes alive during the holiday season, offering a diverse array of events that reflect the city's eclectic and multicultural spirit. Whether you're exploring enchanting light displays of Holiday Road, skating at ICE Santa Monica, or driving through the festive homes of Candy Cane Lane, there's something for everyone to enjoy.

CAMARILLO OLD TOWN PRESENTS

BooFEST

FREE EVENT

Saturday, October 26th

12PM - 4PM

TRICK-OR-TREATING
& COSTUME CONTEST

GO DOOR-TO-DOOR FOR TREATS

CAMARILLOOLDTOWN.ORG

Holiday EXPERIENCE

OPEN THURSDAYS TO SUNDAYS
NOVEMBER 1 - DECEMBER 22

4pm-9pm

1657 SIMI TOWN CENTER WAY
SIMI VALLEY, CA

ONE MILLION LIGHTS

Valley Scene Magazine

PUBLISHER
Joshua S. Kushner, Sr.

EDITOR IN CHIEF
Patricia Bradford Rambo II

SENIOR ASSOCIATE EDITOR
Barbara Beckley

RESTAURANT EDITOR
Brad Winchell

TRAVEL EDITOR
Susan McAuley

ASSOCIATE TRAVEL EDITORS
Dru Jenson-Jones
Ronnie Greenberg, Joshua Kushner, Jr.

SPECIAL EVENTS EDITORS
Derek Devermont
Bruce Wildstein

SENIOR TECHNOLOGY EDITOR
Brad Winchell

THEATRE EDITOR
Steve Moyer

PET EXPERT/CONTRIBUTOR
Valli Aman

CONTRIBUTING WRITERS
Barbara Beckley, Jay Warsinske
Chris Boucher, Joanna Parker,
Bruce Wildstein, Jonathan Weichsel,
Rick Castaneda, Kerry Reid,
James Domine (Classical Music)
Brenda Eichinger, Thomas Ferguson,
Lark Aldrin-Fieman, Rhonda Heaslip,
John Hershberg, Shea Vaughn
Hollie Overton, Heather Rayne,
Jessica Renslow, Ester Schultz,
Tony Reverditto, Joan Russell,
Keri Schwab, Tim Wassberg,

STAFF PHOTOGRAPHY/WRITER
Danika Levine, Joshua Shevchuk

LAYOUT & DESIGN
Pam Strugach

ADVERTISING SALES DIRECTOR
Trisch Kushner

ADVERTISING SALES MANAGER
Josh Sanford

CLASSIFIED ADVERTISING MANAGER
Mark Selfman

ACCOUNT EXECUTIVES
Laura Gina Mendos

CIRCULATION MANAGER
Eric Escobar

MAIN OFFICE
(818) 888-2114

ADVERTISING
(818) 888-7141
Fax (818) 888-7142
www.valleyscenemagazine.com

E-mail
contact@valleyscenemagazine.com

Address
6520 Platt Ave Suite 336
West Hills, CA 91307

Torrenial Publishing publishes
Valley Scene Magazine every
other Friday. 1 copy per person.
Copyright 2020 All rights reserved



SOUNDS THAT KNOW NO BOUNDS FROM ALL AROUND THE WORLD

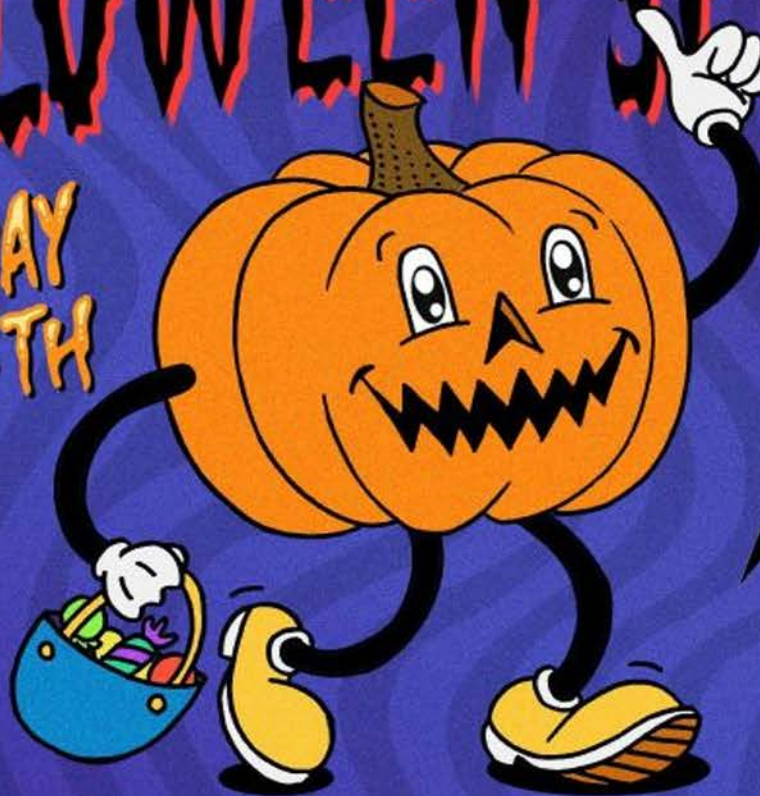
NO VISA

HALLOWEEN SPECIAL

SATURDAY
OCT 26TH

10:30PM
TIL 2AM

FREE
ENTRY



WITH DEEJAY

CAPTAIN PLANET

AT GOLD DIGGERS

GLOBAL DISCO FUNK HOUSE SOUL & OTHER BOOGIE FROM BEYOND

MINUTIA

Best Pathways To Reach The Hollywood Sign And What To Bring with You

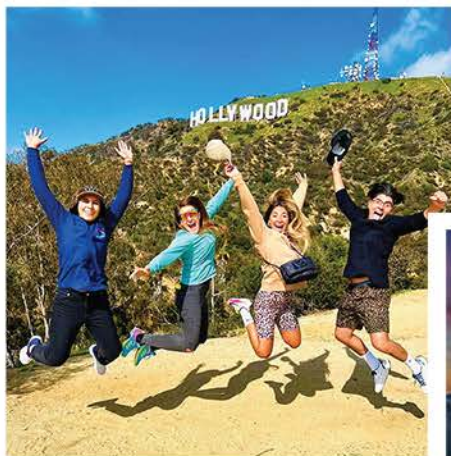
By Contributing Writer

The Mount Hollywood Trail

Distance: 5 miles round trip

Difficulty: Easy to moderate

The Mount Hollywood Trail is one of the most popular options for those seeking an



easy-to-moderate hike with views. Starting at the Griffith Observatory, this trail offers a gentle climb and rewards hikers with panoramic views of Los Angeles and the Hollywood Sign. Along the way, you'll be

treated to lush greenery, the observatory itself, and sweeping vistas of the city and the sign in the background. This trail is ideal for beginners or families, as it is relatively short and not too strenuous. It's also an excellent option if you're looking to visit the Griffith Observatory.

Directions: Park near the Griffith Observatory, and the trailhead is just to the right of the observatory's main entrance. Follow the signs for the Mount Hollywood Trail.

The Brush Canyon Trail

Distance: 6.4 miles round trip

Difficulty: Moderate



The Brush Canyon Trail is a favorite for those looking to get a bit closer to the Hollywood Sign. Starting from the Brush Canyon Trailhead, this hike takes you on a scenic route through the canyon, surrounded by chaparral, cacti, and stunning views. As you ascend, the sign gets larger, and you'll eventually arrive at a viewpoint just behind the sign.

This trail is moderately challenging, with a steady incline, but the reward is worth it. You'll be treated to breathtaking views of the Los Angeles skyline, the Hollywood Reservoir, and, of course, the Hollywood Sign itself.

Directions: Park at the end of Canyon Drive and follow the Brush Canyon Trail. The trail is well-marked and easy to navigate.

The Cahuenga Peak and Wisdom Tree Trail

Distance: 5.7 miles round trip

Difficulty: Difficult

For those looking for a challenging hike, the Cahuenga Peak and Wisdom Tree Trail offers a rigorous trek with some of the best views. Starting near the Hollywood Reservoir, this trail leads you up to Cahuenga Peak, the highest point in Griffith Park, which offers unobstructed views of the city. Along the way, you'll pass the famous Wisdom Tree, a solitary tree that has become a symbol of resilience after surviving a devastating wildfire.

After reaching Cahuenga Peak, the trail continues to the ridge behind the Hollywood Sign, offering a unique perspective from the back. This trail is steeper and rockier than others, so it's best suited for experienced hikers.

Directions: Park near the trailhead on Wonder View Drive and follow the signs for the Wisdom Tree and Cahuenga Peak.

The Hollyridge Trail

Distance: 3.5 miles round trip

Difficulty: Easy to moderate

The Hollyridge Trail is another popular option. This trail offers a relatively easy hike, making it a great option for families or those who prefer a shorter hike. The trailhead starts at the end of Beachwood Drive, which leads you through the Hollywood Hills before connecting with other trails in Griffith Park.

This trail offers a more leisurely route, with plenty of shade, making it ideal for those who want a relaxing hike without too much elevation gain.

Directions: The trailhead is located at the end of Beachwood Drive, but be aware that parking can be limited in this residential area.

What to Bring with You

Regardless of which trail you choose, preparing for your hike to the Hollywood Sign is essential. Here's what to bring with you:

Water: Hydration is key, especially during the hot and dry summer months. Bring at least a liter of water per person.

Sun Protection: The California sun can be intense. Make sure to bring sunscreen, a hat, and sunglasses to protect yourself from UV rays.

Comfortable Footwear: Proper footwear is crucial, especially on rocky or uneven terrain. Wear comfortable, supportive hiking boots or shoes with good grip to prevent slipping or discomfort.

Snacks: Pack some light snacks, like trail mix or energy bars, to keep your energy up during the hike. Even if you're doing a shorter trail, having some fuel on hand can make a big difference, especially on the uphill sections.

A Camera or Smartphone: The views of the Hollywood Sign and the surrounding area are absolutely worth capturing. Bring a camera or smartphone to snap some photos, but be mindful of your surroundings and stay safe.

A Map or GPS: While the trails are generally well-marked, it's always a good idea to have a map or GPS with you, especially on the longer routes. There are several intersecting trails in Griffith Park, and it's easy to take a wrong turn.

Hiking to the Hollywood Sign is one of the best ways to experience the beauty of Los Angeles while getting up close to a world-famous landmark. Whether you're looking for an easy stroll or a challenging trek, there's a trail to suit your preferences. Just remember to come prepared with the essentials and enjoy the stunning views!

Farm Day

VENTURA COUNTY

Meet the Hands that Feed You!

Saturday, November 2nd
10 AM - 3 PM



SEE AG

THE HISTORIC EL PORTAL THEATRE

Presents Holiday Highlights

Oy! to the World
CHRISTMAS WITH A TWIST!
A celebration of your favorite
Christmas songs by Jewish songwriters
DIRECTED BY Maurice Godin
CHOREOGRAPHED BY Jeffrey Polk
MUSICAL DIRECTION & ARRANGEMENTS BY Gerald Sternbach
WRITTEN BY Gregory Thirkowya Maurice Godin
12 PERFORMANCES ONLY!
DECEMBER 12 - 22, 2024

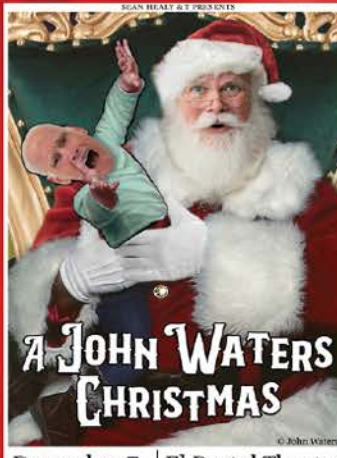


STARRING



AND FEATURING
GERALD STERNBACH
AS CHRIS

A JOHN WATERS CHRISTMAS
December 7th | El Portal Theater
5269 Lankershim Blvd, North Hollywood, CA
Tickets Available at [SHIPTICKETS.COM](https://www.shiptickets.com)



Upcoming Events

HOT AUGUST NIGHT 11/9

**FRITZ COLEMAN'S
UNASSISTED RESIDENCY 11/10**

ELVIS TRIBUTE ANDY JAMES 11/23

OY! TO THE WORLD 12/12 -22

**A JOHN WATERS CHRISTMAS
12/7**

**AWARD-WINNING
ELVIS
TRIBUTE ARTIST
ANDY JAMES**

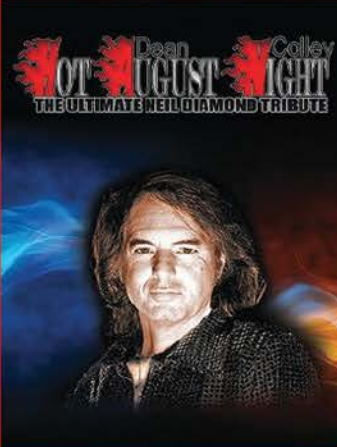


**ONE NIGHT ONLY
TWO AMAZING ACTS!**
SAT, NOV 23 @ 8:00PM
MONROE FORUM
AT THE HISTORIC EL PORTAL
NORTH HOLLYWOOD
TICKETS \$35 & \$45
INFO @ [ELPORTALTHEATRE.COM](https://www.elportaltheatre.com)

**SPECIAL GUEST
LISA DONAHEY**
Sounds of the 60s



Dean August Coley
OTUGUST COLLEY
THE ULTIMATE NEID DIAMOND TRIBUTE



*Nothing Beats a Great Show!
Give the Gift of Memories!*

THE HISTORIC EL PORTAL THEATRE

5269 LANKERSHIM BOULEVARD, NORTH HOLLYWOOD, CALIFORNIA 91601

ALL SHOWS ON SALE NOW!

