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Klimt Paintings Come To Life In Immersive Exhibition



By Contributing Writer

Have you ever dreamt of stepping into a painting? Embark on an astonishing journey through the incomparable universe of Gustav Klimt, one the greatest artistic geniuses of the turn of the twentieth century. Explore his life, his career, and his secrets like never before with the help of 360° digital projections and a unique virtual reality experience. Immerse yourself in Klimt's artwork, and step into the world created by his brushstrokes.

Exhibition Hub, the company that brought highly successful, immersive Van Gogh exhibits to cities like NYC, Atlanta, and Miami, has just announced a brand-new experience that's coming to LA!

Artwork from the iconic Austrian Symbolist painter Gustav Klimt will come to life in a 360-degree digital spectacle that'll illuminate and transform the physical space into a fully immersive Klimt exhibit. You'll see Klimt's work take over the walls and encompass your surroundings.

After successful exhibits in London, Barcelona and a number of other cities around the world, the time has finally come for the spectacular exhibition to make its way to the



states. The multisensory journey through these famous bodies of work is an entirely new way of experiencing art, bringing every stunning detail to life like never before.

Using technology to recreate animated displays of these masterpieces you'll be immersed directly into the paintings themselves, making you feel as if you've stepped into one of his works, like his most famous paintings, like Apple Tree I, The Tree of Life, and Water Serpents II. These incredible images will be taking over a secret location in Los Angeles to be announced soon.

In addition to this extraordinary experience, Exhibition Hub will also be bringing another legendary artist's world to life with Monet: The Immersive Experience, a mesmerizing exhibit taking you into the world of the renowned French painter.

Don't miss out on this incredible multi-sensory extravaganza — get your tickets now.

Klimt: The Immersive Experience event details:

Tickets start at \$16.20

Available on www.feverup.com or the Fever app.

1345 N. Montebello Blvd., Montebello
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The San Fernando Valley Symphony Orchestra is supported, in part, by the Los Angeles County Board of Supervisors through the Los Angeles County Arts Commission.



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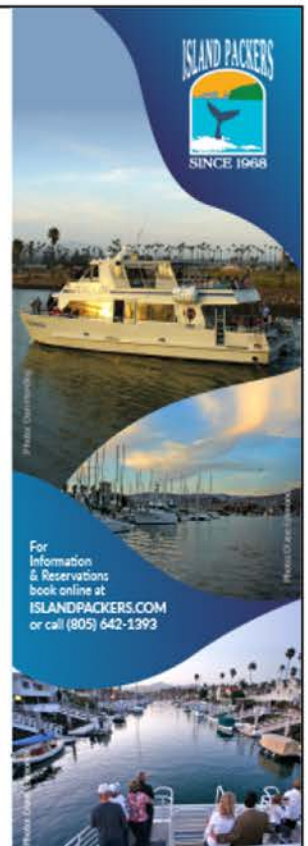
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SUMMER

ENTERTAINMENT PREVIEW

Summer is on the way! Memorial Day (May 29) is around the corner! So many fun things to do and enjoy. Don't miss out. Plan now! These entertainment highlights are SURE to PLEASE!!

Showstoppers!

Wowie zowie it's Hard Summertime! The 2023 "Hard Summer Music Festival" (<https://www.hardsummer.com/>) with the most buzzing artists in electronic music and hip hop, hits the scene August 5 & 6, 2-11 p.m. at LA Memorial Coliseum, Exposition Park, and BMO Stadium. August 5 Kaskadee b2b John Summit, Diplo b2b Blond:ish, Dillon Francis, Kayzo, Diesel, Azzecca headline among 39 artists with special guest 21 Savage. August 6 special guest Kid Cudi wows with 35 killer acts including Skrillex b2b Four Tet, Ludacris, Black Coffee, Oliver Tree, and the Martinez Brothers. General admission: 2-day, \$269; 1-day, \$149. VIP, 2-day (including the splash pool, great locations at all the stages, and free beauty bar), \$449. VIP 1-day August 5, \$219. VIP 1-day, August 6, \$239.

And the Hollywood Bowl (www.hollywood-bowl.com/)! This year's "Forever Summer" series, June 10 through November 4, sizzles. Opening Night at the Bowl stars Janet Jackson "Together Again," with special guest Ludacris, June 10 at 8 p.m. No surprise general seating is sold out, but \$1,025 seats are still available! Host Arsenio Hall leads the all-star line-up for the Hollywood Bowl Jazz Festival, June 17-18 at 3:30 p.m. including Aziza, Kamasi Washington, Poncho Sanchez and the Herbie Hancock Institute of Jazz Performance Ensemble at UCLA. Tickets: \$29 - \$205. Where to begin? "Harry Potter and the Deathly Hallows Part 2 in Concert" is June 24 at 8 p.m. \$17 - \$232. "Snoop Dogg & Friends" 30th Anniversary of Doggystyle Produced by Dr. Dre headlines June 27 & 28, at 8 p.m. \$59 - \$199. Not to miss the "July Fourth Spectacular with The Beachboys!" July 2, 3 & 4 at 7:30 p.m. \$29 - \$234.

Still more like "A Midsummer Night's Dream with Dudamel," July 6 at 8 p.m. \$6 - \$134. "Kool & The Gang Village People," July 14 & 15 at 8 p.m. \$15 - \$153. "Quincy Jones' 90th - Birthday Tribute: A Musical Celebration," July 28 & 29 at 8 p.m. \$15 - \$222. And beloved "Tchaikovsky Spectacular with Fireworks," August 18 & 19 at 8 p.m. \$15 - \$222. Cool this summer – create your own ticket package (CYO) of three or more concerts to suite your taste, schedule, and budget.

All paired with the updated 2023 Hollywood Bowl



Food + Wine (www.hollywoodbowl.com/visit/when-youre-here/food-wine) offerings by four-time James Beard Foundation award-winner Chef Suzanne Goin and Restaurateur Caroline Styne. Includes three restaurants, three marketplaces with newly expanded wine programs and free Winemaker Wednesdays and Sunday Market Tastings; pre-ordered Picnic Boxes, and full-service dinner delivered to your box seat.

Always a crowd pleaser – the San Fernando Valley Symphony Orchestra (elportaltheatre.com/symphony-orchestra.html) presents "Spring Concert," May 20, at 8 p.m. at the El Portal Theatre in North Hollywood. Featuring Howard Hanson: Symphony #2 (Romantic); Camille Saint-Saens: Concerto #1 for Violoncello & Orchestra;

Daniel Grab, violoncellist; and Alexander Borodin: Polovetsian Dances from "Prince Igor." Tickets \$25.

At the Ford Theatre (www.theford.com/) you're assured an evening of eclectic delight with shows like The Impoverished Shakespeare Company, who subscribes to "The Play's the Thing" (that's made up on the spot, with nothing more than a title shouted from the audience), July 28 at 8 p.m. To "The Barber of Seville," August 25 at 8 p.m. A modern spin on Rossini's beloved comedic classic, produced in partnership with Pacific Opera Project. Check the website for prices coming soon.

Festivals!

Don your cowboy hat and boots and kick up your heels at the Boots & Brews Country Music Festival (<https://www.bootsandbrews.com/>), June 17 at 1 p.m. in Santa Clarita's Central Park. It's all about good times, cold beer, and great country music – headlining Lee Brice, Tyler Farr, and Matt Stell. General admission, \$69.99; general admission party pack for two, \$99. VIP, \$139.95. Corral Daybed for 6, \$2,500. Or treat the crew to the Private Cabana Experience for up to 20 people, \$7,500.

Love cars, chili, and music? The 34th Annual Simi Valley Knights of Columbus Chili Cook-Off, Car Show & Music Fest (<https://chilic.com/>) is June 24, on the St. Rose of Lima church grounds in Simi Valley, 10 a.m. – 3:30 p.m. Followed by The NEW Music Fest, featuring Bruno & the Hooligans, 5:30 p.m. - 10:30 p.m. During the day, sample chili, enjoy plenty of drinks, vendors, live music, a kids' fun zone, and more than 130 cars! Then stay for the evening and the Decadent Decades band at 6 p.m. and Bruno & The Hooligans at 8:15 p.m. Daytime event admission: \$20; seniors and ages 13 and under, \$10. Family Pass \$50. Nighttime event admission: \$20 online, \$25 at the gate.

The rootin' tootin' 67th annual Conejo Valley Days (www.conejovalleydays.us/) is June 15 – 25 at Conejo Creek Park South in Thousand Oaks. For kids, teens, parents, everyone! Enjoy Krystal Lynn's boot scootin' line dancing lessons, Déjà Vu Too, Spare Parts and other entertainers. Carnival rides, games, food. Hours vary daily. Adults, \$10; ages 5 and under, Free!

The Ventura Music Festival (www.venturamusicfestival.org/) hits town July 28 – 30 and August 4 -6 at Ventura College and Rancho Campana. The acclaimed lineup features: the Teicher + Tao Duo, with Caleb Teicher and Conrad Tao – one is a tap prodigy the other a piano virtuoso – July 28 at 7:30 p.m. at Ventura College; jazz vocalist extraordinaire Dianne Reeves, July 29 at 7:30 p.m. at Rancho Campana; and the Mark O'Connor Duo with Maggie O'Connor. He's billed as "one of the most influential fiddle players who has ever walked the planet," July 30 at 3 p.m. at Ventura College. In August, guitar prodigy from the age of 7 Ana Vidovic is known for her beautiful tone, phrasing and crowd-pleasing musicianship, August 4 at 7:30 p.m. at Ventura College; followed by the Grammy-nominated Special EFX All-Stars jazz supergroup, with guitarist, bandleader and three-time Emmy-winner Chieli Minucci, joined by Elliott Yamin, Brian Bromberg, Jeff Kashiwa, Lao Tizer and Gene Coye, August 5 at 7:30 p.m. at Rancho Campana; and finale The Moanin' Frogs saxophone sextet, from soprano to bass, electrifying show August 6 at 3 p.m.

at Ventura College. Tickets \$15 - \$65.

Celebrate "Temecula Valley Craft Beer Brew Month" ([www.visittemeculaval-](http://www.visittemeculavalley.com/craft-brew-month/)



[ley.com/craft-brew-month/](http://www.visittemeculavalley.com/craft-brew-month/)) with discounts at 12 craft breweries through May 31. Who knew? Wine country Temecula is an up-and-coming craft beer region. Grab a Craft Brew Month Passport

at your first brewery, like Relentless Brewing or Stone Church Brewing; follow the "Ale Trail" getting your passport stamped along the way. Turn it in at your last stop to be entered in a drawing for prizes. Or "Greater Palm Springs Restaurant Week" (www.visitgreaterpalm-springs.com/restaurant-week/), June 2 – 11. Make it a getaway and choose among more than 80 restaurants in nine cities, offering custom lunch and/or dinner at \$15 to \$99. Includes Michelin-recommended Workshop Kitchen + Bar in Palm Springs. Book via the website and \$1 will be donated to the FIND Food Bank.

Music to Our Ears – Free!

Always fun! The Rancho Simi "Music in the Park" free concert series ([rsrpd.org/recreation/events/summer_\(-june_-_august\)/music_in_the_park.php](http://rsrpd.org/recreation/events/summer_(-june_-_august)/music_in_the_park.php)), June 17 to August 19, at 6:30 p.m. at Rancho Simi Community Park. Not-to-miss favs include: Angel's Roost (Southern Rock/Country), June 17; Adelaide Pilar (Latin), July 15, and The Spazmatics (80s), August 19. Pack a picnic

or buy food there. Alcohol is permitted. "Intoxication is not," says the website. Doggies on leashes are allowed on the perimeter areas.