TICKETS: **818.508.4200**

ORDER ONLINE AT [elportaltheatre.com](https://www.elportaltheatre.com)



THE HISTORIC
El Portal Theatre
NORTH HOLLYWOOD, CALIFORNIA

ON SCREEN



By Contributing Writer

In Anna Kendrick's "Woman of the Hour," a chilling, based-on-a-true-story drama about when a 1970s serial killer appeared on an episode of "The Dating Game," one of the most telling images isn't a grisly murder scene. It's Pete Holmes' face.

Kendrick, making her directorial debut, stars as an aspiring actor named Cheryl Bradshaw who winds up a contestant on that particular "Dating Game" episode. She's venting about her



audition frustrations with a neighbor (Holmes). After he makes an awkward pass, she recoils and he sits heavily, staring in disappointment.

The tension of those encounters, and how women are forced to handle, and suffer, bruised egos of men, fuels "Woman of the Hour," a sometimes awkwardly plotted but consistently insightful thriller about the anxiety of the female experience and the grim game of weighing the threat of potential danger in men.

Kendrick, working from a script by Ian McDonald, opens "Woman of the Hour" with a scene in the remote foothills of Wyoming. There, Rodney Alcala (Daniel Zovatto) is playfully photographing a young woman (Kelley Jakle) but soon has his hands around her throat.

Though the film then shifts primarily to Cheryl taping "The Dating Game," "Woman of the Hour" is interspersed with similarly gruesome encounters between Alcala and women. They follow a similar pattern. He's charming and even sensitive, but turns violent at the first sign of rejection.

"Woman of the Hour" isn't your standard true crime dramatization. The perspective of Alcala, who was convicted in 1980 of killing seven women and girls and died on death row in 2021, isn't the one that matters here. It's the women he targeted.

Kendrick's movie might have been a better, more suspenseful film if it could have stayed in one timeline and teased all of the drama out of the "Dating Game" taping. But in unmasking Alcala from the start, "Woman of the Hour" becomes more about the horror of a killer who thrived out in the open, even on national television. We watch in dread at just how easily he blends in next to bachelor one and bachelor two — and even seems like the most appealing of the bunch.

When Cheryl is thrust into the showbiz swirl of "The Dating Game," all of the sexist remarks and misogynistic underpinnings of the show appear only more sinister given Alcala's presence. The host, a fictionalized Jim Lange named Ed Burke, is played with expert, flippant sleaze by Tony Hale. Kendrick keeps the camera on Cheryl's face in the makeup chair while Ed, just before showtime, tells her not to act too smart. "I just need you to laugh and smile over and over," he says.

Plenty more sexism is baked into the show. (One of Cheryl's cue cards reads: "My favorite hobby is kissing.") The juxtaposition of a serial killer of women with Hollywood misogyny adds a potent layer. (Kendrick has said an audition exchange early in the film about doing on-camera nudity is taken verbatim from her own experience as a young actor.) That's particularly true when an audience member, Laura (Nicolette Robinson), recognizes Alcala as the man who killed her friend. Her attempts to warn producers are met predictably.

Though Zovatto's performance is compellingly unsettling without being over-the-top, the dark, disturbed nature of Alcala is too much for "Woman of the Hour" to reckon with. This was a killer whose path of heinous violence included the rape and near-murder of an 8-year-old girl and the killing of a 12-year-old biking home from ballet class. The years of police and judicial failure that allowed Alcala to avoid imprisonment for so long are only hinted at here.

"Woman of the Hour" will surely send many looking up this stranger-than-fiction story. But Kendrick's achievement is in capturing, from a woman's point of view, just how hard it can be to pick a serial killer out of an all-male line-up.

SMILE 2

By Contributing Writer

In an early scene in "Smile 2," the fictional pop superstar Skye Riley is in her drug dealer's apartment. "Do you believe in weird stuff?" he asks her, between doing lines of coke.



You certainly will after this horror romp — writer-director Parker Finn's second movie that suddenly opens up the franchise with the promises of multiple directions in the future. Not for that drug dealer, though: He soon smiles at her demonically as he repeatedly slams a 35-pound gym weight into his head, making it hamburger.



"Smile 2" lands as unsettling grins are plastered on pumpkins and politicians alike as we approach Halloween and Election Day, and the psychotic, overly made-up leads of "Joker: Folie à Deux" have been putting up a brave face at their terrible box-office numbers.

So it's the perfect time for a sequel to 2020's "Smile," which bridged the gap

between elevated art horror and straight-out, unapologetic slasher. Finn this time takes on fame, a better tonal fit than the generational trauma of the first. It's a meditation on breakdowns in the public eye, with a side dish of body horror.

Finn has become a much more assured filmmaker and uses humor so well here, from nasty gangsters enjoying pumpkin Frappuccinos to our heroine Googling "Does vomit have DNA?" He's still fond of jump-scares and blood spurting and gross-out tricks, like a body dragged by a truck until it's just a smear with entrails. One delightful moment has Skye chased by demonic backup dancers, a Bob Fosse-meets-"Thriller" sequence.



Finn also has a ball putting his heroines into cringe-worthy situations. In the first movie, a murdered cat got bundled into a kid's birthday present. In this one, it's a impromptu speech in front of music industry types that goes horrifically off the rails. He's got a deeper target: How do we quiet those voices in our heads that say we're no good?

Finn's script sometime lags as he searches for an ending for "Smile 2," seemingly in two minds, before basically delivering both, kicking up dream sequences and alternate timelines like a squid pumping out ink to cover its tracks. Over two hours ends up being too long.

But he has found a great satirical target, given life to a third film easily and showcased another rising star to watch. That's a reason to, well, smile about.

THREE THINGS TO KNOW: AMAS, DONALD GLOVER AND 'JOKER'

By Contributing Writer

consumption. With streaming platforms, how people engage with music has transformed. Viewership for traditional awards shows has declined.



One of the most significant aspects is its ability to break records and honor musicians across diverse genres. The AMAs continue to reflect the power of fans.

Donald Glover: A Multi-Talented Powerhouse

Donald Glover, known for his musical alter ego Childish Gambino and his television show Atlanta, is an undeniable force. His ability to transition between music, acting, directing, and writing has earned him critical acclaim and commercial success.

Glover gained mainstream recognition for Community, but his career skyrocketed with Atlanta, the FX series that he created, directed, and starred in.



Musically, Glover's work as Childish Gambino has also left an indelible mark.

Glover has been linked to high-profile projects, including starring as Lando Calrissian in Solo: A Star Wars Story and voicing Simba in Disney's live-action remake of The Lion King.

'Joker': A Groundbreaking Film Franchise

Since the release of Joker in 2019, the comic book villain has been reimagined. Directed by Todd Phillips and starring Joaquin Phoenix, Joker portrays the character in a gritty, realistic manner that delves into mental illness, societal breakdown, and loneliness.

Phoenix's portrayal earned him the Academy Award for Best Actor, making him the second actor to win an Oscar for playing the role, after Heath Ledger's posthumous win.

The film's success led to a highly anticipated sequel, Joker: Folie à Deux, Lady Gaga joins the cast as Harley Quinn. The inclusion of Gaga has piqued the interest of fans and critics alike. The original Joker grossed over \$1 billion. It also became the highest-grossing R-rated movie of all time. The success of Joker has redefined the potential of standalone, character-driven comic book films.

Whether it's the evolution of the AMAs, Donald Glover's trailblazing career, or the game-changing success of Joker, these topics highlight the landscape of the entertainment industry. From chart-topping hits to boundary-breaking films and TV shows, these cultural milestones continue to shape how we consume and appreciate art and media today.

TINA'S Pumpkin Patch

OCT 2-31 & NOV 2-3

TRAIN, PETTING ZOO, PONY RIDES & BOUNCERS



WESTFIELD FASHION SQUARE Sherman Oaks

Parking Lot off Woodman Ave & 101 Fwy

www.TINASPUMPKINPATCH.COM 818-990-2571



LIVE MUSIC COMEDY & MORE

19616 VENTURA BLVD • TARZANA

10.25

LIVING LOVING LED & ALICE COOPERS
TRIBUTES TO LED ZEPPELIN & ALICE COOPER

10.26

HALLOWEEN PARTY
SATURDAY OCT 26
8PM - 1AM
HALLOWEEN PARTY
DJ FOX W/ KREEPY KARAOKE

10.27

JON VANG PRESENTS
BATTLE FLASK & THE GIMPS

11.1

Los Muertos
DIA DE LOS MUERTOS
W/ THE GRITTY END, THE VECTORS & THE PEABRAINS

11.2

THE WEIRD ALS
THE WEIRD ALS & LUCIFUGE
TRIBUTES TO WEIRD AL YANKOVIC & DANZIG

11.8

ZERO MAGIK
W/ CHEVY AND THE KNIGHTS, NO GOOD GIMMES & MORE

f @ BARIOATCORBIN

TECH TALK



TESLA HUMANOID ROBOT OPTIMUS IS THE FUTURE OF HOUSEHOLD ASSISTANCE AND COMPANIONSHIP

By Contributing Writer

In recent years, the advancements in artificial intelligence and robotics have been staggering. Tesla has unveiled its latest creation—Optimus, a humanoid robot designed to transform how we live, work, and interact. Elon Musk's vision goes beyond being a technological marvel; it aims to bring practical solutions to everyday life.

The Concept Behind Optimus

Optimus was introduced at Tesla's AI Day, an event dedicated to showcasing progress in artificial intelligence and robotics. Optimus is designed with human interaction in mind. Standing at 5 feet 8 inches tall and weighing around 125 pounds, the robot resembles a humanoid figure, capable of navigating environments designed for humans.

Tesla envisions a future where repetitive and mundane tasks can be automated. Optimus is intended to handle basic household chores, help with caregiving, and serve as a companion. **Household Assistance: A Game Changer for Daily Life**

One of the main goals of Tesla's Optimus is to assist with household chores and tasks.

The robot will be able to perform a wide range of activities, from cleaning and organizing to more complex functions like meal preparation. This could significantly reduce the burden of everyday tasks for people.

Optimus's hands, equipped with advanced motor controls, will allow it to handle delicate objects, such as dishes or laundry, and assist with cooking. Imagine coming home to a clean house, a prepared meal, and laundry folded—Optimus makes that vision a reality.

For those with physical disabilities or limited mobility, Optimus could prove invaluable. It could retrieve objects, assist

feeding, and even help with mobility-related tasks, making everyday life more manageable.

A New Era of Caregiving

Tesla aims to position Optimus as a revolutionary solution in caregiving. With an aging population and the demand for caregivers, there is a growing need for reliable support. Optimus is designed to fill this gap by offering assistance in caregiving roles.

The robot can help with medication reminders, monitor vital signs, and assist with personal

care tasks such as dressing and bathing. It can also offer emotional support by engaging in conversation. While Optimus won't replace human caregivers entirely, it could serve as an invaluable aid.

Moreover, the robot's ability to learn and adapt could make it an even more personalized companion for those

it cares for. With Tesla's AI technology, Optimus could detect changes in behavior or health.

The Role of Companionship

Optimus has been designed to offer companionship, an important aspect often overlooked. In a world where loneliness and

social isolation are increasing, especially among the elderly and those living alone.

The robot's AI allows it to engage in conversations, respond to commands, and interact with users in a natural, human-like manner. Optimus can learn an individual's preferences, favorite activities, and even conversational habits.

Safety and Ethical Considerations

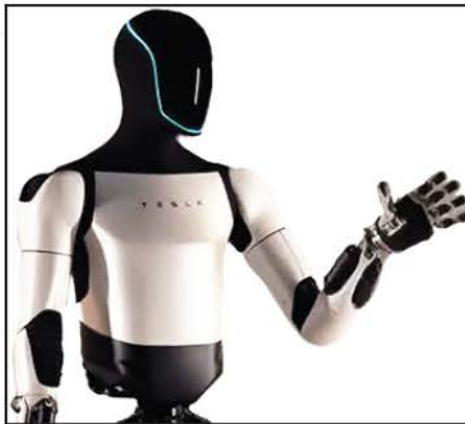
As with any advanced technology, safety and ethics are considerations. Optimus is being built with stringent safety protocols. The robot's AI will be designed to prioritize the well-being of humans and follow strict guidelines.

However, ethical concerns around AI are unavoidable, especially when it comes to replacing human roles. The question of how much reliance we should place on robots is one that will continue to be debated. Nevertheless, Tesla is focused on ensuring that Optimus enhances, rather than replaces, human care and interaction.

The Future of Robotics in Everyday Life

The launch of Optimus is a milestone in the evolution of robotics and artificial intelligence. The potential impact on daily life is profound. Optimus could dramatically change how we live and interact.

The vision of Optimus is one where humans are freed from mundane tasks and can focus on creative activities. The robot's potential cannot be overstated. Optimus may become a familiar figure in homes, offering support, care, and companionship.



BENNETT'S BEST PUMPKINS AGOURA HILLS NOW OPEN!

TRADITIONAL PUMPKINS
SMALLER PUMPKINS
SPECIALTY PUMPKINS
BIG MACS UP TO 200 LBS

WWW.BENNETTSBEST.NET

ASSORTED SQUASH
ASSORTED GOURDS
CORN STALKS
LARGE STRAW BALES



4995 KANAN RD. AGOURA HILLS (818) 540 - 5409 | 8900 ROADSIDE DR. AGOURA HILLS (818) 540-8169

SEPTEMBER 27TH - NOVEMBER 2ND

Nights Of The Jack

AN IMMERSIVE HALLOWEEN EXPERIENCE

PURCHASE
YOUR TICKETS
NOW!

NightsOfTheJack.com

@nightsofthejack #nightsofthejack

KING GILLETTE RANCH, CALABASAS



SPIRITS/TASTES

Beer Spas Rise In America!

By Contributing Writer

a cultural staple. The Czech Republic, in particular, is famous for its beer spas. Beer-based therapy isn't a gimmick; it's steeped in tradition. Monks and brewers believed in the



healing properties of beer's natural ingredients, which include hops, malt, yeast, and minerals.

Hops, which are used to flavor and preserve beer, are known for anti-inflammatory and stress-relieving properties. Yeast is rich in B vitamins and proteins that nourish and moisturize the skin.

Beer Spas in America: What to Expect

Beer spas combine the pleasures of a warm beer soak with a luxurious spa setting. Patrons can expect to sit in wooden tubs filled with a blend of warm water, beer ingredients,

and essential oils. These baths are filled with unfermented ingredients like hops and yeast, designed to provide therapeutic benefits.

Guests can enjoy relaxing treatments in addition to the beer bath. This include massages, facials, and body scrubs, all incorporating beer-related ingredients. To top it off, many beer spas offer the option to sip on a cold pint of craft beer while you soak.



Hot water, essential oils, and beer ingredients opens pores, detoxifies the skin, and promotes relaxation. This is an ideal way to indulge in both a beloved beverage and relaxing wellness.

Health Benefits of Beer Baths

While soaking in beer might sound more fun than functional, there are real health benefits associated with beer spas. Hops contain essential oils that have natural antibacterial and anti-inflammatory properties, which can help soothe irritated skin and reduce inflammation. The warm water used in beer spas opens up your pores, allowing your skin to absorb these beneficial nutrients more effectively.

Yeast, another key component, is rich in vitamins and amino acids that can soften and moisturize the skin, making it feel smoother and more hydrated. People who suffer from skin conditions such as eczema or psoriasis may find some relief from beer soaks, as yeast is known to help balance the skin's natural pH levels and promote healing.

In addition to skin benefits, the overall relaxation that comes from soaking in a warm bath infused with essential oils and beer ingredients can help reduce stress and tension. Just like a hot bath at the end of a long day, a beer soak can provide mental relaxation while promoting physical health.

The Craft Beer Movement and Beer Spas

One of the reasons beer spas are taking off in America is the booming craft beer

movement. The United States is home to thousands of craft breweries, and many beer spas have begun partnering with local breweries to incorporate unique, locally-made beer ingredients into their treatments. This fusion of wellness and craft beer culture has led to an exciting new frontier for both beer enthusiasts and spa-goers.

Beer spas in America often emphasize the local and artisanal aspects of their offerings. Many highlight the specific breweries they collaborate with, giving guests a chance to experience regional flavors and ingredients while soaking in the tub. This adds a personalized touch to the experience, and for those who are passionate about craft beer, it's an exciting opportunity to engage with their favorite brewers in a completely new way.

Popular Beer Spas in America

As beer spas gain traction in the U.S., several cities have become hot spots for this trend. Cities with thriving craft beer scenes,



such as Denver, Portland, Napa Valley and Asheville, are leading the way in offering beer spa experiences. These spas provide not only the relaxation of a typical spa but also a unique connection to the local brewing culture.

The Future of Beer Spas

As the trend grows, beer spas may become as common as wine country tours or brewery visits. The appeal of combining relaxation with the health benefits of beer ingredients, all while indulging in a favorite beverage, is something that resonates with many. For those who appreciate craft beer or are simply looking for a new and innovative way to unwind, beer spas offer an immersive and therapeutic experience that goes beyond the traditional spa day.

As more Americans embrace the concept, beer spas could evolve to include a wider variety of treatments and experiences, further blurring the line between wellness and indulgence. Whether you're a beer lover or just in need of a relaxing escape, beer spas are here to stay, offering a refreshing twist on wellness.

HAPPY MON-FRI 4PM-7PM HOUR

Bar Louie

1/2 PRICE

DRAFTS
40 Taps

WINES
20 Varieties

SIGNATURE MARTINIS
14 Selections

APPETIZERS & FLATBREADS

EAT • DRINK • BE HAPPY®
northridge

*See server for details

THE BEST HAPPY HOURS IN LOS ANGELES SIP, SAVOR, AND SAVE

By Contributing Writer

In Los Angeles, happy hours aren't just a time to grab a drink; they're an integral part of the city's food and drink culture. Whether you're a local looking to unwind or a visitor seeking to experience LA's diverse dining, these happy hour spots offer incredible deals on drinks and bites that will leave you satisfied.



Bestia

Address: 2121 E 7th Pl, Los Angeles
Happy Hour: Monday through Thursday, 5 p.m. - 6:30 p.m.

Bestia, located in LA's Arts District, is one of the city's most acclaimed Italian restaurants. Known for its rustic yet refined dishes, Bestia's happy hour is a foodie's dream. Enjoy half-off select cocktails and wines while indulging in small plates, including their legendary bone marrow or house-made pizzas. The industrial-chic vibe adds to the allure.

Bodega Wine Bar

Address: 814 Broadway, Santa Monica
Happy Hour: Daily, 5 p.m. - 7 p.m.

For wine lovers, Bodega Wine Bar in Santa Monica offers an unbeatable happy hour that features \$6 glasses of select wines and \$4 beers. The cozy, relaxed atmosphere makes it a perfect spot to unwind. Pair your

wine with discounted appetizers like flatbreads or their signature cheese plate.

The Misfit

Address: 225 Santa Monica Blvd, Santa Monica

Happy Hour: Daily, open to 7 p.m.
Located steps from the Santa Monica Pier, The Misfit is a prime spot for locals and tourists. The happy hour includes half-priced well drinks, house wine, and draft beer. Not only are the drinks well-crafted, but small plates, like deviled eggs and chicken sliders, are must-tries.

The Raymond 1886

Address: 1250 S Fair Oaks Ave, Pasadena

Happy Hour: Tuesday through Thursday, 4 p.m. - 6 p.m.

For craft cocktail enthusiasts, The Raymond 1886 in Pasadena is an ideal happy hour. Featuring cocktails for \$9 and small bites starting at \$7, this historic venue boasts a speakeasy vibe.

www.theraymond1886.com

EP & LP

Address: 603 N La Cienega Blvd, West Hollywood

Happy Hour: Monday through Friday, 5 p.m. - 7 p.m.

At EP & LP, the rooftop setting offers panoramic views, making it one of the trendiest happy hour spots. Enjoy \$10 cocktails and discounted bites such as shrimp spring rolls and pork belly bao buns while watching the sunset over the Hollywood Hills.

www.eplosangeles.com

Caña Rum Bar

Address: 714 W Olympic Blvd, Los Angeles

Happy Hour: Tuesday through Friday, 6 p.m. - 8 p.m.

Caña Rum Bar in downtown LA offers a tropical twist with \$7 rum cocktails and \$6 select wines. This rum-centric lounge has a laid-back, Caribbean vibe, and their mojitos and daiquiris are perfect for unwinding after a long day.

www.canarumbarla.com

Salt's Cure

Address: 1155 N Highland Ave, Los Angeles

Happy Hour: Monday through Friday, 4 p.m. - 6 p.m.

Salt's Cure, known for its farm-to-table cuisine, offers a happy hour that focuses on fresh, seasonal ingredients. Enjoy \$6 wines and \$5 beers, alongside a selection of gourmet small plates like house-cured charcuterie and fresh oysters.

www.saltscure.com



CASUAL CONNOISSEUR

The Stalking Horse Brewery & Freehouse

Address: 10543 W Pico Blvd, Los Angeles



Happy Hour: Monday through Friday, 4 p.m. - 6 p.m.

If you're a beer lover, The Stalking Horse in West LA is a must-visit. Their happy hour includes \$5 house-brewed beers and \$8 pub bites.

www.thestalkinghorsepub.com

Gracias Madre


Address: 8905 Melrose Ave, West Hollywood

Happy Hour: Monday through Friday, 3 p.m. - 6 p.m.

Gracias Madre brings a plant-based twist to happy hour, serving \$7 margaritas, \$6 wines, and \$5 beers, all paired with delectable vegan small plates like butternut squash empanadas and coconut ceviche.

www.graciasmadre.com


Whether you're in the mood for artisanal cocktails, a rooftop view, or a pub vibe, these happy hour spots offer something for everyone. Each venue brings its own flavor to LA's bustling happy hour scene.




BOORITO

This Halloween come into any Chipotle dressed in costume from 5pm to close, and you'll score a burrito for just \$3.

chipotle.com/boorito



PROCEEDS WILL HELP RAISE \$1,000,000 FOR THE:  CHIPOTLE CULTIVATE foundation

Excludes on-line, iPhone, Android, fax or catering orders. Only one Boorito per person in costume. Promotion valid in all US, Canada and Europe restaurants.

Habits To Help Lower Cortisol And Keep Stress Under Control

By Contributing Writer

In today's fast-paced world, stress is a common companion, and managing it can feel like an uphill battle. Stress triggers cortisol, the body's primary stress hormone, which plays an essential role in regulating various bodily functions. However, when cortisol levels remain elevated for long periods, it can lead to negative health effects, including anxiety, weight gain, high blood pressure, and even weakened immunity. The good news is that developing specific daily habits can help lower cortisol levels.

Exercise Regularly but Avoid Overtraining

Exercise is one of the most effective ways to manage stress. Physical activity stimulates endorphins, chemicals in the brain that act as natural mood elevators. It also helps regulate the body's stress response.

However, avoid overtraining. Intense, prolonged workouts can increase cortisol levels. Focus on moderate exercises such as walking, cycling, swimming, or yoga. Incorporating strength training and cardiovascular activities a few times a week can improve your mood and lower cortisol.

Prioritize Quality Sleep

Sleep is crucial for regulating cortisol. Poor sleep quality or chronic sleep deprivation can lead to an increase in cortisol production, making it more difficult for the body to recover from stress. A consistent sleep schedule helps regulate your circadian rhythm.

The blue light emitted by electronic devices can interfere with your body's natural sleep-wake cycle, so it's important to create a bedtime routine that promotes relaxation.

Practice Mindfulness and Meditation

Mindfulness and meditation are powerful tools for reducing stress and lowering cortisol. Mindfulness, the practice of staying present in the moment can help you become more aware of your thoughts and emotions. Meditation encourages relaxation and has been shown to lower cortisol levels over time.

Even short, daily mindfulness practices—like breathing or doing a quick body scan—can reduce feelings of anxiety.

Maintain a Balanced Diet

The food you eat has a direct impact on cortisol levels. A balanced diet rich in whole foods such as fruits, vegetables, lean proteins, and healthy fats can help regulate cortisol and keep your energy levels stable.

Certain foods are particularly effective. These include dark leafy greens, citrus fruits, fatty fish, and

foods rich in magnesium. Staying hydrated is also essential.

Engage in Relaxation Techniques

Incorporating relaxation techniques into your daily routine can help lower cortisol levels and promote calm. Deep breathing, progressive muscle relaxation, and visualization are all



effective methods for reducing stress. When you engage in these practices, you activate the parasympathetic nervous system, which counteracts the stress response and helps bring your body back to a state of balance.

For example, deep breathing exercises help reduce cortisol by lowering your heart rate and promoting relaxation. Even taking just a few minutes each day to focus on your breath can make a significant difference.



Cultivate Social Connections

Spending time with friends and family can have a profound effect on your cortisol levels. Social support is a natural buffer against stress, as positive interactions with loved ones release oxytocin, a hormone that counteracts the effects of cortisol.

If you're feeling overwhelmed, don't hesitate to reach out to someone you trust. Even a short

conversation can help reduce feelings of isolation and anxiety.

Laugh Often

Laughter truly is one of the best medicines. Studies have shown that laughing can significantly lower cortisol levels and improve overall mood. Whether it's watching a funny movie, sharing jokes with friends, or enjoying a light-hearted conversation, laughter provides a natural and enjoyable way to reduce stress.