Enjoy music under the stars at the Camarillo Community Band's "Summer Concerts in the Park" (www.conejovalleyguide.com series on Thursdays July 6, 13, 20 & 27 at 7 p.m. at Constitution Park, Carmen Drive at Paseo Camarillo. Mark your calendar, when this all-volunteer band (camarillocommunityband.com/) performs in the 11 a.m. May 29, Memorial Day service at Conejo Mountain Memorial Park.

Also, Free Concerts at the Simi Valley Town Center (<https://www.simivalleytowncenter.com/>) now through September 4 in the Center Court. Check out the rockers and cool cover bands like the Steely Dan tribute band "Dr. Wu," May 27; Axxcess, June 3; The Grizwalds, June 10; Neil Diamond tribute band, "Fantastic Diamond," June 17; Journey USA/Trinity, August 5; Bruno and the Hooligans, August 19; Twisted Gypsy, September 2; and 805 Social Club, September 3. Shows start at 7 p.m.

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New this summer in Ventura Harbor, Island Packers debuts a one-hour scenic "Evening Harbor Cruise" (www.islandpackers.com) beginning June 24 through October 7! Set sail from 6 – 7 p.m. aboard a 64-foot catamaran for 360-view of the harbor, wonderful photo ops of seabirds, pelicans, harbor seals and sea lions; and spectacular waterfront homes, docks, and canals of the beautiful Ventura Keys. Enjoy beer, wine, and non-alcoholic drinks for purchase onboard. Saturday sailing dates are June 24, July 8 & 22; August 12 & 26, September 9 & 23, and October 7. Adults, \$18; seniors (55+), \$16; ages 12 and under, \$12.

Marina del Rey's Free Summer Concert Series (<https://visitmdr.com/events/-free-summer-concert-series>) begins July 15 on Thursdays and Saturdays through August 19 at 7 p.m. in Burton Chase Park. Pick your favorite sounds: symphonic concerts and opera, July 15, 27 and August 10; and pop concerts July 22, August 5 & 19. Stay tuned for the line-up. Pack a picnic and lawn chairs, lawn seating is first-come, first serve. Arrive early – or make it a separate outing – and

explore the Marina on the summertime Fridays-only WaterBus (<https://marinawaterbus.com/>), an open-air water taxi sailing between eight fun-filled locations in the Marina. 11 a.m. – 11 p.m. through



September 4. \$1 one-way, cash only.

Memorial Day Celebrations

Always a good time, the Topanga Days Country Fair (<https://topangadays.com>), May 27, 28 & 29, 10 a.m. – 7 p.m., at the Topanga Community Center features 34 bands – yikes – in three days! And the Fun Zone – oh my! Games from the Diaper Derby (baby crawling race) to Limbo



contests, sack races, egg toss, even a cherry pit-spitting contest. Capped off with the highlight Memorial Day Parade on May 29, with 50 floats, horses, bands and more. Adults, \$50; ages 6-12, \$20. Or 3-day pass: adults, \$135; ages 6-12, \$50.

Smile! The 2nd Annual "Happy Face Music Festival" (happyfacemusicfest.com/) promises a spectacular day of live music and entertainment -- in the community known for its famous happy face – May 27, 1 – 8 p. m., at Rancho Santa Susana Community Park in Simi Valley. Grab your blankets and lawn chairs; bask

in the sun, surrounded by breathtaking hilltop views while noshing on the area's best food truck vendors and beverages. Then rock and roll to the electrifying sounds of the 80s with The Spazmatics, Barry Keenan and the Invisible Poets, The Yacht Groove, Fabba and Kelly's Lot! Early-Bird general admission, \$50; VIP admission, \$100. Beer, wine, and soft drinks are included in your ticket! Must be 21 or older. ID Required.

Head to Newport Beach and the 18th annual Newport Beach Wine & Spirits Festival (www.balboabayresort.com/nbwinefestival), May 26 – 28, at the waterfront Balboa Bay Resort. Sip premium pours from more than 50 labels, plus tequilas and spirits, hors d'oeuvres and live entertainment. New this year, The Macallan Speyside speakeasy-style lounge with cocktails from Macallan's rare single malt scotch whisky. Tickets per day from \$145. Weekend tickets from \$215. Reserve a room at the Balboa Bay Resort over Memorial Day Weekend and get 15 per cent off your room, and 20 percent off your wine tickets.

VALLEY GREEK FESTIVAL

MEMORIAL DAY WEEKEND

MAY 27 - 29

It's almost that time of year again. It's time to GET GREEK at the 46th annual Valley Greek Festival. Traditional Greek music, cuisine and dance performances all hit the Valley on Memorial Day Weekend. It's fun for the entire family so join us for an OPAmazing time May 27th through 29th 2023.

OPEN To The Public!

valleygreekfestival.com | Balboa at Plummer in Northridge | (818) 886-4040

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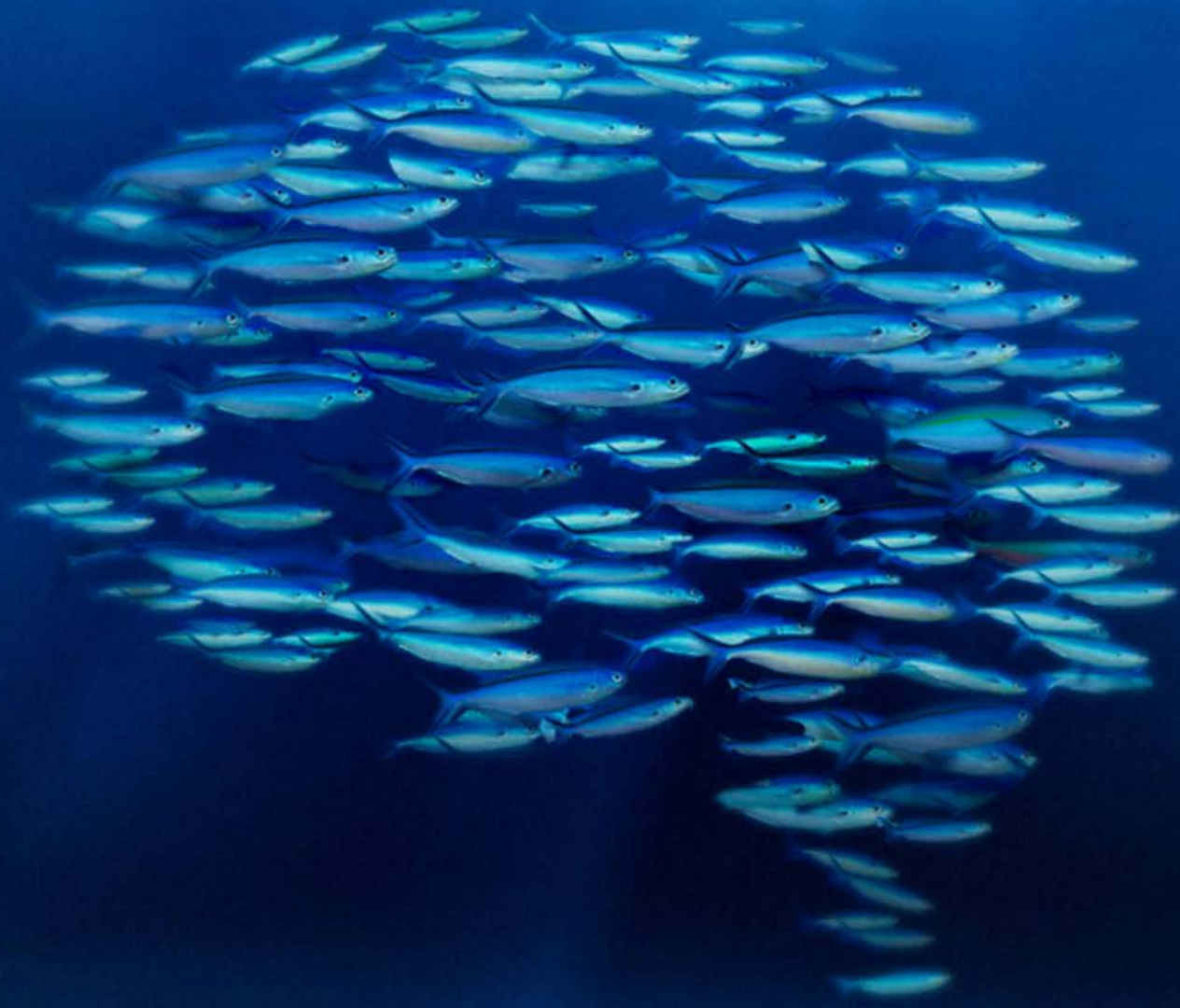
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MINUTIA

National Park Service Biologists Capture And Collar A Black Bear

In The Santa Monica Mountains

By Contributing Writer

On April 23, National Park Service biologists captured and radio-collared a 210-pound black bear in the western Santa Monica Mountains south of the 101 Freeway.

The male bear, dubbed BB-12, is estimated to be about 3-4 years old. Biologists performed a full workup, including collecting biological samples, taking various body measurements, attaching an ear tag, conducting a physical exam, and fitting a GPS radio-collar around its neck.

Though there have been bear sightings over the years, this is the first time biologists have captured and radio-collared a bear in the Santa Monica Mountains. The nearest population of black bears is in the Santa Susana Mountains. Although bears have occasionally been documented in the Simi Hills, and even in the

Santa Monica Mountains, there is no evidence of a breeding population in either area.

"He appears to be the only bear here in the Santa Monica Mountains, and he's likely been here for almost two years based on our remote camera data," said Jeff Sikich, the lead field biologist of the park's two-decade mountain lion study. "This seems to be our first resident bear in the 20 years we have conducted mountain lion research in the area. It will be interesting to see how he shares the landscape."

In July 2021, a young black bear was spotted lumbering along Reino Road in Newbury Park. Since then, images of a bear have been seen on wildlife trail cameras in half of the Santa Monica Mountains - from Malibu Creek State Park to the range's



western border in Point Mugu State Park. BB-12 may be the same bear.

Bears are omnivores and can live between 15 and 25 years. They will eat whatever is available, primarily fruits, nuts, roots, and insects. They will also eat small animals, up to and including deer, if they can get them, human food (such as in cars or at campsites), pet food, unsecured trash, and consume dead animals they find.

"As this bear gets older and is looking to mate, it might attempt to move back north and cross the freeway again," Sikich said. "There is no evidence of an existing population here in the Santa Monica Mountains, and therefore likely no females. With the radio-collar, we can track its movements and hopefully know where it may attempt to cross the freeway. This can help us better understand habitat connectivity for wildlife in the area."

Bear sightings have been rare in the Santa Monica Mountains. In the early 2000's, a bear carcass was discovered under a landslide in Malibu Creek State Park. In 2016, a bear was documented three times over three months on wildlife trail cameras in the central portion of the mountains but then never detected again.

Other black bears have occasionally been spotted through the years north of the 101 Freeway in the Simi Hills. Previous news reports include a bear spotted near Westlake High School in 2006 and one that was killed by a vehicle on the northbound 101 Freeway near Lindero Canyon Blvd.

The nearest population of black bears is in the Santa Susana Mountains. Grizzly bears formerly roamed the entire state but became

extinct in the early 1900's. Black bears, however, are not native to Southern California.

In the 1930s, about 30 bears from Yosemite National Park were translocated into the San Gabriel and San Bernardino Mountains. From there, their population grew and expanded, biologists say.

Black bears rarely become aggressive when encountered, and attacks on people are uncommon. If you encounter a bear while hiking, keep a safe distance and slowly back away. Let the bear know you are there. Make yourself look bigger by lifting and waving your arms and making noise by yelling, clapping your hands, using noisemakers, or whistling.

DO NOT run and do not make eye contact. Let the bear leave the area on its own. If a bear makes contact, fight back.

NPS biologists say they are excited to add this bear, as a new species, to its wildlife study in the Santa Monica Mountains. They expect it will help provide new insights on how wildlife utilizes this urban, fragmented landscape.

Santa Monica Mountains National Recreation Area (SMMNRA) is the largest urban national park in the country, encompassing more than 150,000 acres of mountains and coastline in Ventura and Los Angeles counties. A unit of the National Park Service, it comprises a seamless network of local, state and federal parks interwoven with private lands and communities. As one of only five Mediterranean ecosystems in the world, SMMNRA preserves the rich biological diversity of more than 450 animal species and 26 distinct plant communities. For more information, visit www.nps.gov/samo.

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What's Love Got to Do With It?

The romantic comedy may be on the endangered genres list in Hollywood, but thankfully our friends in England have continued to concoct and export enjoyable confections. Now we have “What’s Love Got to Do With It?” starring Lily James as a documentary filmmaker, Zoe, who turns her lens to the arranged marriage of her childhood friend, Kaz (Shazad Latif).

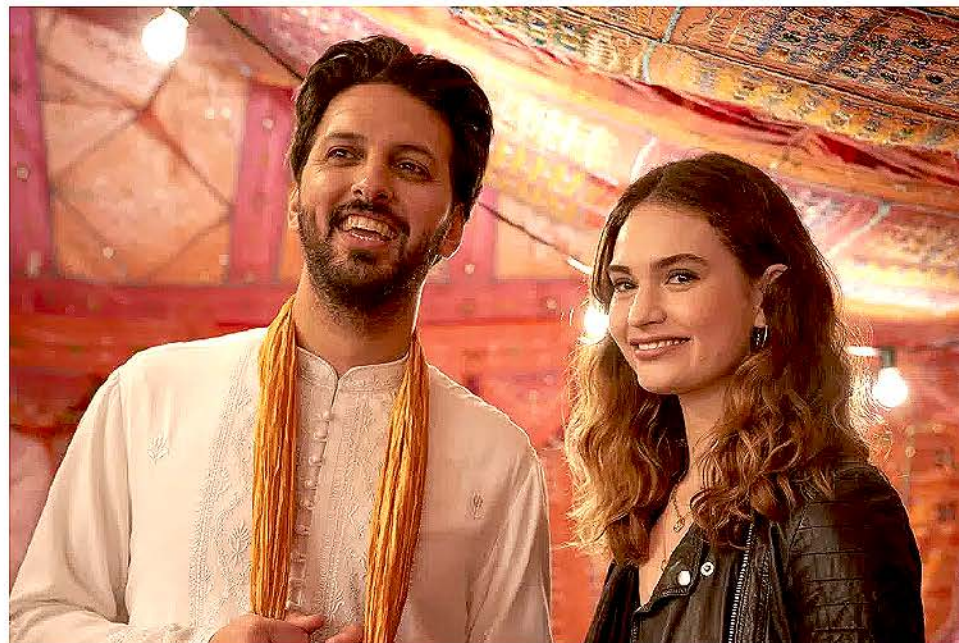
Within a conventional rom-com, the ending of which isn’t the slightest of mysteries, tropes are subverted, big questions are asked about love, and a warm spotlight is shined on Pakistani culture. Also Emma Thompson gets to drink and dance and say mildly offensive things to her daughter (James’ Zoe) and her best friends.

The film, directed by Shekhar Kapur was written by Jemima Khan, a noted documentarian. She is also a generally glamorous woman about town who counted Princess Diana among her friends and had a high-profile marriage to Pakistani politician Imran Khan, with whom she shares two children. If not ripped from her own experiences, the film

is a thoughtful distillation of her observations about arranged marriages and the misconception that they are akin to “a medieval chattel swap” or a forced marriage, as Zoe pitches to some bro-executives in an attempt to get the greenlight for her next project.

Zoe is straight from the playbook: Good at what she does professionally, bad at choosing partners. The filmmakers do give her the dignity of making her own choices.

But her mom is getting anxious about the ticking clock and, meanwhile Kaz, who was born in England to Pakistani immigrants, has thrown her for a loop when he decides to go the traditional route and have his parents involved in choosing a life partner who he doesn’t meet in person until the wedding. While making the film, she starts to see some benefits in not starting with love but ending with it, especially as she sees some of the “love marriages” around her crumbling under affairs and disappointment. Latif and James have a subtle, but not insignificant, will-they-won’t-they chemistry that is fun to follow.



Importantly, the script is self-aware about its “white lens.” Also ample time is given to Kaz’s mother (Shabana Azmi), who gets her own journey and arc with her children, one of whom is estranged for choosing a love marriage to a Caucasian.

The biggest liability is the film’s name, which is a straightforward question about marriage but also a very famous Tina Turner song (which is not used) and name of a 1993 biopic starring Angela Bassett. At the very least, it’s a little confusing.

And the conclusion is a kind of shrug, at least when it comes to arranged versus “love marriages.” I guess it amounts to something along the lines of “follow your heart” and “don’t push people away” but that’s the sort of frustratingly vague advice that most have been trying to adhere to all along. The real takeaway, probably, is that no one should be turning to romantic comedies for life advice, just comfort and amusement, which this one has plenty of.

Guardians of the Galaxy Vol. 3

By Contributing Writer

When Peter “Star-Lord” Quill, while inspecting a murky extraterrestrial region, pressed play on Redbone’s “Come and Get Your Love” in the first “Guardians of the Galaxy,” it would have been hard to imagine that James Gunn’s space opera would ultimately lead to something sincere, poignant and kinda comball as the trilogy-ending “Guardians of the Galaxy Vol. 3.”

But the genetically spliced DNA of his chaotic, cartoonish cosmic vision is a double helix of opposites. Breezy ’70s rock papers over extreme violence. Cynical exteriors cloak sentimental emotions. A ragtag group of outcasts talk a lot about “family” and “friends.” Against the odds, “Come and get your love” has turned out to be a legit invitation.

“Vol. 3” is a messy finale. But you rarely question whether Gunn’s heart is in it. Sometimes it spoils that effect by trying too hard to juxtapose extremes, and show off its brash juggling act. Yet

whatever this sweet, surreal sci-fi shamble is, everyone seems to believe in it. And for a movie that sends a golden-hued Will Poulter shooting through space to the tune of Heart’s “Crazy on You,” that belief goes a long way.

The song that kicks off “Guardians of the Galaxy Vol. 3” is not upbeat. Radiohead’s “Creep” casts a sour mood over the Guardians, who we find in a state of disarray in the spaceport Knowhere following their 2017 “Empire Strikes Back”-esque second chapter.

Whether “Guardians of the Galaxy” is suited to strike these solemn notes, or reach for such last-chapter poignancy is debatable. I’ve always liked these films at their most cartoonish. Donning a degree of self-importance is probably the most Marvel thing about this “Guardians.” Gunn’s films — both written and directed by him — have always stood out for their distinct lack of



Marvel style. “Guardians 3,” unfortunately, has contracted a touch of “Endgame” grandiosity.

The group — including Star-Lord (Chris Pratt), Drax the Destroyer (Dave Bautista), Nebula (Karen Gillan) and Groot (voiced by Vin Diesel) — is quickly sent into emergency mode. Adam Warlock (Poulter), an artificial being created by the High Priestess Ayesha (Elizabeth Debicki), comes careening into their lair, leaving Rocket (voiced by Bradley Cooper and played in motion capture an enhanced raccoon, the Guardians must resuscitate him with his original programming.

This means traveling to the lab he was created in before by the High Evolutionary (Chukwudi Iwujii, an all-time Marvel villain), who’s been toiling to craft a “perfect” race of hybrid creatures. As the Guardians infiltrate his realm, “Vol. 3” flashes back to Rocket’s experience with the High Evolutionary.

In this “Guardians” swan song Gunn centers on Rocket. These are epics of orphanhood about distinctly un-superhuman characters. Mother and father figures float in and out, while the Guardians attract one forlorn figure after another.

FREEDOM HEARTSONG

Innovative LA Blues-Rock Singer/Songwriter/Guitarist On Tour

By Contributing Writer

Freedom Heartsong, innovative Los Angeles-based singer/songwriter/guitarist, is on a spring/summer tour.

Heartsong released a single, "Will Power". "Will Power is special to me, as it really exemplifies the heart and soul of my sound," said Heartsong. "That stompin', bluesy, swampy goodness is prolific in many of my influences. I wanted the entirety of the song to have that feel. The intro came to me while I was going through tough times in life. It was kind of a personal anthem and mantra, reminding me that whatever comes, I won't give up.

"The rest of the song tells the story familiar to anyone who might find themselves in a tough situation, feeling weighed down and worn out. In my experience, the only way out of a situation or feeling like that is to harness the energy of your "will power" and direct to the most constructive channels possible. To pick yourself up off the ground and keep going. It also is very specifically talking about changing behav-



iors or patterns that don't serve you anymore as you evolve, and addressing unhealthy recurring cycles, through conscious thought and effort.

"This is a song of motivation, persistence, determination, strength, and courage, and a reminder that we have the power within us to overcome any obstacle. "When the future looks just like the past, I don't want this feeling to last,

so I reach way down deep in my soul, and pull out that will power gold."

In 2019, he signed a global distribution deal with Sony/Orchard, Dark Star Records, who released his first album "Get A Heart On". That same year, he became the #1 artist on the label, and one of only two artists submitted for a Grammy consideration, for his song, "Ecstatic Magic." In 2021 Heartsong was again on the Grammy ballot with his single, "Evil Grieves."

Blues is at the foundation



of all of Freedom's music. His original music, solo, and power trio live performances bring blues-y, soulful, rockin' and rollin' tunes, filled with positive energy. Heartsong has performed at a variety of venues -- from The Mint and The Viper Room in Los Angeles, to The Cutting Room and Otto's Shrunkn Head in New York City; and on bills with The Beach Boys, Cheap Trick, All American Rejects, and Sugar Ray. He has

garnered artist endorsements from Blackstar Amplification, Warm Audio, and Thimble Slide. Freedom's fans and artwork can be found around the world. His work is infused with socially-aware messaging and poetic lyricism. He creates music with loving intention of inspiring people to be their best selves and enjoy life to the fullest. www.freedomheartsong.com



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Program subject to change



By Contributing Writer

HOW MUCH DOES A DRONE LIGHT SHOW COST

Software Cost

Software is the most expensive. You'll need software compatible with your drone. If you want to hire someone, there are options—from free solutions like Aerobo or Skylum Flocktivity all the way up through high-end professional systems.

Operating Costs

Operating costs include flight time, fuel, and crew. You can reduce these costs by using shared fleets.