Stress is an inevitable part of life, but by adopting these habits, you can help keep cortisol levels under control and promote a healthier, more balanced lifestyle. Regular exercise, quality sleep, mindfulness, a balanced diet, and strong social connections are all key components to managing stress and improving your overall well-being. By making these habits a part of your daily routine, you'll not only reduce your cortisol levels but also enhance your mental and physical health.

RENT SOME FUN!

\$5 OFF!
ALL RENTALS*
With this Ad

SPECIALTY BIKES • SWAN BOATS • TANDEM • CRUISER BIKES • KIDS BIKES & MORE!*

2 LOCATIONS AT LAKE BALBOA!
 6300 Balboa Blvd, Van Nuys, CA 91316

SWAN BOAT RENTALS AT ECHO PARK LAKE!
 751 Echo Park Ave., Los Angeles, CA 90026
 (213) 444-9445 • wheelfunrentals.com/echo

*Get \$5 off your total rental transaction with this ad, limit one per transaction. Not valid holidays, holiday weekends or with any other offer. Offer valid only for locations listed. Prices and products vary by location, see website for details.

Valley Scene 09/06/19

ANDY JAMES
BRINGS BACK
THE KING!

AN AWARD-WINNING ELVIS TRIBUTE!

to your favourite Elvis hits,” award-winning tribute artist Andy James is more than just a performer.



By Contributing Writer

Step back in time and experience the electrifying energy and music of the King of Rock ‘n’ Roll with the spectacular, award-winning Elvis Tribute Artist direct from the UK, Andy James!

Feel the magic as he channels Elvis Presley’s iconic charisma, raw energy, and unforgettable voice through every note and hip swivel bringing to life the hits that defined an era. From “Heartbreak Hotel” to “Suspicious Minds,” “Jailhouse Rock” to “Can’t Help Falling in Love,” relive the magic of his greatest hits in a performance that will have you dancing in your seats. Hailed by In The News UK as, “a great showman who will have you dancing along

Opening the show, the sensational Lisa Donahey will transport you to the vibrant era of the 60s with her soul-stirring renditions of the decade’s most iconic songs. Her powerful vocals and magnetic stage presence will take you on a journey through the sounds of Motown, Burt Bacharach, the British Invasion and folk rock. Lisa’s performance is a heartfelt tribute to the music that defined a generation.

Don’t miss this one-of-a-kind concert that promises to be a nostalgic trip down memory lane. Get ready for a night filled with timeless classics, electrifying performances, and the undeniable spirit of the 60s and 70s.

Get your tickets now and be a part of a

concert experience like no other that’ll leave you singing and dancing all the way home!

Since its reopening and redevelopment in the NoHo Arts District in 2000 the historic El Portal Theatre has featured musicals, plays, dance, educational arts programs, and unique acts from around the world. Celebrities including Dick Van Dyke, Debbie Reynolds, Bea Arthur, Jimmy Kimmel, Billy Goldenberg, Kitty Carlisle Hart, Jo Anne Worley, Fritz Coleman, Smokey Robinson, Rene Taylor, Joe Bologna, Rachel Bloom, James Corden, Charles Nelson Reilly, Sam Harris, Neil Patrick

Harris, Sally Struthers, Kate McKinnon, Carol Lawrence, Joe Campenello, Fred Savage, Leslie Jones, Todrick Hall, Ruta Lee, Matt Walker, Beth Kennedy, Bobby Creighton, Ron Dante, Adrienne Barbeau, Jamie Lee Curtis, and many more have starred on the MainStage.

The El Portal Theatre is frequently called the Jewel in the North Hollywood Crown — and boasts a three-sided marquee facing the boulevard that has been a location many times for film and television shoots.

The performance takes place on Sat, Nov. 23, 2024 at 8 p.m. tix - elportal.com

A TIMELESS STORY OF **REDEMPTION**

Charles Dickens'

A CHRISTMAS CAROL

Adapted for the Stage by Geoff Elliott Directed by Julia Rodriguez-Elliott & Geoff Elliott

Nov. 30-Dec. 24, 2024

BUY EARLY FOR THE BEST SEATS:
ANOISEWITHIN.ORG/ACC | 626.356.3121
3352 E. FOOTHILL BLVD, PASADENA, CA 91107



NOT YOUR MOTHER'S TIMESHARE

By Barbara Beckly

Timeshares. The concept is arguably one of the most – if not the most – confusing travel experiences on the planet. Created in the early 1970s and '80s it's actually – surprise, surprise – the world's first “shared economy” product. Where people bought a “share” of time at a condo in a destination of their choice.

Times have changed. And so have timeshares. As I learned covering the Spring 2024 ARDA (American Resort Development Association) Conference, “Timeshare Together,” in Las Vegas.

The industry has blossomed into a menu of options and freedom of choices and times including experiences, cruises, special events and hotel and resort stays from overwater



the U.S., according to ARDA. Many owners have more than one. Often sharing multiple ownerships with friends.

Value – Not Real Estate

No longer a real estate transaction where you'd “buy an annual week's stay at a specific condo.” Today's owners choose when, where and what experiences they want. This can be “flexible two- to 10-day vacations anywhere! Multiple times,” explained Tom Shelburne, chief marketing officer for Travel + Leisure Co., a timeshare company. “Today's timeshare has more in common with a country club,” he enthused. “Comradery, friendship. It's ownership in a system of exclusive membership benefits,” like Disney Vacation Club packages, and

perks like waterparks, tours, flights, cruises, rock concerts, loyalty programs, arranged activities, and restaurant meals.”

Points Based

To be clear, “timeshare” is still real estate, Gamel told me. But the emphasis is on experiences and destinations, using a point system. “It's your points that give you access (exchange power) to all these different experiences.” The number of points you have depends on the size, destination and type of timeshare you purchase. You exchange the points your time share is worth for whatever experience you want, explained Chris McGill, director of development for Interval International, one of the top two vacation ownership exchange companies.

Who Should Own a Timeshare?

“Timeshares are not for everyone.” Gamel is the first to admit this. “Timeshares are for folks who want to travel regularly. It forces you to take a vacation because it's reoccurring and you need to take advantage of it. And families! “Timeshares are excellent for families and multi-generational families, who need to plan blended

vacations months in advance. Also, vacationers who appreciate a kitchen, washer/dryer, and multi-bedrooms.”

What Owners Say

“Top quality accommodations, individual bedrooms, and a washer/dryer,” are the most often heard comments from families and couples, according to Gamel. Also, “travelers enjoy having a room that's more than 200 square feet.” Timeshare units average 1,500 square feet, according to ARDA.

Brands

All the biggies: Marriott Vacations Worldwide, Accor, Hilton Grand Vacation Club, Margaritaville Vacation Club, Hyatt Residence Club, Club Wyndham, Holiday Inn Club Vacations, Westgate Resorts, Fairfield Inn. The Swan and Dolphin hotels in Orlando. You can timeshare vacation in 17 countries and – newly added – in popular urban destinations including ski resorts, college towns and Las Vegas, perhaps in the

lavish timeshare penthouse suites atop the new Elara, a Hilton Grand Vacations Club.

What's the Cost?

A one-week, two-bedroom unit, averages \$24,000, said Gamel. “The majority of new timeshare owners take out a mortgage. Usually seven years.” Price also depends on the buyer's “right to use” plan, which can be 10, 20, 30 or 40 years. You're no longer locked in forever! Maintenance fees and property taxes average \$1,200 a year, according to Gamel. Owners see it “as an investment. And protection against inflation,” he said. As travel costs go up, you save because you're traveling on just your maintenance and taxes, which are under the national inflation rate.”

Yes! You Can Get Out

“The timeshare industry has an exit product, where they will sell your timeshare,” said Gamel. Since 2018, Responsible Exit options are available.

Santa Rosa Island

Anacapa Island

EXPLORE THE

Channel Islands

NATIONAL PARK

HIKE • KAYAK • CAMP
Anacapa Shoreline Cruise

Santa Cruz Island

Authorized
Concessioner

Call or Book Online

ISLANDPACKERS.COM • 805-642-1393

PHARRELL IS ADDING LEGO DESIGNER TO HIS VERY BUSY DANCE CARD

Is This His Masterpiece?

By Contributing Writer

Pharrell Williams is no stranger to creativity. He has become a symbol of innovation, with a career that spans music, fashion, design, and even philanthropy. From his chart-topping hits to his fashion collaborations, Pharrell has mastered versatility. But now, he's stepping into a new world—LEGO design. The multi-talented artist has announced a collaboration with the iconic toy brand. Could Pharrell's venture into LEGO design elevate the already-beloved brick?

Pharrell's Journey from Music to Design

Pharrell has always had an eye for design, whether the studio or the runway. His love for creativity extends beyond music, a trait that has made him one of the most influential artists of his generation. He has blurred the lines between art forms, creating a unique intersection where music, fashion, and design coexist.

His fashion collaborations have made waves. From his work with Louis Vuitton to his Billionaire Boys Club streetwear line, Pharrell has proven that his artistic vision is as strong in the world of fashion as it is in music. His aesthetic is playful and forward-thinking, blending luxury with street style.

Pharrell's interest in design extends to architecture as well. He co-designed a Miami condo project called The Residences, collaborating with the firm Related Group. His involvement demonstrates a deep understanding of visual storytelling, and his work pushes the envelope.

LEGO and the Power of Creativity

LEGO is a brand that has long been associated with imagination. These colorful bricks have inspired builders of all ages to create worlds, making it an ideal platform for someone like Pharrell. The idea of Pharrell Williams, an artistic polymath, joining forces with LEGO, a brand synonymous with creative freedom, is natural and exciting.

Pharrell's partnership with LEGO speaks to the shift of viewing toys not just as children's playthings but as tools for artistic expression. LEGO has evolved from a simple toy to a platform for serious design. The LEGO Architecture series has brought iconic landmarks like the Eiffel Tower and the Statue of Liberty to life, challenging adults and children alike to see potential.

LEGO has also branched out into art collaborations, making it a medium for artists to express ideas. Pharrell's foray into LEGO design is more than just a side project. It represents an intersection of art, design, and culture.

Pharrell's Vision for LEGO

So, what can we expect from Pharrell's venture into LEGO design? Pharrell has hinted that his designs will be inspired by nostalgia and futuristic elements—a blend that has become a signature of his aesthetic. He has spoken about how LEGO played a role in his childhood, fostering creativity and problem-solving. For Pharrell, designing with LEGO isn't just about creating a product; it's about sparking a sense of wonder.

Given Pharrell's ability to infuse his projects with meaning and cultural relevance, his LEGO designs are likely to be as thought-provoking as they are visually striking. Imagine a set that blends architecture, music, and fashion—perhaps

a futuristic cityscape filled with vibrant colors. Or maybe he will take inspiration from his music, creating sets that reflect the rhythm and energy of his songs.

Pharrell is known for his attention to detail, and it wouldn't be surprising if his LEGO sets offer the same level of complex-

ity and artistry. Pharrell's approach could introduce new layers of storytelling and design philosophy.

Is This Pharrell's Masterpiece?

Pharrell has cemented his legacy as a groundbreaking musician and designer, but could this LEGO collaboration be his masterpiece? While Pharrell's past projects have shown his ability, LEGO offers a unique opportunity to combine multiple elements of artistry. It allows him to engage with his audience in a new way.

Pharrell's involvement with LEGO could set a new standard for celebrity collaborations. Rather than simply attaching his name, Pharrell seems to be deeply involved in the creative process.

In the end, whether or not Pharrell's LEGO designs will be considered his masterpiece remains to be seen. What is clear is that Pharrell is once again pushing the boundaries of what it means to be a multi-hyphenate artist. Pharrell continues to redefine creativity in ways that inspire and excite.



Robin Babbini
1986 - 2006

The Ovarian Cancer Circle

Inspired by Robin Babbini

Presents
the 15th Annual



COMEDY NIGHT

THURSDAY, NOV. 14, 2024
5:30 P.M.

Hilton Woodland Hills
6360 Canoga Ave., Woodland Hills

Three Course Dinner & Online Silent Auction

\$165.00



Tickets: theovariancancerircle.org/events
Email: paulinda@theovariancancerircle.org
(323) 610-8991 • theovariancancerircle.org

- No Tickets Sold at the Door -



Starring: **TEHRAN**

Headliner at Laugh Factory,
The Comedy Store & his
Netflix specials.
Plus two more comics!

COMEDY NIGHT SPONSORSHIP OPPORTUNITIES

YOU can make a difference with your corporate sponsorship of \$300.00

- Your company's logo or foundation will be prominently displayed on the recognition screen with rolling donor credits and on our social media platforms
- It is easy to make your contribution at: theovariancancerircle.org/donate or contact Paulinda Babbini at: paulinda@theovariancancerircle.org

For additional information, call Paulinda Babbini at: 323.610.8991

Please submit your logo and payment by November 1, 2024

All proceeds benefit ovarian cancer research



venmo

**Shriners Hospitals
for Children®**
Love to the rescue®

Our care knows no boundaries

THE BEST FULL BODY WORKOUTS

By Contributing Writer

A full-body workout is one of the most efficient ways to maximize your time in the gym while improving fitness. By targeting the major muscle groups, you can build strength, endurance, and flexibility, all in one go. The key is to choose exercises that engage multiple muscles simultaneously, promoting balance and improving your core strength. Here's a breakdown.