Drone Shows For Small Events

The cost of a drone light show ranges on how long you want the show to be, what type of music playing, and how many people are attending.

Ask yourself: What is my budget? Do I have specific expectations? How many people are coming? How big is my space? Am I willing/able to do all of the work myself or would I rather hire someone?

Does The Show Have To Be Outside?

Drone light shows must be outside. If you want your light show inside, we suggest using LED ropes and string lights instead.

Is There Any Facility Too Big Or Too Small?

Determine the size of your facility. The bigger the facility, the more drones will be able to fly at once. Consider whether or not you want a precise drone light show or one that is more natural looking.

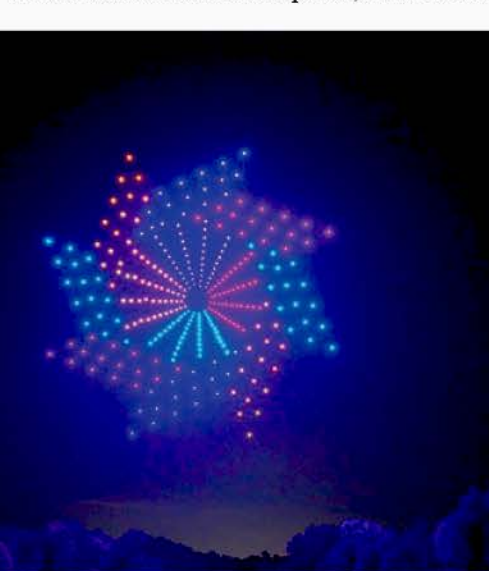
How Long Does It Take To Setup?

Setup time is dependent on the size of the show and how many drones are used. It will take about 2 hours to set up a small drone light show with 10 drones. For large shows, it can take up to 4 hours!

How Much Space Do You Need?

That depends on the size of your event. At least two drones are required, but more is

Drones create a visual spectacle. But a drone light show can cost anywhere between \$500 and \$30000, depending on the complexity, the length of time and whether or not you want to hire a professional.



better. We recommend that at least 10 feet separate each drone.

Are Drones Waterproof?

Yes! Drones are waterproof, but you should make sure to cover the propellers.

Factors That Affect The Cost

Factors include: Number of drones you need. Type of event: A small get-together might only last two hours while an extravagant gala could go three days straight! Consider how much time there'll be between setup/preparation and performance.

Equipment Cost

Lights range depending on quality and how many you need. A gimbal is an attachment that allows your camera to be stabilized while mounted on your drone. They're essential for anyone who wants steady video footage — expect to pay upwards of a few hundred dollars. Battery life is also a huge factor.

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NIGHTTIME VIBES AT VENTURA HARBOR VILLAGE

By Contributing Writer

Embodying an idyllic coastal setting, and bright sunshine days, Ventura Harbor Village is the place to be seaside this Spring. Add to the mix a fresh lineup of new midweek/weekend events/entertainment, and the perfect getaway awaits. <https://www.venturaharborvillage.com/events/>

Embrace California Car Culture On The Waterfront:

What could be more iconic than a Volkswagen beetle or bus on California Highway 101? Get geared up for some family fun in the sun and celebrate the culture of one of California's favorite vehicles at the Ventura Vintage Volkswagen Village Invasion, set for Saturday, May 20, 2023 from 10 AM – 2 PM at Ventura Harbor Village. Sponsored by Airhead Parts, the California surf lifestyle-inspired event is a community of VW enthusiasts who unite to share their passion for Volkswagens and Ventura County! Car lovers can get up close to more than 100 cars and enjoy live blues entertainment on the Ventura Harbor Village Main Lawn with Delta By the Beach,

playing tunes from 11 AM to 2 PM. The event is FREE to the public. For additional information and pre-registration for car owners: <https://www.venturaharborvillage.com>

Just in time for warmer months ahead, the 1st Annual Mental Wellness Festival of Ventura County, planned for Saturday, June 3, 2023 from 10 AM to 5 PM at Ventura Harbor Village, is being produced by Turning Point Foundation. Turning Point Foundation invites visitors to an engaging grass roots mental health & wellness festival.



The event showcases a unique art exhibit, a Growing Works horticultural native plant exhibit, uplifting music, unique art and garden exhibits as part of Turning Point Foundation's community services/programs, plus a blend of cultural, holistic, therapeutic and spiritual wellness related vendors.

1st Annual Mental Wellness Festival of Ventura County at Ventura Harbor Village

Live music from Orchard Bluegrass Band from 3 – 5 PM, yoga, and sound meditation sessions from Meditation

Mount are some of the event highlights.

The local non-profit, mission is to improve the quality of life for adults experiencing serious mental illness, addiction, lack of housing and inadequate physical health care. Turning Point Foundation offers ongoing health navigation services, rehabilitation, wellness & recovery programs, as well as temporary, transitional and permanent supported housing in Ventura County. The event is FREE to the public on Ventura Harbor Village Main Lawn.

Visit <https://www.venturaharborvillage.com/> and [mentalwellnessfest.com](https://www.mentalwellnessfest.com) for more information.

The Greek After Dark Opens to Dance, Drink & Eat:

Say "OPA!" and dance the night away at The Greek Mediterranean Steak & Seafood restaurant with the new launch of The Greek After Dark featuring the DJ sounds of dance favorites from the 80s, 90s & 2000s every Thursday, Friday, and Saturday from 9:30 PM until 1:30 AM. at Ventura Harbor Village. The night life heats up with a Reverse Happy Hour Menu served from 9:30 PM – Midnight that offers a small bites of Greek and American cuisine, along with a Reverse Happy Hour Cocktail Menu from 9:30 PM – 1:00 AM. The Greek creates the ultimate waterside nightclub vibe experience to unwind, drink, eat, and dance well into the night amid a spectacular laser light show on the extended dance floor. <https://www.venturaharborvillage.com/>

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GET YOUR HOME BAR READY FOR SUMMER!

By Jonah Flicer

On a mission to have the perfect bar at home? You're in luck! Keep reading to find out the best way to organize a home bar!

Having a home bar can save you money, keep you safe, and of course, be everything you want it to be! A night out on the town can easily burn a hole in your pocket, so why not put that money into creating a bar in your home? There will be no worry about who will be the designated driver or how you'll get home safely, because you're already there! Sounds good!

The Foundation

It will be easy to get carried away when you first start stocking up your home bar. Keep it simple and begin by just getting a few of your favorite liquors, wines, and beer. This gives you the opportunity to build up

your collection as you become more experienced with various spirits, wines, and ales.

Add a couple of your favorite juices, a soda, and a mixer or two to keep on hand. Stock up on ice, grab a lemon and lime, and your home bar is starting to look like the real deal!

The Accessories

Invest in a few key bar tools. Aside from the wine corkscrew and bottle opener you probably already have, there are some other important accessories that will come in handy for your home bar.

A jigger helps you measure your spirits. A shaker and strainer make the perfect mixed drink and martini. And, last but not least, the cutting board and fruit knife for the citrus.



glass is for, wine.

The Look

Now, let's focus on the look! There are many home bar set up ideas to choose from. Depending on the size of your space that you've selected for your home bar, options may vary.

If you have limited space, you'll probably prefer to make use of furniture you already have, such as a buffet table or bookcase. If you have the room to add a piece of furniture, consider a bar cart.

Create a small home bar that is both simple and organized by only displaying your go-to spirits, glasses, and essentials, such as a corkscrew and an ice bucket. Store everything else out of sight, but still, close by.

If you have a larger space for a home bar, you'll be able to organize everything in one area. Display liquor bottles by placing shorter bottles up front and taller bottles in the back. Hang glassware from a rack or hide it away in a cabinet. Store bar tools in a drawer or on a shelf that is within reach. Keep your mixers, juice, and soda in the fridge or on a nearby shelf. And last but not least, brighten up your organized home bar with a dish of colorful citrus!

The key to creating and maintaining an organized home bar is to keep it simple. Focus on stocking your favorites, storing the essentials, and making it your own. Whether you opt for a chic bar cart or go for the full fledged basement bar, the best way to organize a home bar is to remember that less is more when it comes to the display.

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As you and your bar grow, more tools will work their way into your home, but these are a good start.

The Glassware

There's no need to be fancy by getting a different glass for every type of drink. We recommend three: the pint glass, the rocks glass, and the wine glass.

The pint glass is perfect for a beer, obviously, but also for mixed drinks. The rocks glass is a classic cup for a spirit with a splash and the old-fashioned two-finger pour. And, of course, you know what the wine

By Contributing Writer

Topanga Social Now Open

The revolutionary food hall Topanga Social is now open bringing 27 of Los Angeles' most coveted eateries, bars and culinary names to the new dining, entertainment, and luxury retail district at Westfield Topanga. A joint creative venture between dining and hospitality global leader Earl Enterprises and Unibail-Rodamco-Westfield (URW), Topanga Social boasts brand-new concepts and first-ever outposts of LA's hottest pop-ups alongside some of the most celebrated and entrepreneurial names in the region's restaurant scene, an indoor/outdoor cocktail garden, three full-service bars, a "speakeasy" style secret arcade, live entertainment, a private event space, and more.

Topanga Social's 27 food and beverage concepts include: Amboy Quality Burgers, Burrata House, a candy shop curated by CandyStore.com, Dtown Pizzeria, Dump-

ling Monster, Fat Sal's, Garden Creations, Hey Hey, I Love Micheladas, Jay Bird's Chicken, Katsu Sando, Mad Lab Coffee, MANEATING-PLANT, Margarita Garden, Mini Kabob, Oakberry, Pearl Champagne Bar, Poke Me, Primo's Donuts, Rock & Reilly's, Temaki by Seaweed Handroll Bar, Shrimp Daddy, SLAB, The Pie Room by Curtis Stone, Tail O' the Pup, Truffle Brothers Market, and Wanderlust Creamery.

The overall design of Topanga Social's multi-unit 55,000+ square foot, 700 seat indoor plus 80 seat al fresco dining space, is helmed by the award-winning global design firm AvroKO in close consultation with the Topanga Social team. International architectural firm PGAL acted as the Architect of Record for the hall's food



units. And, special attention was given to creating a dedicated space for each food and beverage partner that reflects their brand in an authentic way so that the guests take away a distinct experience from any brand they visit within Topanga Social.

"It is such a thrill to see Topanga Social come to life in this brilliant repurposing of prime real estate. We have brought together an incredible assemblage of talent, chefs, and brands that, until now, were available mostly in Los Angeles, but starting Thursday, will be easily accessible for the residents of the city's San Fernando Valley," said Robert Earl, Founder of Earl Enterpri-



CASUAL CONNOISSEUR

es. "Careful thought has gone into the curation for Topanga Social, paying homage to the local food scene. Each partner brings their impeccable credentials, whether a storied institution or a newer, highly acclaimed brand. The space is designed to be welcoming all year-round, for both indoor dining and al fresco in the garden. It is a place to visit again and again, for a quick pre-movie bite, a leisurely meal, or any sort of gathering. Topanga Social offers food and beverage options for every mood, and all tastes. Thanks to the collaborative partnership with the visionary team at Westfield, we are very proud to unveil Topanga Social."