Squats

Squats are an essential part of any full-body workout. Not only do they work your legs (quadriceps, hamstrings, and calves), but they also engage your glutes and core. A practical.

Stand with your feet shoulder-width apart. Lower your body by bending your knees and

pushing your hips back, as if sitting in a chair. Keep your chest up and core engaged. Return to the starting position by pushing through your heels.

Push-Ups

Push-ups are a classic, bodyweight exercise that targets the chest, shoulders, triceps, and core. They also activate smaller stabilizing muscles, making them a great full-body workout addition.

Start in a high plank position with your hands shoulder-width apart and your body in a straight line. Lower your body toward the ground by bending your elbows while keeping your core tight. Push back up to the starting

position, ensuring your back stays straight and hips aligned.

Deadlifts

Deadlifts are a compound exercise that works multiple muscle groups, including the hamstrings, glutes, lower back, core, and upper back. It's one of the most powerful moves to develop total-body strength. Stand with your feet hip-width apart, with a barbell or dumbbells in front of you. Hinge at your hips and bend your knees slightly to lower yourself, gripping the barbell or dumbbells. Lift the weight by extending your hips and standing upright, keeping your core braced and

back flat. Lower the weight back down in a controlled manner.

Burpees

Burpees are a high-intensity, full-body exercise that combines strength and cardio, making them ideal for burning calories and improving cardiovascular fitness.

Start in a standing position. Drop into a squat, place your hands on the ground, and jump your feet back into a plank position. Perform a push-up, then jump your feet back toward your hands. Explode up into a jump, reaching your hands overhead.

Lunges

Lunges are excellent for targeting the lower body, particularly the quads, hamstrings, and glutes. They also help improve balance and coordination while engaging the core.

Stand tall with your feet together. Step one leg forward and lower your

hips until both knees form 90-degree angles. Push through the heel of the front foot to return to the starting position. Repeat on the other side.

Pull-Ups

Pull-ups are a challenging upper-body exercise that targets the back, shoulders, and biceps. They also engage the core, making them an effective exercise for overall upper-body development.

Grab a pull-up bar with your palms facing away from you, shoulder-width apart. Hang from the bar, keeping your core engaged. Pull yourself up until your chin is above the bar, then lower yourself back down with control.

Planks

Planks are one of the best core exercises for developing stability and strength in the abdominals, back, and shoulders.

Start in a forearm plank position, with your elbows under your shoulders and your body forming a straight line from head to heels. Engage your core and hold this position for as long as possible without letting your hips drop.

Kettlebell Swings

Kettlebell swings are a dynamic movement that targets the hips, glutes, core, and shoulders. They also provide a cardiovascular benefit, making them a great fat-burning exercise.

Stand with your feet shoulder-width apart, holding a kettlebell with both hands in front of you. Hinge at your hips and swing the kettlebell between your legs. Thrust your hips forward to swing the kettlebell up to shoulder height, keeping your core braced.

Incorporating these exercises into your workout routine can help you achieve a balanced, full-body workout that builds strength, endurance, and flexibility. Whether you're a beginner or an experienced athlete, these movements can be modified to match your fitness level and goals. By focusing on compound exercises that target multiple muscle groups, you'll maximize your results and achieve a stronger, fitter body in no time!



WWW.YMCALA.ORG/LOCATIONS/WEST-VALLEY-FAMILY-YMCA

After School Enrichment Programs, Swimming, Sports and More

THE PLACE TO BE AFTER SCHOOL

After School Program



REGISTER
NOW!

18810 VANOWEN ST, RESEDA, CA 91335 (818) 774-2840

Pets And Winter Wear! Keeping Your Furry Friends Cozy In Cold Weather

By Contributing Writer

As winter approaches, many pet owners face keeping their furry friends warm and comfortable. While dogs and cats naturally have fur coats, not all breeds are built to withstand cold. For many pets, winter wear is not just a fashion statement; it's a necessity. From sweaters to booties, winter gear can help protect pets and ensure their safety and comfort.

Breed-Specific Needs

Different breeds have different levels of tolerance for cold. Breeds with thick, double-layered coats, like Huskies, Malamutes, and Saint Bernards, are naturally more equipped. However, short-haired or smaller breeds often struggle to retain body heat.

Older pets, those with health issues, or animals with low body fat may also require additional insulation. Cold weather can exacerbate joint pain, making it even more important to keep them warm. Similarly, smaller animals lose body heat more quickly.

Safety in Extreme Weather

Just like humans, pets can be at risk for frostbite and hypothermia. Frostbite occurs when body parts, such as ears, tails, or paws, are exposed to freezing temperatures for too long. Hypothermia happens when a pet's body temperature drops dangerously low.

Booties, in particular, can be a crucial addition to your pet's winter wardrobe. Wearing protective footwear not only keeps your pet's paws warm but also shields them from harmful substances and potential injury.

Comfort During Outdoor Activities

Many pets enjoy playing outdoors. If your pet loves to join you on cold-weather hikes, investing in winter gear ensures they can safely participate.

Sweaters, jackets, and booties provide insulation that helps pets retain heat while staying active in colder temperatures.



Some pets may initially resist wearing winter clothing, but with patience, most can become accustomed to gear. Start by allowing your pet to wear the clothing indoors for short periods, offering treats and praise to make it a positive experience. Gradually increase the time they spend in their winter wear, and soon they'll be more comfortable wearing it during outdoor activities.

The Right Winter Wear for Your Pet

Fit and Comfort: The most important factor is ensuring a proper fit. Clothing that is too tight can restrict movement and cause

discomfort, while clothing that is too loose can cause chafing or allow cold air to seep in. Measure your pet's chest, neck, and back length to find the correct size. Many brands offer sizing charts to help you choose.



Comfort is key, so choose soft, breathable materials that won't irritate your pet's skin. Avoid garments with straps, buckles, or decorations that can get caught or cause discomfort. Look for lightweight fabrics that provide warmth without being too heavy.

Weather-Resistant Materials: When shopping for winter coats, consider materials that are water-re-

sistant or waterproof. Rain can quickly soak through non-waterproof fabrics, leaving your pet wet and cold. Look for jackets with a durable outer shell that repels moisture and an inner layer that provides insulation.

Booties made from water-resistant materials are essential. Choose booties with anti-slip soles, and make sure



they are easy to put on and take off. Some pets may need time to adjust to wearing booties, so practice indoors.

Style and Functionality: Winter wear for pets comes in a wide range of styles, from basic sweat-

ers to high-tech jackets designed for extreme conditions. While it's fun to choose stylish outfits for your pet, prioritize functionality over fashion. Reflective or brightly colored winter gear is ideal for pets who spend time outdoors, as it increases their visibility.

Layering is another option for pets. A lightweight sweater can be worn under a heavier jacket for extra insulation. However, make sure your pet can move comfortably.

Winter wear for pets is more than just a trend; it's a practical solution for keeping your furry companions safe, comfortable, and warm during the colder months. By understanding your pet's specific needs and choosing the right gear, you can ensure that winter is an enjoyable season for both you and your four-legged friend. Whether it's a cozy sweater, a weather-resistant jacket, or protective booties, winter wear helps pets brave the cold while staying happy and healthy.

Pet Adoption Fund

Give The Gift of Love!

Pet Adoption Fund is the largest non-profit, no-kill animal rescue organization in Southern California. On the average, our facility houses around 175 dogs and 75 cats, of all sizes, ages and breeds.



Say Hello to Your New Pal!

7507 Deering Ave.
Canoga Park, CA 91303
(818) 340-1186 / 1687
Open 1:00 - 5:p.m.
Tues - Sun (Closed Mondays)
<http://www.petadoptionfund.org/>

Dolittle's RANCH

BOARDING for DOGS

Member
APDT



100%
Positive

**Boarding ♦ Board & Train ♦ Private Training
Group Classes ♦ Behavior Modification
Puppy Parties ♦ Private Secure Location**

(818) 371-5859

www.dolittlesdogs.com

THE MACALLAN CREATES A \$190,000 SINGLE MALT

A Masterpiece Of
Craftsmanship and Luxury

By Contributing Writer

When it comes to rare and luxurious single malt whiskies, few names hold as much prestige as The Macallan. Known for its exceptional quality and rich heritage, The Macallan has once again pushed the boundaries of craftsmanship and exclusivity with the release of a \$190,000 single malt. This creation isn't just a whisky—it's a piece of art, a collector's dream, and a testament to The Macallan's dedication to excellence.

This ultra-premium offering is more than a beverage; it's a sensory experience that reflects the

brand's legacy of fine whisky making, attention to detail, and ability to produce some of the most coveted spirits in the world. Let's dive deeper into what makes this particular whisky so special, and why it commands such a staggering price.



The Legacy of The Macallan

The Macallan, founded in 1824 in the Speyside region of Scotland, is one of the most revered and respected distilleries globally. The brand's reputation is built on a commitment to craftsmanship, using only the finest ingredients, and employing meticulous methods of production that have been honed over nearly two centuries.

Renowned for its use of the highest-quality oak casks, The Macallan matures its whiskies in barrels that impart unique flavors and complexities. Whether aging in American or European oak, the barrels add distinct notes of vanilla, dried fruit, spices, and wood that define the character of The Macallan whiskies. Over the years, The Macallan has released limited-edition bottlings that have become highly sought-after by collectors and connoisseurs alike, with some of these bottles reaching astronomical prices at auctions.

The Creation of the \$190,000 Single Malt

The \$190,000 single malt is a culmination of The Macallan's rich history and expertise in whisky making, but this release stands out for several reasons. First, it is aged for an incredible number of years, maturing slowly and carefully in hand-selected casks. Every drop of this whisky is imbued with decades of craftsmanship, absorbing the complexities of the oak and refining itself into a rare expression of perfection.

The creation process of this single malt begins with the selection of the finest raw materials. The Macallan uses only Golden Promise barley, a rare variety that gives their whiskies a unique character. Water from the distillery's own spring, situated in the heart of Speyside, ensures consistency in flavor.

However, the heart of this creation lies in the maturation process. The whisky has been aged in exceptional quality oak casks sourced from Spain, where they previously housed sherry. These sherry-seasoned barrels, made from European oak, impart deep flavors of dried fruit, chocolate, and spice, which develop over the decades. It is this marriage of fine ingredients, careful aging, and barrel selection that leads to the extraordinary complexity of the whisky.

What Sets It Apart: The Taste and Aroma

What can a whisky that costs nearly \$200,000 offer in terms of flavor? In a word: depth. This single malt presents layers of flavor that evolve as you sip, offering something new with every taste. Experts who have had the privilege to try this rare bottling describe it as having a rich nose, with initial aromas of dried fruits like raisins and figs, mixed with hints of oak, vanilla, and

baking spices. The sweetness from the sherry casks is immediately apparent, complemented by a woody depth that speaks to its long maturation.

On the palate, the whisky offers a harmonious balance of sweetness and spice, with notes of dark chocolate, cinnamon, and nutmeg. There's a luxurious creaminess to the texture, and a warmth that builds slowly as the whisky is savored. The finish is long and smooth, leaving behind traces of oak, fruit, and spices that linger pleasantly.

The Packaging: A Work of Art

When you purchase a \$190,000 bottle of whisky, it's not just about the liquid inside—presentation matters. The Macallan understands this well and has designed the packaging of this single malt to reflect its rarity and prestige. Each bottle is housed in a bespoke crystal decanter, intricately designed to showcase the golden hue of the whisky. The decanter is handcrafted by some of the world's finest artisans, ensuring that it is as much a work of art as the whisky itself.

In addition to the exquisite decanter, the whisky comes in an elaborately designed case, made from the finest materials and engraved with details that reflect the legacy of The Macallan. The entire presentation exudes luxury and craftsmanship, making it an ideal centerpiece for any collector's display.

Who Buys a \$190,000 Bottle of Whisky?

You might wonder: who would invest such a significant sum in a bottle of whisky? The answer lies in the intersection of collectors, investors, and passionate whisky aficionados. Rare bottles of The Macallan have consistently performed well at auctions, sometimes selling for several times their original price. As such, many buyers view these bottles as investment pieces, while others simply desire to own a piece of whisky history.

Some bottles are destined for private collections, while others may be opened on the most special of occasions, shared among a select few who appreciate the artistry and heritage that go into creating such a rare spirit.

The Macallan's Commitment to Excellence

The release of this \$190,000 single malt is a reminder of The Macallan's unwavering commitment to pushing the boundaries of whisky making. It's not just about producing a luxury item but about celebrating the craftsmanship, patience, and expertise that go into every bottle.

For those who are lucky enough to experience this rare single malt, it represents the pinnacle of whisky appreciation—a true masterpiece that embodies the essence of The Macallan's heritage, passion, and innovation.

323-464-4444 **6600 Hollywood Blvd.**

Hollywood Toys & Costumes

LET'S PUT A SMILE ON THAT FACE!

15% OFF YOUR PURCHASE

COSTUMES : MAKEUP : WIGS : MASKS : PROPS : HATS : DECORATIONS : JEWELRY

@htcostumes **WWW.HOLLYWOODTOYS.COM**

EXPIRE: 12/31/24 EXCLUDES SALE ITEMS. VALID IN-STORE ONLY. MUST SHOW AD. CANNOT BE COMBINED WITH ANY OTHER OFFERS.