"We are so proud to bring world class dining and entertainment to the San Fernando Valley in a way that's never been done before. We are especially appreciative of the partnership with Earl Enterprises and everyone who worked to make the vision of Topanga Social a reality," said Geoff Mason, Executive Vice President, Operating Management and Development at URW. "From the culinary geniuses to the construction teams and everyone in between, Topanga Social has been a labor of love that represents our commitment to the local community. It also serves as a prime example of how Westfield is reimagining its centers—from a traditional to a bespoke experience—with the addition of chef-led, market-defining dining."

Inspired and first-of-its-kind multifaceted food service platform sets Topanga Social apart from the pack in the realm of tech innovation. In addition to traditional ordering at all restaurant's counters, diners will have the ability to choose menu items from multiple brands at once using seamless aggregate ordering via the Topanga Social app (Android & Apple), at the numerous large touch screen ordering stations throughout the dining area, and from QR codes available at all tables throughout the space.

The Social is located at 6600 Topanga Canyon Boulevard in Canoga Park, CA and will welcome guests seven days a week from 11am to 10pm with expanded weekend hours along with exciting community and family-friendly programming in the future. More info. can be found at eatplaytopangasocial.com and @eatplaytopangasocial.

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DELIVERY Available Off Website

Treat Your Mom At Burke Williams

By Simone Kushner and Joshua Shevchuk

What is Mother's Day without giving your mom the gift of relaxation? She has done so much for you (or your kids) and now it is her turn to sit back and enjoy some pampering.

But where could you take her? With so many spas around the valley it could be hard to choose, but worry not! This Mother's Day take your mom to the ultimate spa retreat, Burke Williams.

With several locations to choose from and so many treatments your mom will be in heaven! Start her day off with getting her to the spa so she can enjoy the full experience of Burke Williams' facilities including a full lounge, whirlpool spa, sauna, robe, complimentary refreshments and much more!

Once she's been accommodated and changed into her robe, it is time for her first treatment. Start her off with a lovely "Pure Relaxation" massage to get all of those knots out and to help her unwind. Burke's expert masseuses will cater to her needs and make sure to get any of those extra high tension spots (trust us she'll need it). If you're looking to upgrade her you can add on extra enhancements such as hot stones or aromatherapy to make her treatment extra special.

Next give your mom the gift of a fresh face and to make her feel 10 years younger with a lovely "Spa Style Facial" where Burke's talented estheticians will make an assessment and offer a specialized treatment for your mom's specific skin type. If you really want to go the extra mile we recommend adding on the "Age Defy Spray" or the "Advanced Eye Lift" we promise she'll be glowing for days!

Burke also offers a variety of other treatments (services vary by

location) such as mani/pedi, waxing, wetroom treatment and tons of enhancements to make her visit extra special.

In addition, Burke Williams celebrates expectant mothers, providing a complimentary exchange for any of the packages to be utilized towards a specialty Pregnancy Massage. So even if she's not a mom just quite yet why not pamper her a little early!

If you're not sure which treatment is right for your mom, get her a package deal so she can cater to her needs while you take the kids out (or maybe clean the house!)

Here is the list of Mother's Day Gift Cards Burke Williams is offering for this coming Mother's Day! (Available Starting April 13)

Do Not Disturb – \$180 (gift card value: \$240)

- 80-min. Pure Relaxation Massage or Spa Facial



- Enhancement of Choice
- 1-Day Spa Pass
- Out Of Office – \$290 (gift card value: \$390)
- 80-min. Pure Relaxation Massage



- 50-min. Spa Style Facial
- Enhancement of Choice
- 3-Day Spa Pass
- Mom's Day Off – \$495 (gift card value: \$675)
- 80-min. Tranquility or Vitality Massage
- 80-min. Regenerate Facial
- 20-min. Spa Bath

- 3-Day Spa Pass
- (Prices and services for gift card packages may vary at the San Francisco and San Jose locations.)
- For more information on all of Burke Williams' Mother's Day gift card packages or to make a reservation, please visit burkewilliams.com



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ON STAGE

ENTERTAINMENT

Fritz Coleman returns to solo comedy with the release of “Unassisted Living” on Tubi

By Contributing Writer

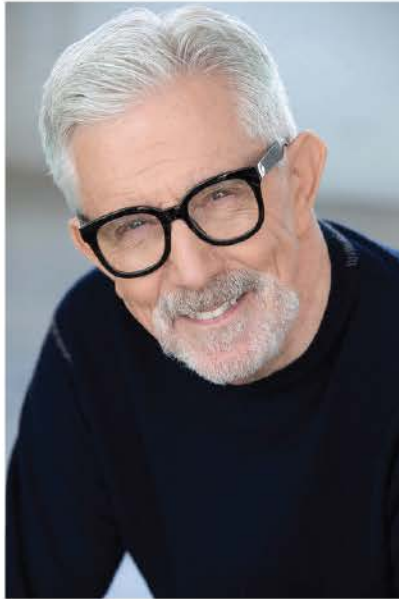
Fritz Coleman returns to solo comedy with the release of “Unassisted Living” on Tubi, reflecting on growing old in the era of social distancing and social media

In his latest solo comedy show “Unassisted Living,” now airing on Tubi, Fritz Coleman reminds audiences why he’s been welcome in people’s homes for nearly four decades, whether as a legendary Los Angeles weatherman or as a tireless comic always developing new material for his act. “This one is about getting older,” says Coleman, “and, as always, it’s just the truth of my life lately.”

As a young-ish 70-something who has dealt with aging in the time of Obamacare, big pharma and the pandemic, Coleman was actually eager to get back to a “regular” comedy routine after two years of pandemic-era entertainment. He continued to co-host the Media Path Podcast with Louise Palanker, trading observations on pop culture with a variety of guests from Pat Boone to Henry Winkler to Congressman Adam Schiff, but was eager to get back to performing comedy in front of an audience, even as nightclubs were still closed.

Fortunately, his age and peer demographic started working for him. “Most baby boomers don’t really go to comedy clubs anymore, but I started to get invited to speak at a lot of lunches and dinners as Covid wound down. That gave me a chance to really work on some material in front of good audiences, so it’s been almost two years’ worth of developing this show.”

Coleman and his production team on



“Unassisted Living” also took advantage of a Covid-era bingeing – in this case, the acclaimed HBO series “Hacks” – for inspiration. Delighted by the episode where Deborah Vance (Jean Smart) “revives” her tired act in a small nightclub, they sought out the same venue (“The Marilyn Monroe Forum” room at the El Portal Theatre) as a location. “It was a great cabaret-style setting, about 80 people, and we staged it the same way, lit it the same way, because it was perfect for the act.”

In an hour-long routine about dealing with aging in the era of social distancing and social media, Coleman delights in serving his loyal demographic in their current frame of mind. It’s the same generation of

comedy fans who grew up with the hilarious extended riffs of George Carlin, Robert Klein, and Richard Pryor – but Coleman delivers with a gentler touch developed over years of working on local television news. “Because of the way it was when I was on TV in the 70s and 80s, I’ve always worked very clean,” says Coleman. “You had to have a squeaky clean act to get on ‘The Tonight Show.’ That’s perfect for my audience because they don’t want to be assaulted by comedy, or feel uncomfortable with it.”

Still delighting his fans and sharing his stories after over forty years, Fritz Coleman proves all over again how he’ll be getting by - somehow - just fine

Sparks fly in more ways than one in world premiere of ‘Back Porch’ at Victory Theatre Center

By Contributing Writer

Life imitates art when Hollywood descends upon a small Kansas town in 1955 to shoot scenes for the classic film, Picnic. Bluestem Productions presents the world premiere of Back Porch, written by Eric Anderson and directed by Kelie McIver. Performances take place June 2 through July 9 (Pride Month) at The Victory Theatre Center in Burbank.

Sparks fly in more ways than one in Anderson’s delightful homage to both moviemaking and the play that inspired the Columbia film.

Barney Opat (Karl Maschek) is the widowed father of two boys: 18-year-old Gary (Isaac W. Jay), who yearns to escape small-town Kansas life for a more glamorous existence, and energetic 13-year-old Del Wayne (Cody Lemmon). The family’s life is upended when a handsome stranger working as William Holden’s stunt double (Jordan Morgan) blows into town alongside the all-star Picnic cast. Other characters include the Opat’s bachelor boarder, singing teacher Myron Uhrig (Eric Zak), and their neighbor, Millard Goff (Jonathan Fishman).

“When I was four years old, portions of the film Picnic were filmed one county away from my home,” says the Kansas born-and-bred Anderson. “My family drove to the location one evening to take part in the ‘Neewollah’ scene on the river. I’ve been crazy about movies — and theater — ever since. With Back Porch, I wanted to pay tribute to a significant American playwright who was also significantly closeted. I hoped to write the kind of play that he himself might have written had he lived in another time and place.”

“Back Porch is a love letter to William Inge, and it’s also a terrific ensemble piece in which each character has an interesting

and beautiful arc,” says McIver, who also hails from Kansas. “I love them all and want to hang out with them.”

The creative team for Back Porch includes set designer Kenny Klimak, lighting designer Carol Doehring, sound designer Cinthia Nava, costume designer Molly Martin, hair stylist Judi Lewin; stunt/fight choreographer Brett Elliott and intimacy director Amanda Rose Villarreal. The stage manager is Margaret Magula.

David Willis and Kelie McIver produce for Bluestem Productions.

Anderson graduated from the University of Kansas with an M.A. in theater, then moved to



Minneapolis, where his plays were produced at the Illusion Theatre, Park Square Theatre, Lagniappe Theatre, Theatre in the Round and Children’s Theatre. He has written plays for National Public Radio, and was a founding member of the Playwrights Center. He and his husband now live in Hawaii, where his plays have been produced at Kumu Kahua Theatre and The Actors Group in Honolulu, as well as at the University of Hawaii in Hilo. Currently he is collaborating with composer Kim Sherman on an opera based on the Willa Cather stories “Song of the Lark” and “The Sculptor’s Funeral.” Up next will be the premiere of his latest play, Olive’s Lover, at The Actors Group Honolulu in the fall of this year.

Performances of Back Porch take place on Fridays at 8 p.m., Saturdays at 8 p.m., and Sundays at 4 p.m. from June 2 through July 9. All tickets are \$25. The Victory Theatre Center is located at 3324 W. Victory Blvd in Burbank, CA 91505. For info. and to purchase tickets, call (818) 533-1611 or onstage411.com/BackPorch.



Discover the Beauty and History of India's Golden Triangle Tour

By Contributing Writer

Golden Triangle Tour Package in India comprises of visit to three cities: Delhi, Agra and Jaipur. Get an enthralling fun of this road trip with Tempo Traveller or car & watching enroute places as Fatehpur Sikri, Abhaneri Stepwell, Bharatpur Bird Sanctuary.

You can start your day by visiting the red fort built by the Mughal emperor Shah Jahan, made of Redstone this fort is a masterpiece of Mughal architecture.

Then you spend some time near the India gate which is a war memorial located in the heart of New Delhi, it is surrounded by beautiful gardens and is a popular place for tourists and locals alike.

Agra Sightseeing

After visiting and exploring the capital you can head to Agra which is around 240 km from Delhi, a 5 hours drive. Well as we all know this city is famous for one of the wonders of the world, the Taj Mahal a mausoleum built by the Mughal emperor Shah Jahan in memory of his wife, Mumtaz Mahal. You will be awestruck by the beauty of the Taj Mahal, a palace structure made of white marble and adorned with intricate carvings and designs. It would definitely be the highlight of your trip.