The Best Fire Pits For Patios To Create A Cozy Outdoor Space

By Contributing Writer

As the weather cools and the days grow shorter, there's no better way to enjoy your patio than by gathering around a warm, inviting fire pit. Fire pits not only provide warmth but also create a cozy ambiance, perfect for entertaining or unwinding after a long day. Whether you're

before adding traditional firewood. Its built-in ash pan also makes cleanup a breeze. The TIKI Brand Fire Pit strikes a perfect balance between modern design and convenience. Best for: Aesthetic appeal and easy lighting. Price range: Mid-tier to high-end

Outland Living Propane Fire Pit

If you're looking for a fire pit that offers hassle-free operation and a clean-burning flame, the Outland Living Propane Fire Pit is a great option. Powered by propane, this fire pit eliminates the need for firewood while still providing the warmth and ambiance of a real fire. It's easy to light, and you can control the flame with the simple turn of a dial. The design is sleek, with a sturdy base and a smooth finish that blends well with most outdoor decor. Because it's fueled by propane, there's virtually no smoke, and you won't have to worry about cleaning up ash. Best for: Low-maintenance and consistent flame. Price range: Mid-tier

Hampton Bay Crossridge 50,000 BTU Gas Fire Pit

For those who prefer a more traditional yet elegant design, the Hampton Bay Crossridge Gas Fire Pit is a fantastic choice. This gas-powered fire pit features a classic stone-look finish that adds rustic charm to any patio. With 50,000 BTUs of heat output, it offers plenty of warmth for larger outdoor spaces. It also includes a push-button ignition for easy starting and a control knob to adjust the flame height. This fire pit doubles as a table when the fire is not in use, making it a functional and stylish addition to any outdoor setup. Best for: Large patios and a traditional design. Price range: High-end

Bond Manufacturing Mondavi Gas Fire Pit

The Bond Manufacturing Mondavi Fire Pit is an affordable option that doesn't skimp on style or functionality. This model is powered by propane and features a beautiful faux-stone base



with a stainless-steel burner. It provides a heat output of 30,000 BTUs, enough to keep your patio comfortably warm on cool nights. The Mondavi Fire Pit comes with lava rocks that enhance the overall aesthetic and help distribute heat evenly. It's easy to set up and maintain, making it perfect for those who want a fire pit that looks great and performs well without breaking the bank. Best for: Budget-conscious buyers who value style. Price range: Affordable

Bali Outdoors Wood Burning Fire Pit

For a more traditional campfire experience, the Bali Outdoors Wood Burning Fire Pit is a top choice. This fire pit features a 32-inch large steel bowl and an adjustable grill for cooking. Its deep



design ensures that the wood burns efficiently, producing plenty of heat. The sturdy base and decorative outer ring give it a durable yet stylish appearance, and the built-in log rack allows you to store extra firewood conveniently. If you enjoy cooking over an open flame or want a more rustic look, the Bali Outdoors Fire Pit is a fantastic option. Best for: Wood-burning enthusiasts and outdoor cooking. Price range: Budget to mid-tier

Blue Rhino Endless Summer Outdoor Fireplace

The Blue Rhino Endless Summer Fire Pit is perfect for those who want a gas-powered fire pit with the look and feel of a real wood fire. It features a faux-stone tabletop and a hidden propane tank compartment, ensuring that the fire pit remains both functional and visually appealing. The included lava rocks create an even heat distribution, and the push-button ignition makes starting the fire quick and easy. The fire pit's design is both modern and timeless, fitting seamlessly into various patio styles. Best for: Stylish gas fire pits with the feel of a wood fire. Price range: Mid-tier

Choosing the right fire pit for your patio depends on your lifestyle, budget, and design preferences. Whether you want the convenience of propane or the traditional charm of a wood-burning fire pit, there's something out there to fit your needs. Each of the options listed above offers unique features that can enhance your outdoor living space, providing warmth, ambiance, and a gathering place for memorable moments with family and friends.



COMMUNITY EDUCATION FORUM

Guest Speaker:



Len Smolburd
President/CEO

Boys & Girls Clubs of Greater Conejo Valley



GREAT FUTURES START HERE.

RUN. INTEGRITY. TEAMWORK. PASSION. EQUITY.



Forum Chaired by Rachel Tabak

Tuesday, November 12

at 9:00am via Zoom
(RSVP Preferred)

All are welcome to attend.

Join us to learn about program offerings, club needs, and volunteer opportunities.

RSVP & Zoom link at
www.calabasaschamber.com

Meetings are the second
Tuesday of each month

At the annual World Conker Championship in Southwick, England, on Oct. 13, veteran player Dave Jakins, 82, won the men's tournament, the Associated Press reported. (Conkers is a traditional game played using the seeds of horse chestnut trees threaded on string; players try to strike and break each other's conkers.) But controversy followed when Jakins was found to have a steel conker in his pocket. His opponent, Alastair Johnson-Ferguson, said his own conker "disintegrated in one hit" after Jakins struck it. "He was very closely watched by four judges," said St. John Burkett, chair of the event's organizing committee. "It looks like it was absolutely impossible for him to cheat." Jakins has denied cheating.

An unnamed woman in Kitsap County, Washington, admitted to authorities that she'd been feeding about "a dozen" raccoons in her yard over the past 35 years, The New York Times reported. Several weeks ago, more raccoons started showing up, and on Oct. 3, the homeowner had to call 911 when about 100 animals arrived and became more aggressive. "Anytime she comes out of her house," said sheriff's department spokesperson Kevin McCarty, "they swarm her until she throws them food. ... The new ones showing up scare her." The woman fled her home, and local trappers were going to charge \$500 per animal to remove the raccoons. So the state department of fish and wildlife stepped in, suggesting that she simply stop feeding them. "The raccoons appear to have started dispersing now that they are no longer being fed," the department said.

-- When cops in Portland, Oregon, pulled over a 1994 Ford Taurus that had been stolen on Oct. 9, they met Reginald Reynolds, 35, and Mia Baggenstos, 37, along with their toys: a loaded .357 Magnum, a bag of methamphetamine, \$1,360 in cash, three white pills that Baggenstos said were OxyContin, and a meth pipe. The Smoking Gun reported that a vehicle search yielded more meth, two scales, and a "brown bag that said on it, 'Definitely not a bag full of drugs.'" Inside, they found more meth -- a total of about a half-pound. Both were charged with multiple felonies.

-- In Stadtallendorf, Germany, on Oct. 16, a state-of-the-art fire station that had been open less than a year ... burned to the

ground, The Guardian reported. The fire started in a vehicle and quickly spread, destroying 10 fire engines and causing between 20 and 24 million euros' worth of damage. "It is a nightmare for a firefighter," said district fire inspector Lars Schafer. He went on to say that the station was not required to have fire alarms because it was classified as a building holding equipment. Schafer said the building would be reconstructed quickly, for safety and for local morale.

-- In early October, The New York Times reported, passengers aboard a Qantas flight from Sydney, Australia, to Tokyo were treated (or not) to an R-rated film with "sexual material and brief graphic nudity" on their seat screens -- and it couldn't be turned off. Because of technological problems, passengers weren't able to choose their entertainment, so the crew queued up "Daddio," starring Dakota Johnson and Sean Penn, and let it run for about an hour before switching to something more family-friendly. "It was super uncomfortable for everyone," one Reddit user wrote. "We apologize to customers for this experience," a Qantas spokesperson said.

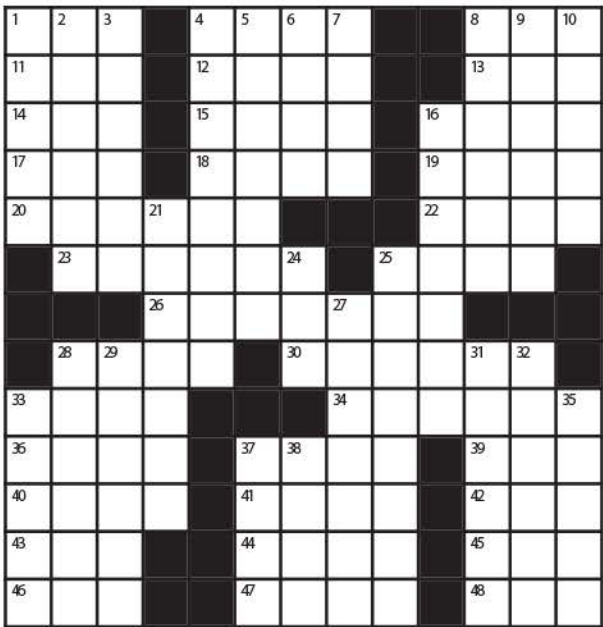
-- The BBC apologized on Oct. 10 after releasing a weather forecast predicting winds in London of 20,000 kilometers (13,000 miles) per hour, Yahoo! News reported. Matt Taylor, a meteorologist for the network, soothed concerns: "Hurricane Milton hasn't made it to us here in the U.K.!" He added that a data glitch had caused the extreme forecast, also warning of overnight temperatures of 759 degrees Fahrenheit in Nottingham. "Folk are working to solve the issue," Taylor assured Brits.

In Port St. Lucie, Florida, on Oct. 14, police responded to a report of an explosion, WPBF-TV reported. As they arrived at the scene, Joseph Moreton, 39, began yelling at them from his backyard, then came into the front yard holding a flamethrower. Police asked Moreton to drop the weapon, but he wouldn't -- luckily, one officer was close enough to grab it out of his hands. Moreton then moved inside his house and got a flashlight, which he tried to blind officers with. Law enforcement tased him, and he was taken into custody. Moreton was charged with aggravated assault with a deadly weapon and resisting an officer.

Print this Page! Ctrl + P

- Across
- 1. "___ woman" movie
 - 4. Assist in wrongdoing
 - 8. Second degree?
 - 11. Tabloid topic
 - 12. Gathering
 - 13. Deviation
 - 14. Place for gloss
 - 15. ___ friendly
 - 16. Scotch's partner
 - 17. Liveliness
 - 18. He fiddled while Rome burned
 - 19. Makes like
 - 20. Make an indirect reference
 - 22. Nearby
 - 23. Separate
 - 25. Street drug
 - 26. Receive from a predecessor
 - 28. Dunce
 - 30. Character
 - 33. Colorful dress
 - 34. Porous stone
 - 36. Virtuoso
 - 37. Turkish military title
 - 39. ___ vapeur (steamed)
 - 40. Skin cream additive
 - 41. Water under the bridge
 - 42. Fall behind
 - 43. Zippo
 - 44. Double curve
 - 45. Secure
 - 46. Engineering org.
 - 47. Auctioneer's closing word
 - 48. Eight-time Norris Trophy winner

- Down
- 1. Mea ___
 - 2. Far ___
 - 3. Upset
 - 4. Plentiful
 - 5. Urgently request
 - 6. ___ and anon
 - 7. Apprentice
 - 8. Nearsightedness
 - 9. Good-for-nothing
 - 10. Under water
 - 16. Goes with inner
 - 21. Put to work
 - 24. Chicken creator
 - 25. Located
 - 27. Renaissance painter



- 28. Showy bloom
- 29. Baltimore ballplayer
- 31. Marketplace
- 32. French pastry
- 33. Some trumpeters
- 35. Longing
- 37. Half of an old radio duo
- 38. Kind of dancer



DAD JOKES

I ordered a chicken and an egg from Amazon...
I'll let you know.

From April 1





FALL AFTER SCHOOL LEARNING



Code REV Kids - Encino provides the ultimate Coding, STEAM, Game Design, Engineering, and Digital Design class experience for students and campers in its live, virtual format, led by expert instructors with extensive virtual teaching experience. CodeREV virtual learning is backed by Premier Curriculum created by Top Ed Tech Specialists & Engineers Only the most elite instructors with at least 5 years' teaching CodeREV tech courses and real world tech work experience. A diverse set of unique courses to meet different age groups and interests. Thousands of students educated online. Options for both virtual learning and hands-on project learning from home. We are truly uniquely positioned to help your family push forward right now and through camp season. www.coderevkids.com

Join Discovery Cube Los Angeles for Camp Discovery as you travel beyond the classroom to explore and engage in fun, hands-on science. Campers will take a walk on the wild side during Curious about Creatures, which features animals from prehistoric past to present. Kids will go out of this world during our Space camp, as they explore "strange new worlds" through space crafts, engineering

and experiments. In World of Motion, campers will explore the exciting principles of physics and motion as they experiment with racecars & build flying machines. In California STEAMin' campers will engineer their own solutions to real-world problems. t: (714) 263-3837 w: <http://www.discovery-cube.org>

SVCAC's Young Artists Playground (YAP) Youth Arts Education Program features interactive arts workshops and camps for youth ages 5-14 years old. YAP is dedicated to enriching the lives of local youth through quality arts education and performance based programs. YAP builds visual and performing arts skills through programs that foster confidence, compassion and resilience in students of all abilities. We offer opportunities for youth to develop and share their creative voices. For more information contact: Stephanie Lesh at 818-601-0582

Destination Science is a warm, wonderful science camp where kids feel comfortable making connections with others! Parents tell us that their child loves that everyone at camp shares the idea that it is cool to be smart! Multiple locations: destinationsscience.org 888-909-2822 Enrollment special until March 1, call today!