Agra is just not about the Taj Mahal, this city has more to offer other than this. One of the other highlights of this city is the Agra fort, which was built by the Mughal emperor Akbar. Other than that you can also



to hundreds of species of birds and is a very popular destination for bird watchers. You will be able to see some incredible birds during a visit to this sanctuary including the egret, the cormorant, and the heron. It is also home to a lot of migratory birds that you might have never seen before so if you love birds and nature don't forget to visit this place.

Abhaneri Old Village Visit

This old village is located in Dausa District of Rajasthan and is known for Chand Baori Stepwell & Harshat Mata Temple.

Jaipur Sightseeing

Jaipur is the last and final stop of this golden triangle tour of India and is suited to be the finale of the whole tour. The city is known as the pink city because of the distinctive pink color of its buildings and monuments. This color was chosen by the former Maharaja of Jaipur, as a symbol of hospitality and has since become a defining feature of the city.

There are several places you can visit here. You can visit the Hawa mahal, made of red and pink sandstone that was built for the royal women to observe street festivals and processions without being seen. Next, you can visit the city palace built by the maharajas of Jaipur. If you have enough time you can extend your trip and visit the famous Jantar Mantar and Amber fort which is a beautiful example of Rajput architecture and is surrounded by moats and walls.

In conclusion, the Golden Triangle Tour of India is a must-do for anyone who wants to experience the rich history and culture of India. The tour offers a unique blend of ancient monuments, beautiful palaces, and breathtaking natural wonders. A road trip to all three cities of Golden Triangle Tour Circuit is best to achieve with Tempo Traveller Rental Delhi.



A Golden triangle tour is an incredible experience everyone should have once in their life. The golden triangle tour is a popular tourist circuit that covers three cities in India: Delhi, Agra, and Jaipur. This tour got its name as the golden triangle due to the triangular shape formed by these three cities on the map of India. There are endless things to do and see on the tour which will help you learn and explore India and what it truly holds.

Immense yourself in the spirit of this tour because here is the list of the attractions you can visit and explore during your Golden Triangle Tour Package India.

Delhi Sightseeing

This is the start of almost every traveler's tour. This capital city of India is rich in history and culture and has a lot to offer to tourists.

visit the Itmad-ud-Daula's tomb also known as the baby Taj. It is considered to be one of the finest examples of Mughal architecture and is often impressed by the delicate inlay work on the marble walls and intricate carvings on the walls and ceilings.

Fatehpur Sikri Visit

Fatehpur Sikri is another city built by the Mughal Emperor Akbar. The city is located about 40 km from Agra and is known for its well-preserved palaces and monuments. The history of this place is very fascinating and the skills and creativity of the architects who built this city are off the chart. This city is now a UNESCO World Heritage site and is a must-visit for anyone who is interested in Indian history and architecture.

Bharatpur Bird Sanctuary Visit

A city located in Rajasthan is well known for its bird sanctuary. This sanctuary is home



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NIGHTTIME VIBES AT VENTURA HARBOR VILLAGE

By Contributing Writer

Embodying an idyllic coastal setting, and bright sunshine days, Ventura Harbor Village is the place to be seaside this Spring. Add to the mix a fresh lineup of new midweek/weekend events/entertainment, and the perfect getaway awaits. <https://www.venturaharborvillage.com/events/>

Embrace California Car Culture On The Waterfront:

What could be more iconic than a Volkswagen beetle or bus on California Highway 101? Get geared up for some family fun in the sun and celebrate the culture of one of California's favorite vehicles at the Ventura Vintage Volkswagen Village Invasion, set for Saturday, May 20, 2023 from 10 AM – 2 PM at Ventura Harbor Village. Sponsored by Airhead Parts, the California surf lifestyle-inspired event is a community of VW enthusiasts who unite to share their passion for Volkswagens and Ventura County! Car lovers can get up close to more than 100 cars and enjoy live blues entertainment on the Ventura Harbor Village Main Lawn with Delta By the Beach, playing tunes from

11 AM to 2 PM. The event is FREE to the public. For additional information and pre-registration for car owners: <https://www.venturaharborvillage.com>

Just in time for warmer months ahead, the 1st Annual Mental Wellness Festival of Ventura County, planned for Saturday, June 3, 2023 from 10 AM to 5 PM at Ventura Harbor Village, is being produced by Turning Point Foundation.

Turning Point Foundation invites visitors to an engaging grass roots mental health & wellness festival. The event showcases a unique art exhibit, a Growing Works horticultural native plant exhibit, uplifting music, unique art and garden exhibits as part of Turning Point Foundation's community services/programs, plus a blend of cultural, holistic, therapeutic and spiritual wellness related vendors.

1st Annual Mental Wellness Festival of Ventura County at Ventura Harbor Village

Live music from Orchard Bluegrass Band from 3 – 5 PM, yoga, and sound meditation sessions from Meditation Mount are some of the event highlights.

The local non-profit, mission is to improve the quality of life for adults experiencing serious mental illness, addiction, lack of housing and inadequate physical health care. Turning Point Foundation offers ongoing health navigation services, rehabilitation, wellness & recovery programs, as well as temporary, transitional and permanent supported housing in Ventura County. The event is FREE to



the public on Ventura Harbor Village Main Lawn.

Visit <https://www.venturaharborvillage.com/> and [mentalwellnessfest.com](https://www.mentalwellnessfest.com) for more information.

The Greek After Dark Opens to Dance, Drink & Eat:

Say "OPA!" and dance the night away at The Greek Mediterranean Steak & Seafood restaurant with the new launch of The Greek After Dark featuring the DJ sounds of dance favorites from the 80s, 90s & 2000s every Thursday, Friday, and Saturday from 9:30 PM until 1:30 AM. at Ventura Harbor Village. The night life heats up with a Reverse Happy Hour Menu served from 9:30 PM – Midnight that offers a small bites of Greek and American cuisine, along with a Reverse Happy Hour Cocktail Menu from 9:30 PM – 1:00 AM. The Greek creates the ultimate waterside nightclub vibe experience to unwind, drink, eat, and dance well into the night amid a spectacular laser light show on the extended dance floor. <https://www.venturaharborvillage.com/>

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Best Desk Exercise Equipment

By Contributing Writer

In today's world, many of us find ourselves working at a desk for hours. Investing in under-desk fitness equipment is a great way to sneak some extra movement.

Best Treadmill

Using an under-desk treadmill is a great way to keep moving. The treadmill can either fit underneath your desk, or you can purchase a treadmill desk — essentially a treadmill with a small desk at the front on which you can place your laptop. If you decide to try out an under-desk treadmill, you'll likely need



to purchase a standing desk or standing desk converter.

Goplus 2-in-1 Superfit Folding Treadmill

The Goplus 2 in 1 Folding Treadmill can fit under a desk when the handlebars are removed, or you can use it as a standalone treadmill when you put the handlebars back on. The treadmill features a LCD on the front that shows your time, speed, distance, and calories. It also comes with

Bluetooth speakers, so you can plug in your device and play whatever you'd like to listen to while walking.

Best Bikes

If you would prefer to pedal, consider adding an under-desk bike.

Sunny Under Desk Bike

This under-desk bike is a good choice for beginners or folks looking to



add some low impact movement. The machine is portable and comes with a convenient handle so that you can move it underneath your desk or even place it on top of your desk. The digital monitor on the front of the machine

displays your speed, time, distance, and calories burned. Additionally, a dial allows you to adjust resistance over eight levels. The foot straps included on the pedals to help keep your feet secure.

FlexiSpot All-in-One Desk Bike

The FlexiSpot All-in-One Desk Bike provides a more traditional, upright bike experience. The machine is essentially a stationary bike without the handlebars, and it comes with a built-in desktop. Both the seat and the desktop are adjustable.

Best Ellipticals

Under-desk ellipticals allow for individuals to pedal while working, but with more of a back-and-forth motion rather than a cycling motion.

Cubii JR2

The Cubii JR2 is the bottom half of an elliptical — it's an elliptical without the arms. It can be placed underneath your desk and used while sitting in your desk chair.

The machine has an LCD that shows your calories burned, time, distance, and rotations per minute. You can also adjust the resistance over eight levels, though some user reviews

mention that the resistance is light overall. The Cubii JR2 may be best suited for a beginner. More experienced exercisers may find it underwhelming. The machine also comes with an attachable chair-lock and a workout mat.

Stamina 55-1602 Inmotion Elliptical

The Stamina Inmotion elliptical works similarly to the Cubii JR2 in that it can be placed underneath a desk and used while working. However, it can also be used standing — either with a standing desk or on its own. The LCD tracks your strides per minute, total strides, time, and calories burned, and the machine can be adjusted across eight different resistance levels.

Best For Strength Training

Strength training is an important component of staying active.

Bowflex SelectTech 552 Adjustable Dumbbells

The dumbbells can be set to different weights, ranging from 5 lbs. up to 52.5 lbs., so you can vary your workouts and work on progressing over time. If you're looking for a way to strength train during your workday, this set of dumbbells will easily fit underneath your desk. That said, if your mobility is limited, you may prefer to purchase a dumbbell rack so that you don't have to bend all the way down to pick them up.

If free weights aren't your thing you may want to consider resistance bands.

These bands take up even less space than the dumbbell set listed above and are lightweight, making them easy to pick up and move around.

Best For Mobility And Stretching

In addition to stretching regularly, you may want to consider equipment to help relieve muscle tension, such as a foam roller.

TriggerPoint GRID Foam Roller

A foam roller can be a great way to relieve muscle tension and improve mobility. This foam roller is easy to fit underneath your desk and pull out during the day when you need to work out muscle stiffness. The GRID is designed with a grid pattern rather than a smooth surface so that it can get deeper into muscle knots. If you're new to foam rolling, it may be too intense, so use light pressure when getting started. Depending on your goals, there are machines that can fit underneath your desk and help you stay active during the day.



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The Life Cycle Of A Bluebird



By Contributing Writer

If you are a bird lover then you are in the right place. We'll be telling you how you can treat these magnificent creatures, known to us as bluebirds, by giving them a place of refuge.

Don't you just love it when you hear the soft tweeting sound of birds coming from your backyard? It just gives you that warm, oozy feeling.

In reality, it is amazing how much influence that tweeting sound have an effect on your emotions. At times, this can even give us a reason to love life.

The bluebird is one that not many of us know about, but since these creatures are complimenting our environment why don't we repay the favor? One of the ways to help these little-feathered fellows is by buying a double blue bird copper top bird house.

A clean, and well-maintained bird house will reflect brilliantly on you, and you'll get to hear the beautiful singing voices of nature.

For people, the bird house, and the birds give you more to enjoy. On a much more serious note, the need exists because some human beings destroys a beautiful habitat to make something that would symbolize modernization.

Owing to such activities, birds found themselves without a habitat and a double blue bird copper top bird house will give them something that they need desperately and a thing that they were deprived of. A durable, clean double blue bird copper top bird house will provide the bluebirds with safety from predators, warmth during cold months, and even a place of breeding. Apart from affecting the birds in this amazing way, a bird

house tends to have numerous positive effects on our environment.

The protection that the bird house toffers is of immense value, as it offers bluebird's security.

By buying the double blue bird copper top bird house, we'll be playing a vital role in creating a balance between ourselves, animals, and even plants. This delicate system of nature is left untouched if we compensate for the acts of our fellow humans.