Mind Crafters - West Hills

The future for our children is now, and there's no time to waste. Mind Crafters Mission is to bring STEM knowledge to kids, as early as possible. Grasping these concepts at an early age guarantee "OWNING THE FUTURE". Programs combine expert instruction, hands-on learning, and real world tools. As a result, they're interactive, engaging, and effective. And most important, kids genuinely enjoy them. Call Today (747) 263 0821

Summer Art Academy - Agoura

Explore our many unique summer programs designed to open minds and change lives including Art Camp, Art Camp 101, Teen Camp, Winter Camp, Mini Camp, and Spring Break Camp. Your kids will enjoy painting, cooking, working with clay, musical theatre, cartooning, magic, sewing, yoga and most importantly having fun! www.summerartacademy.com

Teenage Drama Workshop (TADW) TADW 2024 Registration IS NOW OPEN

Dates: June 13-July 26, 2024
Ages: 12-18 TADW is a conservatory-style program at CSUN. Our goal is to teach teens ages 11-18 about the theatre arts. Join us for our 65th summer, which will culminate with SPONGEBOB THE MUSICAL

Kol Tikvah Youth Groups and Teen Programs

Temple Kol Tikvah provides numerous extraordinary youth programs for our students in Kindergarten through 12th grades. Creating friendships, strengthening Jewish identity, developing leadership, and communication skills, while also having fun. Now enrolling for Sunday Hebrew School. Call 818.348.0670 x209

After School Conservatory is a music based program located on Ventura Blvd. near the border of

Woodland Hills and Calabasas.

We are conveniently located near Woodlake elementary, Woodland Hills elementary, Calabash charter academy, Hale charter academy, El Camino high school and many more. After School Conservatory has a spacious facility (over 3000 SF) and is equipped with top-notch quality musical instruments including Schimmel and Kawai grand pianos, Roland TD 17 series electronic drum set and the Yamaha LC4 music lab system with 8 Yamaha P-45 digital pianos for a group piano teaching environment. (818) 436-2675

Star Galaxy- Academic, Homework lab, Sports

STAR Galaxy offers a balance of academic support, enrichment classes, fitness and recreation programs as well as special events on campus, community events and activities. It's a recipe for a balanced childhood and a preparation for future success! STAR Galaxy offers a daily dose of scheduled classes, August through June, from the end of the school day until 6 PM. Students rotate through group tutoring, homework lab, sports/fitness/recreation. registration@starinc.org

LeXT Robo Academy

LeXT Robo Academy uses LEGO education concepts and curriculum to provide a hands-on learning experience and fun environment for our students while developing their skills in science, technology engineering, robotics, coding and mathematics. Our robotics program covers all age groups from 3 to 18+ students. Agoura Hills: (818)-699-2388

The Leonis Adobe Museum is hosting its annual summer program, Lil Ranchers, Tuesdays from 7/11 - 8/8 between 9:30 am - 11:30 am. Enjoy a different theme and activities each week! Leonis Adobe Museum 23537 Calabasas Road

Calabasas, California 91302
Phone: (818) 222-6511
Members are free or \$8 for non-members.

Camp Woodland Hills

2023 Program includes NATURE CENTER With Live Animals
GAME ROOMS – The game rooms include Wii systems, Xbox 360s, computers, iPads, pool tables, air hockey, Foosball, and more.
OUTDOOR PLAYGROUNDS – For Adventure Camp, there are basketball, gaga, and handball courts and playing fields for soccer and volleyball. Junior and Explorer Camps enjoy a tree-shaded playground pools and swimming as well. For more information or to register call (818) 348-6563

Golden Performing Arts Center After School Programs

- a non-profit organization that offers children, teens, and young adults, ages 6-22, the opportunity to experience exhilarating feelings of success, belonging, pride and accomplishment by working together as a theatre family and presenting a Broadway-style musical production. Established in Canoga Park in 1985 for the purpose of building self-esteem in young people through the performing arts, Golden PAC has offered Musical Theater workshops for children and teens for over 35 years. Each workshop is designed to build confidence, skills, and lasting friendships in an environment of mutual respect, acceptance, and encouragement. All enrollees are guaranteed a part regardless of prior training or experience. Workshops are presented in the spring, summer, and fall. Each workshop culminates with a professional-quality production of a licensed Broadway musical in which young people play all the roles. <https://www.goldenpac.org/> Now in a brand new location!



The Top 10 Party Universities In The U.S. Ranked

By Contributing Writer

When it comes to choosing a college, academics, location, and extracurricular activities are factors. However, for some students, the social scene can be just as important. "Party schools" are known for lively atmospheres, with students balancing academics and a vibrant nightlife, Greek life, tailgates, and student events. Whether it's huge fraternity parties or famous spring break blowouts, these schools have earned their reputations for knowing how to have fun.

University of Wisconsin-Madison (Madison, WI)

The University of Wisconsin-Madison tops lists of the best party schools, and for good reason. The school is known for its epic tailgates and huge student population that shows up for Badgers football games. The annual Mifflin Street Block Party is legendary, attracting thousands of students and locals to celebrate the end of the academic year with massive street parties. With hundreds of bars and restaurants, Madison provides students with an unparalleled college nightlife experience.

University of Alabama (Tuscaloosa, AL)

The University of Alabama isn't just known for its stellar football; it's also infamous for its party scene. Tailgating is an institution in Tuscaloosa, and game day weekends are filled with barbecues, music, and parties that draw in fans. The university's Greek system is one of the largest in the country, offering social events that dominate campus life.

West Virginia University (Morgantown, WV)

West Virginia University has gained a reputation for throwing some of the wildest parties in the nation. Known for its huge tailgates and rowdy homecoming, WVU students love to let loose. The FallFest music festival, which kicks off the school year is a huge draw. The town of Morgantown, with its affordable bars and laid-back atmosphere, is the perfect setting for WVU's party culture.

Syracuse University (Syracuse, NY)

Syracuse University boasts a top-tier party scene, particularly in the winter when snowbound students make their own fun. Greek

life plays a big role in Syracuse's social scene, and with cold weather comes a lot of indoor house parties and bar nights. Mayfest, the school's annual spring music festival, is one of the year's biggest



events, drawing students to celebrate the end of the academic year. The university's sports culture, especially basketball, also plays a role.

Tulane University (New Orleans, LA)

Located in the heart of New Orleans, Tulane University's party culture is heavily influenced by the city's legendary nightlife and festivals. With Mardi Gras just around the corner and the famous Bourbon Street nearby, students at Tulane are never far from a celebration. The school's Crawfest, an annual music and food festival, is a highlight for many students. Tulane combines the vibrant culture of New Orleans with a strong academic environment, making it a unique destination for both learning and partying.

University of Georgia (Athens, GA)

The University of Georgia, located in the vibrant college town of Athens, is renowned for its music, football, and party culture. Game days in Athens are legendary, with tailgates that cover the campus and town, drawing fans from across the region. The town's rich music scene, which has produced bands like R.E.M. and the B-52s, adds to the unique college vibe. Greek life at UGA is also robust, contributing to a party scene that rivals any school in the South.

University of Florida (Gainesville, FL)

Gator pride runs deep at the University of Florida, and so does the party culture. The school's sprawling campus and proximity to outdoor attractions like beaches and springs make Gainesville an ideal setting for both social events and spontaneous adventures. Game days, especially during football season, are massive, with tailgates that stretch across campus.

UF's Greek life and massive student body keep the social scene thriving, and its annual Gator Stompin' pub crawl is a student favorite.

Penn State University (State College, PA)

Penn State University may be nestled in a small college town, but its party scene is anything

but small. The university's Greek life, sports culture, and packed downtown bars make it one of the top party schools in the country. Football weekends at Penn State are a major draw, with students, alumni, and locals flooding the town for tailgates and bar crawls. The annual THON dance marathon, while a philanthropic event, also brings students together for a weekend of celebration and unity.



Indiana University (Bloomington, IN)

Indiana University in Bloomington combines a picturesque campus with a strong party culture. The university's Greek life is robust, with a calendar full of events ranging from themed parties to philanthropy events. Little 500, the annual bicycle race, is one of the biggest social events of the year, drawing crowds for

a weekend of races, concerts, and parties. Bloomington's downtown is lined with bars and clubs that keep the party going throughout the week, making IU a consistent favorite for party-seeking students.

Arizona State University (Tempe, AZ)

Arizona State University is known for its sun-soaked campus and lively party culture. With a student population of over 50,000, ASU's size alone creates a vibrant social scene. The school's proximity to Scottsdale, with its nightlife and high-end clubs, adds to the appeal. Spring break parties, pool parties, and game day tailgates are just a few of the events that keep ASU's students engaged and entertained year-round. ASU's mix of sunny weather, outdoor activities, and non-stop social events makes it a top party school on the West Coast.

The universities on this list each offer their own unique blend of academic rigor and a thriving social scene. Whether it's massive tailgates, vibrant Greek life, or city-wide celebrations, these schools have earned their reputations as top party schools. While academics remain the cornerstone of the college experience, it's clear that many students are also drawn to schools where they can balance their studies with memorable social experiences. These universities represent the perfect combination of work and play, making them some of the most sought-after party schools in the U.S.

NEW START TIMES:
 Fri. & Sat. @ 7:30pm;
 Sun. @ 2pm

THE AGATHA CHRISTIE'S MOUSETRAP

Directed by SHAHEEN VAAZ

Poster by Roya Row

If you need accommodation, due to a disability, to attend this event, please contact our box office at least 24 hours in advance.

L A P C
T H E A T R E

This Weekend!

Performing Arts Mainstage
 6201 Winnetka Avenue, Woodland Hills, CA
 Tickets online at LAPCTheatre.org
 or by phone: 818-719-6488



How And Why Your College Student Should Study Abroad

By Contributing Writer

Studying abroad has been considered a transformative experience for college students. With a world that is more interconnected, the importance of global education continues to grow. While the thought of sending your college student to a foreign country might feel overwhelming, the benefits outweigh challenges. Whether it's gaining a deeper understanding of another culture, expanding career opportunities, or developing a new sense of independence, studying abroad is an invaluable experience.

Cultural Immersion and Global Perspective

One of the most compelling reasons to study abroad is the opportunity to immerse in a different culture. Living in a foreign country allows students to go beyond the surface of tourist experiences and truly understand customs, traditions, and values of another society. They learn to appreciate the complexities of different cultures, which fosters empathy, tolerance, and open-mindedness.

By experiencing life in another country, students gain a broader worldview. They are exposed to different educational systems, lifestyles, and perspectives, which can impact their beliefs and ways of thinking. This exposure can challenge assumptions and inspire new ways of approaching problems. This global awareness is a major asset, especially in industries like international business, communications, healthcare, and diplomacy.

Academic Enrichment and Specialization

Many study abroad programs offer academic opportunities that students may not have access to at home. For instance, a student studying marine biology could attend a program in Australia to learn about the Great Barrier Reef, while an art history major could study Renaissance art in Italy. These hands-on experiences deepen understanding.

Studying abroad also allows students to learn in a new academic environment. Different countries have their own teaching styles and educational philosophies, which can enrich a student's learning experience. For example, European universities may emphasize more self-directed research, while East Asian schools highlight group work and collaboration. These varying approaches encourage students to

develop adaptable learning strategies that will serve them well in an academic or professional setting.

Additionally, students studying abroad have the opportunity to take courses that are not available at home universities. This could mean learning a new language, exploring niche



subjects, or studying under renowned professors. These unique academic offerings can enhance a student's resume and make them stand out.

Career Advancement and Networking

Employers increasingly seek candidates with international experience. Studying abroad can give students a competitive edge by showing future employers that they are adaptable, culturally aware, and comfortable navigating different environments. International experience demonstrates problem-solving skills, independence, and the ability to work with diverse groups.

Furthermore, studying abroad offers ample networking. Students meet peers from around the world, forging connections that could lead to future collaborations. In some cases, internships or work placements abroad can introduce students to international career paths. Employers often look favorably on candidates who have global experience, as it shows that they have a wide range of perspectives and an ability to adapt to new situations.

Personal Growth and Independence

For many, studying abroad is their first time living away from home for an extended period. This newfound independence helps them develop life skills such as time management, budgeting, and problem-solving. Navigating a foreign country's transportation, adapting to a new academic structure, and overcoming language barriers all contribute to building self-confidence.

The personal growth that comes from studying abroad is invaluable. It pushes students, encouraging them to explore their strengths and weaknesses. By overcoming challenges like culture shock or homesickness, students become more

adaptable and resourceful. These experiences often lead to greater self-awareness and a stronger sense of identity, which can have a lasting impact.

How to Make Study Abroad Happen

Now that the benefits are clear, the question remains: how can your student take advantage of a study abroad program?

Research and Plan Early

The key is early planning. Students should begin researching programs at least a year

in advance. Many universities offer a variety of study abroad options, from short-term summer programs to full academic years abroad. Students should also meet with their academic advisors.