The bluebird is an insectivore by habit, owing to which it hunts mosquitoes, flies, worms, beetles, and other pests; this rids us of infestations.

Simply put, bird enables us to hold check on one of the most powerful living species on the planet: insects. Owing to the eating habits of the bluebird, we have an ally.

Moreover, bluebirds also eat seeds that prevent our backyards from being occupied by weeds. The bird house also

provides the mother bird with a safe place to lay her eggs, and a warm environment that is essential for the incubation of her eggs. This helps expand the species, and broadening the bluebird families. The bird house will also help these eggs hatch, and ultimately facilitate baby birds.

We humans are threatening the very modes of life the bluebirds have, therefore, it is our responsibility to pay them back. The whole facilitation from incubation, to hatching, and to growth helps preserve the bluebird species that would otherwise be in danger.

The double blue bird copper top bird house will also help them evolve, which then helps maintain balance, and their purpose. It preserves biodiversity.

An aspect of bird houses that is how you can add bird feeders. These bird feeders will promote the bluebird population, and a year-round bird feeder will help support birds by lending them a helping hand.

Providing such a structure for birds allows us to observe them closely, and to study their behavior. This helps

us gain a better comprehension of the environment around us. It helps us advance from a scientific point of view, which can then enable us to treat the bluebirds in the best way possible.

The feeling that a mother bluebird has chosen your bird house as her site of nesting is purely amazing. Can you imagine how amazing it would feel?

The double blue bird copper top birdhouse will give that family of bluebirds a luxurious means of refuge. The bird house is handcrafted. The double blue bird copper top bird house's snowy white finish can counter any weather conditions.

Not only does this bird house guarantee to protect and provide the bluebirds with a refuge, or to soothe you, but it is the way that it will beautify your garden. It truly is an aesthetic work of love; love for bluebirds, the environment and for a general serenity in our lives. All in all, you gain contentment because you've done something for the bluebirds.

By the end of it all you will think back and smile because you will feel wonderful about what you have done.



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Valley Opera and Performing Arts... Best of Broadway

It's that time again – VOPA (Valley Opera & Performing Arts) presents their Best of Broadway performance. The show runs the gamut from rock, jazz, R&B, musical theatre, and of course, opera.

The performers were dressed to the nines, costumes an integral piece of the show. The female singers were decked out in fancy pink and maroon dresses, some adorned with sparkles. The male singers came out handsome in suits and ties. The show's costuming created an awesome atmosphere of "we are here, ready and excited to perform for you!"

Leading the show was Dylan F. Thomas and Shira Renee Thomas who helped keep the music hopping! And of course, the band that rocked the house — literally — was VOPA Rocks. VOPA Rocks are made up of Dylan Thomas on lead vocals, Shira Renee Thomas on backing vocals, Jerry Brown on the keyboard and backing vocals, Alec de Kervor on lead guitar, Rick Agee on rhythm guitar, Dylan Cronin on bass, and Scott Firestone on drums.

One of the great points of the show was its opera and musical theatre combinations.

Shira Renee Thomas performed an incredible song from the beautiful opera La Boheme. This was followed by its musical theatre counterpart — Take Me Or Leave Me from Rent, which was sung by Katie McTyre.

Shira Renee Thomas did yet another mixture, performing Juliette's Waltz from Romeo et Juliette which was followed up with I Feel Pretty from West Side Story, performed by Katie McTyre, Sarah Salazar, Cymbaline Filippi, and Andrea Yamamoto. That two amazingly different production styles can convey the same message shows that music and performance is a true art form — no matter

which way it comes through.

There was also another fun-loving remix — Opera and Rock 'n' Roll with O sole Mio from Di Capua and It's Now Or Never by Elvis Presley, headlined by Dylan Thomas. The King himself would have been proud of this showing!

The most heartwarming part of the show, however, came when the young children from CHIME Charter School and Kirk O' The Valley Treblemakers came onstage to sing songs from The Sound of Music. Songs included Do, Re, Mi, and Edelweiss. The kids showed up in their best finery, and their voices soared throughout the performance hall. They were having a great time and learning about the power of music too! After their part in the show, the kids all took a well-deserved bow and gave flowers and thanks to their hardworking instructors: Cymbeline Filippi and Katie McTyre.

Classic rock and R&B were also on hand with the VOPA Rocks band. Long Train Runnin' by the Doobie Brothers and Just Once by James Ingram were just a sampling of the musicality of this performance. The band took the show to the next level!

And you can't leave out all of the musical theatre that was performed at the show. The Grass Is Always Greener from Woman Of The Year, Everything's Coming Up Roses from Gypsy as well as Matchmaker from Fiddler On The Roof are just a few of the great songs in the performance. And when the whole cast joined in the fun with One More Day from Les Miserables it truly showcased all the talent on stage.

The finale was a hilarious medley of music from legendary comic, writer, director, and actor Mel Brooks. Songs included Puttin' On The Ritz from Young Frankenstein and Springtime For Hitler

from The Producers. These performances were spot on, with Frankenstein's monster taking the stage and a show that the Producers would have loved themselves if they were in the audience.

Valley Opera & Performing Arts (VOPA) is currently in its 17th season of bringing opera and other musical genres to Los Angeles' San Fernando Valley and beyond. VOPA presents performances of everything from fully staged opera and musical theater works with orchestra, to laid-back concerts of jazz standards and classic rock concerts with its band VOPA Rocks.

For more information on upcoming shows email info@VOPArts.org, call (818) 324-6415 or log onto www.VOPArts.org



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Reasons To Invest In Custom Walk In Closets In Your Home

By Contributing Writer

With well organized and attractive closets, you will enjoy great efficiency and functionality so that you will enjoy benefits over a long period of time.

When you are planning to renovate your home and add new pieces of furniture in

get a stylish and modern feel so that you will enjoy amazing benefits over a long period of time. With the right kind of furniture, you will no longer have to spend money for upgrading the existing furniture because custom walk in closets will be a perfect addition to your home.

Closet Envee is the most reputable company that offers customization option for designing walk in closets according to your preferences and lifestyle. With the perfect piece of closet, you will be able to dress quickly everyday or on special occasions without any hassles.

Well organized and attractive closets, you will enjoy great efficiency and functionality so that you will enjoy benefits over a long period of time. Moreover, the increased storage space offered by the closet offers better organization of all your belongings.

Custom walk in closets also helps in adding more space for organizing all the clutter so that you will no longer face space crunch. Your room will get a luxurious and



your living space then you should look for the most functional furniture according to your needs. There are a large plethora of options that are available but the most attractive functional and useful piece of furniture for your home are the custom walk-in closets. It is considered as the most valuable home feature that can offer immense benefits for your everyday use because you can easily organize all your belongings in a proper manner. These closets can complement your existing home designs as it offers more storage, more flexibility and more functionality over a period of time. Buying custom walk-in closets is a perfect way of increasing the value of your home. Even in a limited amount of space, you will be able to get ample storage space so that you will no longer have to deal with a lot of clutter in your home.

Reasons To Invest In Custom Walk In Closets

Choosing custom walk in closets will make your life even more convenient and comfortable as you will get easy access to your everyday belongings. Your home will

elegant look with the addition of these closets that are known for its practical and attractive look.

You can keep in mind when designing custom walk in closets so that you can add a sense of sophistication to your everyday life. The design consultant of Closet Envee can help you to customize the look of the closet so that it will create a neat and tidy look. You will be able to reduce stress on the daily basis, because all your belongings can be organize in a proper manner so that you will enjoy customization according to your taste and preferences. It is a perfect investment for your property that helps in making your home more appealing to the potential home buyers in near future so that you can sell your home easily.

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By Andrews McMeel Syndication

Least Competent Criminal

Eco-activist Rob Greenfield has stopped using toilet paper, and he wants you to, too. People reported on May 4 that Greenfield is touring the country as part of his Grow Your Own Toilet Paper Initiative, introducing people to the blue spur flower plant. The leaves are "soft as can be," he said. "They're durable. I call them the Charmin of the garden." Greenfield sets up a compost toilet in a busy area and gives his spiel: "Hey, did you know you can grow your own toilet paper? I want to show people that another way is possible. We just buy (toilet paper) at the store and we never think twice about it." Each leaf is about the size of a piece of toilet paper, and the plant supplies an abundance of them. They can't be flushed, but they can be thrown in the trash or buried in the yard. Passersby who get sucked in will also hear Greenfield's views on composting human waste rather than using flush toilets.

Field Report

Nina Jochnowitz was alerted on April 26 by a fellow citizen in Old Bridge, New Jersey, about an odd deposit near a stream, NJ.com reported. When Jochnowitz investigated, she found 500 pounds of cooked pasta -- spaghetti, ziti and elbow macaroni -- dumped along a 25-foot-wide area. She posted photos on Facebook and alerted the town administrator and public works department, and two days later, the carb-y mess had been cleaned up. Jochnowitz pointedly remarked that Old Bridge is the only town in the county without bulk garbage pickup. Days later, the mystery of the pasta's origin was solved: A man moving out of his mother's home after her death discovered a stockpile of dry noodles and allegedly dumped them there. A week-end's worth of heavy rains softened the pasta, making it look as if it had been cooked. Old Bridge's mayor declared no harm, no foul, and the few stray noodles left on the ground are the only sign of the great pasta caper.

Fine Points of the Law

The Ohio Supreme Court ruled on May 3 that a man who was serving eight to 12 years in prison did not, after all, commit a burglary. In September 2020, Donald Bertram

approached the home of Timothy Huff as Huff was working in his yard, The Columbus Dispatch reported. Bertram walked into Huff's open garage, picked up a \$500 leaf blower, got in his car and drove away. But the court said that because Bertram committed the act without "force, stealth or deception," it wasn't a burglary. Instead, justices told Scioto County Common Pleas Court that he could be charged with misdemeanor criminal trespassing. Sentences for misdemeanors typically result in less than a year in jail.

Awesome!

From the too-good-to-pass-up file: Photographer Ken Pretty of Dildo, Newfoundland, had the extraordinary luck on April 27 to capture a 30-foot-tall iceberg floating in Conception Bay. (Nearby towns include Spread Eagle and Placentia.) Live Science reported that the berg, "a column with a domed head protruding up from two oval rafts of ice," resembled a phallus. "I knew I'd get a lot of comments," Pretty said, "but I didn't expect this much." Sadly, the "dickie berg," as locals named it, didn't last: It collapsed the next day.

Recurring Theme

It's happened again. Minnesota state Sen. Calvin Bahr of East Bethel garnered some unwanted attention on May 1 after he cast a vote via Zoom -- camera on, lying shirtless in bed with, inexplicably, an "I'm Just a Bill" character from "Schoolhouse Rock!" on the wall behind him. The Associated Press reported that immediately after casting his vote, Bahr switched off his camera.

Suspicious Confirmed

On April 29 in Groningen, the Netherlands, police pulled over a driver who had mowed down a post on a sidewalk, Oddity Central reported. The unnamed 35-year-old man refused a breath test, but he did produce a Ukrainian driver's license with a familiar name and photo: Boris Johnson, the former prime minister of the United Kingdom. The license had Johnson's correct date of birth but had an expiration date of 3000. Apparently, such fake licenses are popular at Ukrainian souvenir shops.