Look for Scholarships and Financial Aid

One common concern is the cost. However, many universities and third-party organizations offer scholarships and grants specifically for study abroad. It's important for students to research financial aid options and apply early. In some cases, the cost of studying abroad may be comparable to or even less than a semester at home.

Prepare for the Cultural Transition

Preparing for life in another country can make the experience smoother. This includes learning basic phrases in the local language, familiarizing with cultural norms, and understanding practical aspects like healthcare and transportation. Many programs offer pre-departure orientations to help.

Studying abroad is an invaluable experience that provides academic, professional, and personal growth. It equips students with a global perspective, specialized knowledge, and life skills that will benefit them long after they return home. As the world becomes more interconnected, encouraging your college student to study abroad could be one of the most important investments in their future success.

PUMPKIN PARTY

SATURDAY, OCTOBER 26TH, 2024 1 PM - 4 PM

\$8 per person, members & under 2 free

23537 Calabasas Road, Calabasas CA 91302 | (818) 222 - 6511 | leonisadobemuseum.org

LEONIS ADOBE MUSEUM

FASHION

Corpcore Is The Latest Obsession

Shop the Trend

By Contributing Writer

Fashion trends come and go, but the latest is “Corpcore.” Corpcore is redefining modern workwear by merging corporate aesthetics with street style. Corpcore takes office staples like tailored suits, crisp button-downs, and polished loafers and reimagines them.

What Is Corpcore?

Corpcore is a fashion trend that takes traditional corporate workwear and makes it cool. Think sleek blazers, pleated trousers, loafers, and structured coats that look like they’ve been plucked from a boardroom—but styled in ways that feel fresh.

Corpcore is where business meets fashion-forward thinking. The goal is to

look polished and professional but with an effortless vibe. The trend is particularly appealing for those seeking to strike a balance between professionalism and self-expression.

Why Corpcore Is the Latest Obsession

The rise of Corpcore reflects changing dynamics of work culture. As people have transitioned between home offices, co-working spaces, and traditional office settings, there’s been a growing demand for fashion that bridges the gap between comfort and professionalism.

Enter Corpcore: a trend that allows you to look sharp without feeling too buttoned-up.

Another reason for the trend’s appeal is the minimalist, chic aesthetic. Rather than loud patterns or avant-garde designs, Corpcore emphasizes quality fabrics, tailored silhouettes, and neutral tones. It’s a look that’s versatile enough to go from a morning meeting to after-work drinks.



Additionally, Corpcore taps into a sense of nostalgia for the 90s and early 2000s when power dressing was the rage. People are gravitating towards these timeless, well-made pieces that add an air of sophistication.

Key Corpcore Pieces to Add to Your Wardrobe

Tailored Blazers

A well-tailored blazer is the cornerstone of any Corpcore look. Opt for one in neutral shades like black, gray, navy, or beige for maximum versatility. For a modern take, consider oversized or slightly boxy silhouettes that add a touch of casual cool. Pair it with trousers for a traditional corporate look, or layer it over jeans and a graphic tee for a street-style edge.

Button-Down Shirts

A crisp button-down is a must-have. While white is classic, consider adding shades like light blue, pinstripes, or even pastel colors. Opt for shirts with exaggerated cuffs, sharp collars, or unique textures.

Tailored Trousers

High-waisted, pleated trousers are another essential. Choose structured pants with clean lines. Pair them with a simple

knit or oversized blouse for a look that’s polished and easy to wear.

Loafers and Oxfords

Footwear plays a big role. Sleek leather loafers or classic Oxfords are ideal choices. Opt for black or brown for a timeless option, or go for metallic or patent finishes to make a statement.

Structured Coats

Structured coats in neutral tones are the go-to. Whether it’s a double-breasted wool coat or a sleek trench, the goal is to keep the lines clean and the silhouette sharp.

Minimalist Accessories

Corpcore is also about accessorizing thoughtfully. Opt for minimalist pieces like leather belts, simple watches, or delicate jewelry.

Styling Tips

Layering is key. Try layering a blazer over a turtleneck or pairing a trench coat with a sharp button-down. Don’t be afraid to mix formal pieces with more casual items. Corpcore is also about neutral tones—black, white, beige, gray, and navy.

Corpcore is the fusion of business casual and street style. With high-quality staples, clean lines, and neutral colors, Corpcore is versatile enough to take you from work meetings to weekend outings. Corpcore is here to stay—so shop the trend and upgrade your wardrobe with these polished yet modern essentials!

DISTINGUISHED SPEAKER SERIES *of Southern California*

TICKETS
AS LOW AS **\$40** AN
EVENT!

LIVE ON STAGE!

BANK OF AMERICA PERFORMING ARTS CENTER, Thousand Oaks
PASADENA CIVIC AUDITORIUM, Pasadena

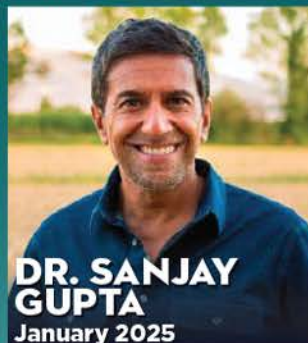
SCAN TO JOIN US!
www.speakersla.com
310.546.6222



TREVOR NOAH
October 2024



**MALCOLM
GLADWELL**
November 2024



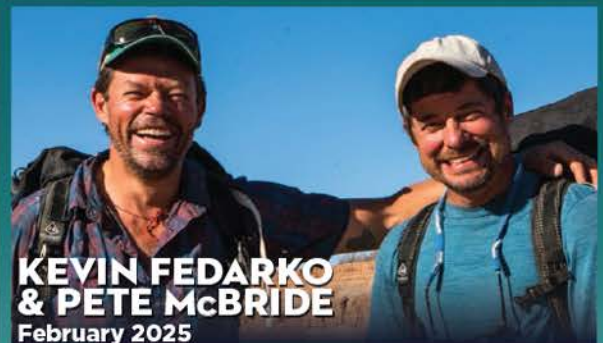
**DR. SANJAY
GUPTA**
January 2025



**EMILY
CHANG**
May 2025



**ZANNY MINTON
BEDDOES**
April 2025



**KEVIN FEDARKO
& PETE McBRIDE**
February 2025



FOOD STOPS 2022

Valley Pickup, Delivery, Dine In Restaurants



Mendocino Farms
14141 Ventura Blvd,
Sherman Oaks, CA 91423
Curbside Pickup/Phone ahead
Phone: (818) 205-9744

Cavaretta's Italian Deli
Longtime, family-run deli
offering Italian sandwiches,
salads & hot foods, desserts.
Dine-in · Takeout · Delivery
Address: 22045 Sherman Way,
Canoga Park, CA 91304
Phone: (818) 340-6626

Johnny Pacific
20133 Saticoy St Winnetka
(818) 885-6927
Empanadas
Quality-house street food
blending Latin and Pacific
island flavor

The Local Peasant
Free Delivery On Grubhub
Woodland Hills
22901 Ventura Blvd
Sherman Oaks
Order: Pickup, thelocalpeas-
ant.com, seamless.com,
grubhub.com, post-
mates.com, doordash.com
Phone: (818) 876-0105

Universal Bar and Grill
American/Mexican/Burgers
Live Entertainment.
Indoor/Patton Dining
4093 Lankershim Blvd, North
Hollywood, CA 91602
(818) 856-8066
Order: postmates.com,
doordash.com
Masks worn by staff

Lusy's Mediterranean
6357 Woodman Ave
Van Nuys, CA 91401
818 997 4330
LUSY@LUSYSCUISINE.COM
16200 Ventura Blvd
Encino, CA 91436
(818) 849-5653
Lusyscuisine@sbcglobal.com
Order: Pickup, FREE Delivery

Take-Out **Catering**
CASA DE PAPI
Authentic Mexican Food
22330 Sherman Way
Ste C5, Canoga Park
(818) 888-6664
Find us on **yelp**

Old New York Deli & Bakery
Fresh Bagels, Breakfast, Lunch
Specialty Items
6209 Topanga Canyon
Woodland Hls (818) 887-DELI
Order: Pickup, Delivery

Monty's Steak House -
5371 Topanga Canyon Blvd.
Phone: (818) 716-9736
Order: Pickup, Delivery
Outdoor Dining

Brewz Sports Cafe & Grill
7921 Canoga Ave
Canoga Park (818) 887-3721
Patio Dining - Take out
11:30am-6pm & Delivery

Basil's Deli and cafe
Hot/Cold Sandwiches
(747) 888-3114
8380 Topanga Canyon Blvd,
Canoga Park, CA 91304
Delivery - Pickup - Dine in
Phone: (818) 789-0679

HQ Gastropub
20969 Ventura Boulevard
Woodland Hills, CA 91364
Order: Pickup - Dine in
Ph: (818) 887.BEER (2337)

Street Cafe By Aroma
18047 Ventura Blvd, Encino,
CA 91316 (818) 757-0477
Order: Pick Up, grubhub.com
Free Delivery on 1st Grubhub

Panini Kabob Grill
21600 Victory Blvd,
Woodland Hills, CA 91367
Order: Phone: (818) 992-3330

Lemongrass Thai-Halal
curries, noodles & rice
22205 Sherman Way,
Canoga Park, CA 91303
(818) 703-6608
Indoor/Take-Out

Fire Wings
9171 De Soto Ave A
Chatsworth, CA 91311
Variety of Hot Wings, Salads-
Sandwiches, Sides
Dine in, Take-Out, Delivery
Party Catering
Phone: (818) 626-9525

Yogurt Delite
22401 Ventura Blvd # F,
Woodland Hills, CA 91364
Order: Come In, grubhub.com,
seamless.com, posmates.com,
doordash.com
Phone: (818) 225-1515

Dog Haus Biergarten
8931 Reseda Blvd
Northridge, CA 91324
Phone: (747) 202-3349
6501 Topanga Canyon Blvd,
Canoga Park, CA 91303
Phone: (818) 340-4287
4929 Lankershim Blvd, North
Hollywood, CA 91601
Phone: (818) 505-1033
Free Delivery on 1st Order
grubhub.com Order: Curbside,
seamless.com, postates.com,
doordash.com

The Munch Box
Landmark some of the best
burgers and fries, walk up or
phone ahead
21532 Devonshire St,
Chatsworth, CA 91311
Open til' 5pm
Phone: (818) 998-9240

Cricca's Italian Deli
4876 Topanga Canyon Blvd,
Woodland Hills, CA 91364
(818) 340-0515
Counter-service Sandwich
shop offering subs & panini

Les Sisters' Southern Kitchen
Cajun eats from po' boys to
BBQ Dine-in · Curbside pickup ·
No-contact delivery, Catering
also available.
21818 Devonshire St,
Chatsworth, CA 91311
Phone: (818) 998-0755

Fratelli's NY Pizza
7301 Canoga Ave
Canoga Park, CA
Authentic New York Pizza,
Salads and Pasta
Dine-in · Takeout · No-contact
delivery -Across fr. Starbucks
(818) 346-2992

New York Chicken&Gyro
7553 Topanga Canyon Blvd,
Canoga Park, CA 91303
Phone: (818) 805-9027
Menu: newyorkchickenandgy-
ro.com Curbside/Postmates

Hood baby soul food
21418 Nordhoff St,
Chatsworth - (818) 626-8549
No-contact delivery
Breakfast, Lunch and Dinner
Recently opened

Paris Baguette
17136 Ventura Blvd.
(818) 817-0048
8 am to 8 pm Daily
Order: Pickup
postmates.com, door-
dash.com, trycaviar.com
Call ahead for hot beverages

Pineapple Hill Saloon & Grill
This old-fashioned, dimly lit
lively restaurant & bar
Sports Events, Happy Hour
4454 Van Nuys Blvd N,
Sherman Oaks, CA 91403
Phone: (818) 789-0679
Inside Sherman Oaks Square

Less talk, more eat.

Order online for free from local restaurants.

grubHub

iPhone® Android™ GrubHub.com



Fall Styles *Bring* Big Smiles

THIS FALL, TRANSFORM YOUR HOME INTO A FESTIVE FALL
THEME SIMPLY BY BRINGING IN YOUR CURRENT FURNITURE AND
ACCESSORIES TO CONSIGN AND START SHOPPING!
EVERY DAY WE RECEIVE HUGE SHIPMENTS OF NEW ITEMS. THEY
ARRIVE FROM MODEL HOMES, FACTORY SAMPLES, CLOSEOUTS,
AND THE AREA'S FINEST PRIVATE HOMES. IT'S A VIRTUAL
TREASURE HUNT OF NEW AND EXCITING ITEMS.
STOP BY TO SEE WHAT'S JUST COME IN...OR TALK TO US ABOUT
HOW WE CAN SELL YOUR TREASURES.



NO SHIPPING OR PRODUCT DELAYS, BUY HERE AND TAKE HOME THE SAME DAY!



CALABASAS 26767 AGOURA ROAD STE A-1 818.880.8331
CALABASAS@HCCENTER.COM HRS. 10AM - 5PM/12PM-5PM SUNDAYS

17 LOCATIONS IN CALIFORNIA, NEVADA & TEXAS

www.thehomeconsignmentcenter.com