Crossword by Myles Mellor

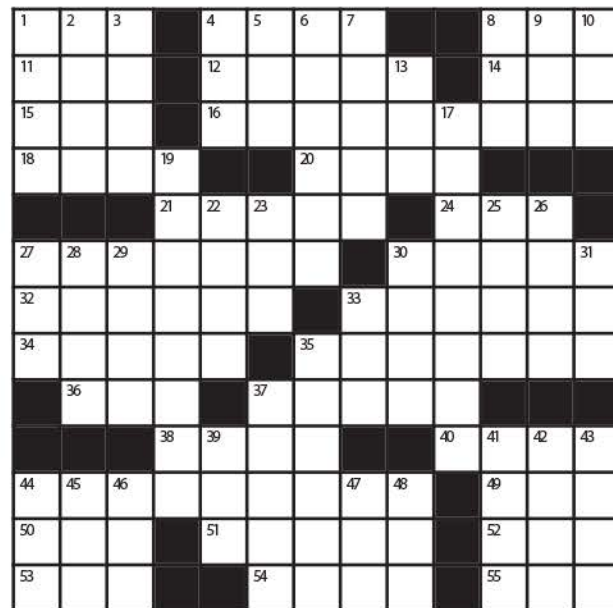
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Across

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- Prefix with phone
- ___ and outs
- Top trucker
- Lordly
- Pouter
- Triumphant cry
- Step by step
- Building parcels
- Annex
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- Meadow mother
- Pleasure seeker
- It's positive
- A young bird of prey
- Submit
- Garden pest
- Link
- Wilt
- "Tomb Raider" star
- Oyez!
- Enraptured
- Drinks server
- Tires need this
- Population: 300,000,000
- Quartet member
- Hit the slopes
- Withdrawn
- Nipper
- Sure enough!
- Legume
- Pool exercises
- Eastern military rank
- Healthy berry
- Dusk, to Donne
- To be unwell
- Haughty
- A singing Jackson
- Former name for an EU trade organization
- Relaxed
- New Balance competitor
- Cause to fall
- "___ stop, wet day, she's there I say..." The Hollies
- Pulverized lava
- Soul artist, Charles
- Lodge member
- Deer type

Down

- Babylonian god
- Mountain comeback
- Cool
- Prius' plus?
- Goof
- Leave
- Sit in on
- Down with the flu
- Zero
- Good looker?
- Horse color
- Government departments
- Ceiling window
- Under the covers
- Decay
- Bounced checks, hangnails, etc.
- Taro



Bad Dad Jokes

Singing in the shower is fun until you get soap in your mouth. Then it's a soap opera



Previous Puzzle





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Destination Science is a warm, wonderful science camp where kids feel comfortable making connections with others! Parents tell us that their child loves that everyone at camp shares the idea that it is cool to be smart! Multiple locations: destination-science.org 888-909-2822 Enrollment special until March 1, call today!

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Run by online experts, Connected Camps offers dozens of interactive, small

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Kol Tikvah Youth Groups and Teen Programs

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Cali Camp

Cali Camp is a day camp for ages 3 to 15 that offers something for everyone! From outdoor sports and games to creative arts and an equestrian "Wrangler" camp, from Aerial Arts camp to action and adventure activities, all of our activities allow our campers to connect to nature. *All activities are pre-assigned and rotate on a daily basis. Cali Campers enjoy swimming every day. Due to Covid-19 regulations, Cali Camp will offer 9, 1 -week sessions for the 2021 Summer. Open House March 28 & April 25 www.calicamp.com

Star Galaxy- Academic, Homework lab, Sports STAR Galaxy offers a balance of academic support, enrichment classes, fitness and recreation programs as well as special events on campus, community events and activi-

ties. It's a recipe for a balanced childhood and a preparation for future success! STAR Galaxy offers a daily dose of scheduled classes, August through June, from the end of the school day until 6 PM. Students rotate through group tutoring, homework lab, sports/fitness/recreation. registration@starinc.org

Teenage Drama Workshop (TADW)

is a conservatory-style program at CSUN. Our goal is to teach teens ages 11-18 about the theatre arts. Join us for our 65th summer, which will culminate with HAMMERED: A THOR AND LOKI PLAY & Disney's FROZEN, JR! Enroll at CSUN.EDU/TADW

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Reasons To Buy A Tent House For Your Child

By Contributing Writer

We all know how much kids enjoy playing house and a tee-pee tent for kids is a fantastic option. Besides children loving it, there are other benefits and applications for children's tee-pee tents. Did you have a specific playhouse when you were a kid? Whether it was a pillow fort, a tree home, or a tent house. Whether you could list everything you liked about it or

the functions it served, it is sure to bring back sweet memories.

Natural timber poles and cotton canvas combine to create the ideal play area. It is a great location for youngsters to make memories in a safe environment. The tent for kids is handy and offers many benefits for both parents and children.

Reading Nook

A tent house makes a great reading corner. Getting a stack of books and examining them in their private location is pleasant. It adds an element of enjoyment for kids who enjoy reading or who you attempt to read.

Pretend Play

Generally, a kid's playhouse provides excellent opportunities for pretend

play and encourages creativity. They enjoy pretending to have their home and be self-sufficient. Furthermore, tents for kids provides an entirely new setting for pretend play. They play with their barbie doll as well. Children act like they are in the middle of nowhere and practise their survival abilities. Kids also build a shelter or play in the Wild West.

Roleplay

The tent house for kids stimulates role play that helps them become independent and self-assured. Roleplay includes setting up a playhouse, hunting and gathering, and cooking.

These activities fall under pretend play if done alone, but children can enhance their social skills when with siblings or friends. Sharing, setting limits, following rules, negotiating, and standing up for themselves are all skills that children gain.



Outdoors Play

The kids' tent can get placed outdoors too. When the weather permits, it is best to put them outside. It is an excellent method to help kids gain outside exposure. The tent encourages a child to play outside while also providing shade from the sun or shelter. It has the potential to make outdoor playtime more exciting and comfortable for children.

Unstructured Play

The tents for kids can be their escape, a place where they feel safe, adventurous, and in command. It is fantastic to have an area that they feel is entirely for them, whether they use their tent to organise their stuffed animals or to have secret office meetings with their buddies. It is a terrific foundation for their unstructured play.



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Benefits Of Buying A Dollhouse For Your Child

By Contributing Writer

The toy industry is booming with innovations. This has created confusion among parents to choose the best one. But one thing that is a no-brainer is a dollhouse set. These miniature creations are filled with furniture rooms, and tiny people, representing a natural home. It makes way for pretend-play where children mimic adults.

At first look, you think it is nothing more than a cute toy. But it has so much more to offer. For instance, it teaches life skills and helps with overall child development. Their numerous advantages have made it timeless.

Promotes Imaginative Play

If you think about it, a dollhouse is a passive plaything. Unlike other toys, it does not do anything phenomenal by itself. But kids still love it. Why? Because it gives them their space – a place where they feel free to express themselves and behave like an adult. Activities like making rooms, caring for a doll, etc., make them feel in control. This calms and makes them learn many skills unconsciously.

Evokes Creativity

There is nothing better than making up things while playing. This unstructured play is important for creative stimulation. That is precisely what a dollhouse for kids does. It lets children explore as they go. Whether it is decorating rooms or planning meals, each activity has something to offer. Also, kids bring up the things they learn during such play. It helps them utilise their knowledge practically.



KIDS FORUM



play with. This sense of isolation is certainly not ideal. Being a busy parent may not allow you to stay by their side. But you always have an option to make arrangements. Doll playsets let you do exactly that. They are interactive and create a little world for your child. Hence, kids stay engaged with a few characters and feel less lonely.

Teaches Routines

Most of the role-playing in these miniature sets is about what kids usually do. From waking up, eating meals, sleeping to changing, they mimic all the actions with the dolls. It lets them understand these routines better.

Develops Motor Skills

As these playsets come with small spaces and tiny furniture. It takes precision to move them around. It is beneficial for developing fine motor skills and hand-eye coordination. Kids also learn about orientation, spatial reasoning, three dimensions, and proportions. This comes in handy when they learn about mathematical, technical, and scientific concepts in school.

Improves Social Skills

As it encourages pretend play, it involves a lot of talking. Whether it is with their friends or imaginary characters, kids learn to socialise. They learn to express themselves freely. This is the time they blurt out their mind without being cautious. This way, it is excellent for their verbal and language skills. They also learn about different roles, sharing, empathy, and care from their playtime.

Great Companion

Children also get lonely. They crave attention even if they have many toys to





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FASHION

Dr. Jay's Top Brands From The Top Hip Hop Clothing Store

By Contributing Writer

Dr. Jay's began in 1975 with the opening of the first store, in New York. Hip-hop had its origins in the same neighborhood around the same

time. The urban landscape was changing, and with the new music came a new fashion sensibility. Dr. Jay's has been a pioneer in providing these urban fashions ever since, growing to 19 stores. Today, Dr. Jay's have not only taken over retail clothing, but also the online clothing industry.

Akademiks

Akademiks is an American brand of urban clothing highly respected by the loyal devotees of the hip hop, which was founded by brothers Donwan Harrell and Emmet Harrell. Donwan, being one of the top designers of Nike, made sure that akademiks caters to the needs of the trend-setters and fashion forward people by offering unique designs. Akademiks was popularized in 2001 by Brooklyn rapper Fabolous whose lyrical content advertised the brand. He also wore an akademiks velour on the inside cover of his debut album Ghetto Fabolous.

Coogi

The line's first collection was inspired by the Olympics and features a primary colour palette and a ringed version of the Coogi logo. The looks are casual jackets with detachable sleeves, polyurethane nylon pants and swim trunks. Jeans and bottoms start at \$300 and sweaters go for \$600 to \$1200.



Rocawear

Jay-Z co-founded urban clothing brand rocawear with Roc-A-Fella Records partners Damon Dash and Kareem "Biggs" Burke. Because of the popularity and demand all over the country, rocawear now has annual sales of \$700 million per year. Its founders decided on expanding their brand through licensing pacts to develop lines for children, juniors, socks and sandals, leather suede and fur outerwear, handbags and belts, lounge wear and big and tall, headwear, jewelry, and sunglasses; as well as co-branded product with Pro-Keds, State Property, and Team Roc.

Blac Label

Conceived in 2002 Blac Label Premium has evolved with innovative designs, concepts, and stylish trends. Blac Label Premium is developing from a t-shirt company into a lifestyle brand.

New Era

New era is known as the official cap of sports and sport-goers. With their 59Fifties, new era is the exclusive manufacturer of the official on-field cap

worn by every Major League Baseball team, NHL, NBA and over 200 colleges and universities in the United States. New era produces styles like the 49Forty, 39Thirty, 29Twenty, EK, Capture the Flag, and also designs women's and kids' caps.

Ecko unltd

Ecko unltd is urban clothing founded by Marc Ecko. Ecko unltd includes 12 lines of Ecko Unlimited, Ecko Red, EckM Function, Marc Ecko Leather, Marc Ecko watches, Marc Ecko Scopes, EckM Storage, Marc Ecko Footwear, Zoo York, Marc Ecko Cut and Sew, the new EckM Unlimited Boys and Ecko Red Girls lines.

Sean John

Sean John is a clothing and fragrance line founded by sean john combs. Sean john clothing became critically acclaimed because of the people that represent the brand, such as Combs, rappers T.I., Fabolous, The Game, Daddy Yankee, basketball stars including Dwyane Wade and Tristan Sooklal.

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